



# Lenawee Community Mental Health Authority

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## Board Meeting Minutes

October 30, 2025

**Present:** A. Palmer; N. Wilson; J. Goetz; T. Kelly; J. Ackley; R. Tillotson; E. Starlin; N. Smith; H. Terrill; N. Eaton Gordon

**Absent:** D. Stimpson;

**Staff:** K. Szewczuk; H. Owen; T. Good; B. Meads; J. Bradley; N. Feller

**1. CALL TO ORDER**

The meeting was called to order at 3:00 pm by Amy Palmer, Board Chair.

**2. PREVIOUS MINUTES**

**MOTION BY J GOETZ** to approve previous minutes dated September 25, 2025. **SUPPORT BY N EATON GORDON. MOTION CARRIED.**

**3. PUBLIC COMMENT**

None.

**4. COMMITTEE REPORTS**

**a. Retirement Committee**

**1. *Capital Markets Overview***

Markets are resilient despite challenges of inflation and tariffs.

**2. *DB Plan Review & Envestnet DB Plan Review***

Pension plan data is evaluated and updated annually on January 1st. There are 11 members in the "Active Member" status, no more will be added as the plan is closed. There are 64 in pay status. Actuarial value of assets is \$16,639,561. LCMHA contributed \$421,990. Funded ratio has stayed mostly the same as last year, with a very slight decrease.

**3. DC Plan Review & Investnet DC Plan Review**

FICA plan – Average balance is \$56,030 with 128 total participants. Total plan assets have increased to \$7,171,831. 29% of participants have not registered on the website and about 30% have never logged in.

Do-it-yourself and My Total Retirement are the two most common investment strategies for employees for the Defined Contribution. Total plan assets are \$2,814,444 and there are 95 participants with a balance. Investnet reviews all of the funds, if a fund stays on the watch list for 6 consecutive quarters it is replaced. There are no recommendations to change the current plan.

**MOTION BY N. SMITH** to approve continuing with the plan assumptions.  
**SUPPORTED BY J. GOETZ. MOTION CARRIED.**

**b. Personnel Committee**

**1. Potential New Board Member Interview**

The Personnel Committee conducted an interview with Londa Pickles from Gurdjian Insurance for the vacant Board position previously held by Deidre Reed.

**MOTION BY R. TILLOTSON** to recommend appointing Londa Pickles to the LCMHA Board, pending County Commission approval. **SUPPORTED BY N. SMITH. MOTION CARRIED.**

**2. Insurance Update**

Health insurance is increase by 15.94% and the hard cap is only increasing by 2.9%. Leadership is proposing going to an 80/20 split to help ease staff burden, and to cover vision insurance 100%. With proposed changes, estimated employee costs would be an additional \$70,000, current methodology would be an additional \$106,000.

**MOTION BY J. GOETZ** to approve moving from a hard cap to an 80/20 split for health insurance. **SUPPORTED BY N. EATON GORDON. MOTION CARRIED.**

**MOTION BY J. ACKLEY** to approve covering 100% of employee vision insurance. **SUPPORTED BY J. GOETZ. MOTION CARRIED.**

**3. COLA**

Leadership is proposing a Cost of Living Adjustment to help offset rising costs, including increased insurance.

**MOTION BY N. SMITH** to approve a 5% Cost of Living Adjustment effective December 28<sup>th</sup> 2025. **SUPPORTED BY N. EATON GORDON. MOTION CARRIED.**

c. **Operations & Budget Committee**

1. **Contracts**

- a. Ascension St. John Hospital**
- b. W.A. Foote Memorial**
- c. University of Michigan Health System**

**MOTION BY N. WILSON** to approve the Ascension St. John Hospital, W.A. Foote Memorial, University of Michigan Health System contracts. **SUPPORT BY J. ACKLEY. MOTION CARRIED.**

**d. WLEN Contract**

Annual contract renewal – slight increase from current year.

**MOTION BY N EATON GORDON** to approve the WLEN contract for FY26. **SUPPORT BY J ACKLEY. MOTION CARRIED. A. PALMER abstained from vote.**

**e. Cooper's Lawn Care Quote**

Snow removal for the new building on Maumee St.

**MOTION BY J. ACKLEY** to approve the Cooper's Lawn Care Quote. **SUPPORT BY N. EATON GORDON. MOTION CARRIED. A. PALMER abstained from vote.**

**f. Eleos Agreement**

AI platform that many CMHs use – compatible with current EHR system. Platform is meant to increase efficiency of staff by assisting with report writing and can analyze the information the staff enters. Contract is for 2 years and has a 12 month opt-out with a 60 day notice.

**MOTION BY N. EATON GORDON** to approve the Eleos Agreement. **SUPPORT BY N. WILSON. MOTION CARRIED.**

**g. Phone System Quotes**

Current phone system will be obsolete in the next month. Leadership recommends Executone – CMH has been working with them for over 18 years.

**MOTION BY N. SMITH** to approve the Executone phone quote, including an Eg11 charge. **SUPPORT BY T. KELLY. MOTION CARRIED.**

2. **Data Report**

Kathryn reported that in September we had 116 mental health inquiries. 30 were referred out, 78 intakes were scheduled, 6 declined or had no needs identified, 2 did not return phone call. 64 initial assessments were completed with 15 found to be ineligible, 49 eligible and receiving services. 80% Medicaid, 16% Healthy Michigan, 4% (2) General Fund.

Substance use disorder inquiries in September totaled 53, 1 referred out with benefits available, 3 had no needs identified, 1 did not return phone calls, 1 declined. 47 were authorized. 29 Healthy Michigan, 12 Medicaid, 6 Block Grant.

Inpatient Hospitalizations – there were a total of 34 admitted to hospital in September. 53% Medicaid, 35% Healthy Michigan, 12% General Fund. 35% had co-occurring mental health and substance use disorders. 68% were previously unknown to us. 9 reported the Family Medical Center as their primary health care provider, 9 with no primary healthcare provider. We were able to divert 15, 1 was authorized for partial hospitalization. 21 went in on petition. 4 no show for a follow up appointment- 1 ended up back in the hospital, 1 declined service, and 2 were unable to reach.

**3. Finance Report**

We are 92% through the fiscal year, at 85% spent, about 7% under budget. No outliers, trending similar to recent months. Increase in the Autism and specialized residential line is due to recent rate increase and provider stabilization. At this time, we are showing being able to contribute around \$4,00,000 to the fund balance. Both investment accounts saw an increase.

**MOTION BY N. SMITH** to approve the finance report and accounts payable report.  
**SUPPORTED BY H. TERRILL. MOTION CARRIED.**

**4. REPORT FROM EXECUTIVE DIRECTOR**

- MDHHS is still moving forward with procurement. The Court has determined that they have the authority to do a competitive procurement and reduce the number of PIHPs. The Court is concerned that the RFP violates Michigan law. There will be another hearing in early December, and the Court has asked MDHHS to not grant a contract while the lawsuit is ongoing.
- Implementing new platform for policies – policies will be coming through regularly in the new format and with updates.
- Completed Crisis and Incident Report Training with group homes to help staff handle crises and determine when to call police.
- Mobile Crisis Unit planning is moving forward. Participation with several first responders in the community.

**5. REPORT FROM BOARD CHAIR**

- Board Meeting schedule in November and December
  - **MOTION BY N EATON GORDON** to change the November Board meeting to November 19<sup>th</sup> at 3pm and authorize Operations and Budget Committee to act on behalf of the Board in December. **SUPPORTED BY H. TERRILL. MOTION CARRIED.**

**6. REPORT FROM REGIONAL BOARD**

No meeting in October.

**7. BOARD MEMBER COMMENTS**

- Nate Smith, Judy Ackley and Amy Palmer spoke positively about their experience at the Fall Conference and encouraged board members to go to in the future.

**8. ADJOURNMENT**

The meeting was adjourned at 4:07 pm.

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N. Smith  
Secretary

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Date