

## Lenawee Community Mental Health Authority

To promote positive outcomes by creating a path to resilience; recovery; well ness and self-determination

## CONSUMER ACTION COMMITTEE MEETING MINUTES March 15, 2023 10:00 am

Present: J. Durell, J. Dunn, J. Thompson, S. Mineff, T. Ackley, J. Ackley, E. Starlin, B. Briggs, K.

Szewczuk

Absent: M. Roman, S. Nowicki, H. Terrill

- 1. Previous Minutes: **MOTION BY J. DURELL** to approve the previous minutes, dated February 15<sup>th</sup>, 2023. **SUPPORTED BY C SNYDER. MOTION CARRIED.**
- 2. Additions to the agenda:
- 3. Chair Person Report: Holly Terrill / Jim Thompson

No report.

4. DEI Discussion: Blair Briggs

Diversity, Equity, and Inclusion Committee will be presenting/asking questions to CAC committee regarding the accessibility of information. There is still work that needs to be completed before anything is brought to the committee.

- 5. Customer Service:
  - a. Annual Customer Survey process to begin in April Completed by September
  - b. Preparing to distribute the consumer survey. The survey will have the same questions as last year, except for the question regarding grievances, which has been updated for clarity. Consumers filling out survey can choose to receive a call from customer services for any questions.
- 6. Work Plan Updates (standing agenda item):
  - a. Radio Ads—ongoing

Anyone who wants to volunteer to record an ad can reach out to Stefanie. Jen will be recording an ad for Mental Health Awareness month. We have two new ads on the radio for brain breaks and medication disposal.

b. May: Mental Health awareness month

Speakers Bureau last year had limited participation. Discussed moving the event to the fall or winter to encourage participation. Discussed doing Suitcases in the Attic again. Discussed bringing in a speaker. Committee wants to make sure the community is included.

- 7. BUDGET: (standing agenda item):
  - a. 2023 budget \$5000.00, started October 2022
    - i. Current Balance \$4850 (Consumer spotlight gift cards)

- 8. RCAC Report: Jen and Holly
  - a. Elected officers for the year, in the process of reviewing policies and procedures. Meetings will continue to be hybrid. Invitation to be involved in a state advisory group.
  - b. Regional picnic scheduled for all CAC members August 2
    - i. Maas Pavilion at Gallup Park (Washtenaw County). Members can sign up to bring food and utensils if interested.
- 9. Membership Updates (standing agenda item):
  - a. Needed still
    - i. Child rep
    - ii. I/DD

Will reach out to I/DD staff to identify any interest in joining the committee

- 10. Upcoming Events / Meetings
  - a. RCAC April 12, 2023
  - b. CAC April 19, 2023
  - c. Walk A Mile September 12, 2023
    - Committee wants to continue doing shirts
  - d. UFAM rally May 18<sup>th</sup> in Lansing.
    - Shirts will be behavioral health theme to be worn for multiple events. Jen and Stefanie will work together to coordinate shirts
  - e. RCAC In person training November 8, 2023

Next meeting: April 19th at 10am

Meeting adjourned at 10:49am