



**Lenawee Community Mental Health Authority**  
*To promote positive outcomes by creating a path to resilience; recovery; well ness and self-determination*

**CONSUMER ACTION COMMITTEE  
MEETING AGENDA  
February 15, 2023 10:00 am**

Present: S. Nowicki; J Durrell; J Dunn; T Ackley; J. Ackley; H Terrill; S. Mineff; B. Briggs; C. Snyder  
Absent: E. Starlin; M. Roman; C. Brugger

1. Previous Minutes:

**MOTION BY S. NOWICKI** to approve the previous minutes dated January 18<sup>th</sup>, 2023.

**SUPPORTED by T. ACKLEY. MOTION CARRIED.**

2. Additions to the agenda: None

3. Chair Person Report: Holly Terrill  
No report

4. Work Plan Updates (standing agenda item):

a. CMH Marketing Workgroup formed (Stefanie)

i. How does CAC want to receive information and give input?

New marketing workgroup has recently formed. Workgroup will want feedback from CAC. Committee would like face-to-face discussions with marketing group, but email can also be used for smaller questions. Members would like to have input on marketing decisions as appropriate. Emphasizing that CMH is not just for individuals with Medicaid. Members discussed focusing efforts on younger populations like kids and young adults.

b. May—Mental Health Awareness Month (Stefanie)

Members would like to focus on anti-stigma. Discussed presenting in schools and colleges to give testimonies. Stefanie will reach out to Kay to learn more about the connections with the schools. Potential interest in helping with Special Olympics in May. Discussed forming a Speakers Bureau, and members should think about if they want to participate.

5. BUDGET: (standing agenda item):

a. 2023 budget \$5000.00, started October 2022

i. Current Balance \$4850 (Consumer spotlight gift cards)

6. RCAC Report: Jen and Holly

a. April meeting with be hybrid with both in-person and Zoom available. Jen reported that RCAC is discussing changing “consumers” to “person served”. Members don’t have strong opinions on which term is used.

- b. All county picnic in August—dates that would work for Lenawee

Picnic will be in Ann Arbor this year. Meeting will likely be on a weekday.  
Group recommended August 16<sup>th</sup>, 2023

- c. Walk-A-Mile September 13, 2023

Walk-A-Mile will continue being in September.

- d. In person training November 8, 2023

Training is open to all CAC members, and will be in person.

7. Membership Updates *(standing agenda item)*:

- a. Needed still
  - i. Child rep and I/DD Rep still needed

8. Next Meeting: March 15

Meeting adjourned at 10:58

## CAC TERMS OF SERVICE

| Member name                                 | Population representing             | Year joined | Term expires | Leadership/other                  |
|---|-------------------------------------|-------------|--------------|-----------------------------------|
| Jennifer Durell                             | MI Adult                            | 2015        | 2023         | Chair 18<br>chair 19& 20, 21      |
| Mark Roman                                  | MI Adult                            | 2017        | 2025         | vice chair 18,                    |
| Jim Thompson                                | Member at Large                     | 2020        | 2023         | Vice Chair 2022                   |
| John Dunn                                   | Member at Large                     | 2020        | 2023         |                                   |
| David Monti                                 | I/DD                                | 2021        | 2024         |                                   |
| Todd Ackley                                 | I/DD                                | 2018        | 2025         |                                   |
| Cara Snyder                                 | MI child                            | 2021        | 2024         |                                   |
|   | MI Child                            |             |              |                                   |
| Suzanne Nowicki                             | Sub. Abuse                          | 2020        | 2023         | Chair 2022, vice chair 2019,      |
| Holly Terrill                               | Sub Abuse                           | 2018        | 2024         | 2020, 2021                        |
| Christy Brugger                             | staff                               | 2016        |              |                                   |
| Judy Ackley                                 | CMH Board                           | 2015        |              |                                   |
| Erin Starlin                                | CMH Board                           | 2022        |              |                                   |
| Stefanie Mineff                             | staff                               | 2021        |              |                                   |
| <b>Notes: 11/19 chair will be 3 yr term</b> | <b>Vice Chair will be 3 yr term</b> |             |              | Updated 7/20<br>List updated 7/22 |