



Lenawee Community Mental Health Authority
To promote positive outcomes by creating a path to resilience; recovery; wellness and self-determination

CONSUMER ACTION COMMITTEE

MINUTES

September 21, 2022

CMH Board Room

10:00am

Present: J. Ackley; T. Ackley; C. Brugger; J. Durell; S. Mineff; S. Nowicki; K. Rawlings;
M. Roman; C. Snyder; E. Starlin; K. Szewczuk; H. Terrill; J. Thompson
Absent: J. Dunn; D. Montie Jr;
Guest: Cody Fuerst (Monroe CAC)

1. Previous Minutes

MOTION BY C. BRUGGER to approve previous minutes dated August 17, 2022.
SUPPORTED BY J. DURELL. MOTION CARRIED.

2. Correction to the agenda – group home visit dates should be October 4th & 6th.

3. Chair Person Report. Nothing to report.

4. Work Plan Updates

- a. Radio ads are ongoing. If anyone would like to record an ad – please let Stefanie Mineff know.

5. Budget

- a. Remaining balance is \$3,536.47. A table covering for CAC events has been ordered – cost \$260.
- b. CAC sweatshirts. Christie has obtained a quote for \$456.66 – however, there is 1 more to be added. There was discussion about a different color. It was agreed to order black sweatshirts. **MOTION TO APPROVE C. BRUGGER. SUPPORTED BY J. THOMPSON. MOTION CARRIED.** Christy will order today.

6. RCAC Report

- a. Walk A Mile Update. Jen Durell reported that 11 people attended the Walk in Lansing. It was very well attended.
- b. In Person All RCAC Training – November 9th from 10am – 3pm at LLRC, 4135 Washtenaw Avenue, Ann Arbor. Committee members please let Jen Durell know if you can attend by next Friday, September 30th. Also let her know the order for Panera – vegetable, beef or ham.
- c. Cody Fuerst was introduced to the committee. He is the Chair of Monroe CAC (which has recently been formed) – he is observing Lenawee CAC for educational/direction purposes.

7. Calendar of Events for 2022

- a. The Greg Adams E-Race the Stigma 5K – October 1st. Drop in members will be hosting the water station on the lawn in front of Adrian High School.
- b. Group home visits – October 4th & 6th. Stefanie Mineff is purchasing 9 baskets to be filled with baked goods, candy, fruit etc. Jen would like to attend on the 4th, and Erin would like to attend on the 6th. Please meet at CMH – leaving at 9am

thru noon. Consumer Spotlight nomination forms will also be included in the baskets. It was agreed that when a consumer spotlight nomination is received, the consumer will be acknowledged at a board meeting, or at a location/time agreeable to them. The certificate should also be accompanied by a \$25 Meijer gift certificate.

8. Membership Updates

- a. Still need a child rep.
- b. Christy has volunteered to contact David Montie to see if he can come to any meetings, if not we will need to find another I/DD rep. Stefanie will send Christy his contact information.
- c. Todd has agreed to serve another 3 years, with his term expiring in 2025.
- d. Mark has agreed to continue to service, with his term expiring in 2025.

There were some questions regarding terms and missed meetings. Karen will circulate the ByLaws to the committee, and ByLaws will be added to next month's agenda for review.

9. Next meeting – October 19th at 10am.

Meeting adjourned at 10:30am.