



Lenawee Community Mental Health Authority

To promote positive outcomes by creating a path to resilience; recovery; wellness and self-determination

CONSUMER ACTION COMMITTEE

MINUTES

July 20, 2022

CMH Board Room

10:00am

Present: J. Ackley; T. Ackley; J. Durell; S. Mineff; K. Rawlings; M. Roman; C. Snyder;
E. Starlin; K. Szewczuk; H. Terrill; J. Thompson

Absent: C. Brugger; J. Dunn; D. Montie Jr; S. Nowicki

1. Previous Minutes

MOTION BY M. ROMAN to approve previous minutes dated June 15, 2022. **SUPPORTED BY J. DURELL. MOTION CARRIED.**

2. Chair Person Report

- a. Welcome to Erin Starlin. Erin is a CMH Board member and is replacing D. Reed on this committee.
- b. Department on Aging magnets were delivered to be circulated with meals on wheels.

3. Work Plan Updates

- a. Radio ads are ongoing
- b. Opportunity for CAC table at Boys & Girls Club Community Family Day – Friday August 12 from 5-8pm. **Erin will let Stefanie know if she can do this.**

4. Budget

- a. An updated budget was provided to the committee. Remaining balance is \$3,796.47.

5. RCAC Report

- a. Jen attended this meeting on July 13th. There is a sub-committee to work on the in-person training in November – Jen is on this sub-committee.
- b. Jen has also been helping Monroe CMH reinstate their CAC committee. She attended a meeting to work on their By-Laws. She is going back next week to help with their Work Plan.
- c. The next meeting is September 14th.

6. Calendar of Events for 2022

- a. Day of HOPE – August 31st, from 2-6pm at the Adrian Farmers Market. The Drop in Center will be having a table, CAC can also have fliers and magnets available.
- b. Walk A Mile – September 15th in Lansing. Who will be attending? Who will be driving? Food? Parking? For more discussion at the next meeting.
- c. The Greg Adams E-Race the Stigma 5K – October 1st.
- d. Celebration of Success. Kathryn Szewczuk reported that due to lack of nominations recently and disappointing turnout at the previous events, we should look at a different direction/means of celebrating consumers who have had successes. It was agreed that this should be a year round, ongoing process. Nominees could be recognized at board meetings, with a "Consumer Spotlight" in the agency newsletter. Stefanie/Mark will work on the nomination form. Karen/Stefanie/Mark will work on advertising on website

and social media etc. It is necessary for a release of information to be in place prior to any kind of announcement. Certificates would be presented at the board meeting.

- e. Kathryn and Stefanie are working on ways to recognize the group home staff who have all been experiencing stress for the last couple of years (pandemic related) and staffing shortages. They will be taking baskets (cookies/muffins/donuts etc.) to all of the homes in the coming months – for staff and consumers to enjoy. At this time they will also be able to distribute nomination forms for consumers' who are experiencing any kind of progress/success.
- 7. Membership Updates
 - a. Still need a child rep.
- 8. Next meeting – August 17th

Meeting adjourned at 10:25am.