STRENGTHENING
Families
PROGRAM
FOR PARENTS AND YOUTH 10-14

Parents: Do you have trouble starting important conversations with pre-teens and teens? Are you worried about choices being made by your children?
Teens: Are you worried about your future? Do you want to learn how to make good decisions so you can build a successful future for yourself?
Strengthening Families Program is a chance to learn new ways to connect with your teen and pre-teens and enhance family relationships.

AVAILABLE AT NO COST TO FAMILIES

7 weeks of learning for parents and youth. **DINNER, CHILDCARE and PRIZES**

TO MEET PROGRAM REQUIREMENTS: Each Family Must Register **1 Adult for each Participating Youth**

Thursday Evenings 5:30 pm-8 pm
March 5th – April 23rd 2020
(no class on April 9th)

**Benefit-Cost Analysis of SFP:** for every dollar spent on SFP 10-14, $9.00 comes back to the community as benefits in the form of less jail time, less time off work, and less time in treatment.

Strengthening Families Program (SFP) can make a difference for families in Lenawee County.

Offered through Lenawee Community Mental Health in conjunction with: The Dept. of Health & Human

WHERE: BOYS & GIRLS CLUB OF LENAWEE 340 E. CHURCH STREET ADRIAN, 49221

WHEN: THURSDAY EVENINGS 5:30PM-8PM MARCH 5TH-APRIL 23RD 2020.

INCLUDES: DINNER, CHILDCARE ON SITE, TOPICS TO ENHANCE FAMILY COMMUNICATION, RELATIONSHIPS, AND DECISION MAKING FOR YOUTH

BENEFITS: BUILD SKILLS WITH YOUR CHILDREN TO HELP LEAD YOUR CHILDREN TO MAKE BETTER CHOICES AROUND DRUGS & OTHER HIGH RISK BEHAVIORS; INCREASE ACADEMIC SUCCESS IN YOUTH

EARN INCENTIVES FOR PARTICIPATION AND WEEKLY ATTENDANCE!

TO REGISTER GO TO: https://www.lcmha.org/get_confraining.php Then Select: Family Related / _Strengthening Families_

REGISTER BY FEBRUARY 27TH

FOR MORE INFORMATION please call: Lenawee Community Mental Health at 517