



DBSA

Depression Bipolar Support Alliance



Each difficult moment has the potential to
open my eyes and open my heart by Myla Kabat-Zinn

Effective Date: Thursday, June 3rd, 2009

Place: Inter-Connections: 110 W. Maumee St. Adrian, MI
49221

Time: Every Thursday at 3:00-4:00 p.m.

Facilitator: Kathlene Miller

Contact information telephone#: 517-265-9588 Please
call if you have any questions: Contact any staff.