# It is Important to Know!

- There will be no cost to you. Your Medicaid insurance will cover all costs of services and there are no co-pays.
- You have the right to appeal any decision made that denies or reduces a service that you think you should receive.
- We will strongly encourage you to give permission to coordinate your care with medical professionals who are treating you for physical health.
- If you do not speak or read English or have a disability that affects your ability to read or hear, we will provide you with supports that will allow you to fully understand.
- You have a right to confidential, culturally sensitive services and to have all of your rights protected under law.
- If you are enrolled in a Medicaid HMO, they are responsible for providing up to 20 mental health outpatient visits in a year. If you feel this is what you need, contact your Medicaid HMO.

# WHERE TO CALL 24 HOURS A DAY:

## LENAWEE COUNTY

Mental Health 517-263-8905 Substance Abuse 800-342-0349

## LIVINGSTON COUNTY

Mental Health 517-546-4126 Substance Abuse 800-615-1245

## MONROE COUNTY

Mental Health 734-243-7340 Substance Abuse 800-686-6543

## WASHTENAW COUNTY

Mental Health and Substance
Abuse

734-544-3050

Or

800-440-7548

# ACCESSING MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES FOR PERSONS WITH MEDICAID



Community Mental Health Partnership of Southeastern Michigan

Lenawee CMH Authority
Community Mental Health Services
of Livingston County
Monroe CMH Authority
Washtenaw Community Health Organization



# Who can receive services?

Anyone who has Medicaid insurance and lives in Lenawee, Livingston, Monroe, or Washtenaw County can receive a clinical assessment to find out if they are eligible to receive mental health or substance abuse services.

# What is a Mental Health and Substance Abuse Problem?

For adults, serious mental health problems are those that cause major long term problems in thinking, feeling, and being with others.

For children and adolescents, serious emotional disturbances are conditions that make a child unable to control his or her emotions or behaviors.

A Developmental Disability is a physical or mental impairment that starts before age 22 and is likely to be life-long and results in substantial functional limitations to major life activity.

A Substance Abuse problem is the taking of alcohol or other drugs in a pattern that places the individual at risk or endangers public safety.

## What services are available?

All services provided must be considered to be medically necessary for your treatment and are designed to meet the unique and individualized needs and preferences of the individual. For mental health services, a Person Centered Plan will be developed and you will be given a choice of services and the opportunity to choose the goals you would like to work on. For Substance Abuse services, an Individualized Treatment Plan will be developed and your ideas will be given strong consideration.

For Mental Health, the Person Centered Plan can include such things as help with coordinating your care, counseling, medications, crisis services, physical therapy, speech and hearing therapy, respite care, behavior management treatment, skill building, residential programs, and assistance with personal care.

For Substance Abuse, the Individualized Treatment Plan can include such things as individual and group counseling, mediation treatments (such as Methadone), and detoxification and residential programs.

Supported in part by State and Federal Funds provided through the Michigan Department of Community Health.

# What will happen when I call to get services?



Once you decide to seek services, all you need to do is call the number identified on the back page of this brochure.

A trained professional will discuss your concerns over the phone. Sometimes we can gather enough information over the phone to decide if you are eligible for services and the type of services that would be recommended. Under those circumstances, our staff will refer you to an agency or program that will provide the service and agree to pay them for the services they provide.

It may be necessary for us to meet with you face to face to determine your eligibility. We will make arrangements that are convenient for you to conduct a face to face assessment and then refer you to an agency or program and agree to pay.

If it is decided that you are not eligible for services, we will assist you in locating other agencies in the community that may be able to help.