



THE GRAPEVINE

A WORD FROM OUR EXECUTIVE DIRECTOR

As I near a year as Director of LCMHA (Interim in October and appointed Executive Director in April), I am struck by the many challenges we have faced. Just having to move into this role due to the unexpected loss of our Director, Sandy Keener, was somewhat daunting. What a year it has been!

After the initial shock of Sandy's departure, we set about implementing the vision and strategic plan we had developed under her leadership. Our focus continues to be on an integrated care model – encompassing a healthcare approach that includes mental health, substance use and physical health care. Our priority, as we work with our consumers and the community, is on the person as a whole. We recognize the importance of focusing on all aspects of good health.

The threat to privatize the behavioral health system is stronger than ever. In the near future, Michigan Department of Health and Human Services will pilot, in 3 counties, a health system that has the Health Plans managing all of the care for Medicaid recipients. The challenge for the Health Plans is their lack of understanding of our consumer's needs. We do understand what our consumers need and intend to demonstrate our ability to address their needs through

our Integrated Care model. Additionally, we understand the needs of the Lenawee community. To that end, we have been working with several consultants to help fine tune our work. Roger Myers (former LCMHA Director) has been working with me as I transitioned to Executive Director. Mary O'Hare has been working with Administration on increasing administrative efficiencies and the development of a Balanced Scorecard. Kathy Dettling (Afia Health) has been working with our Clinical Teams on increasing efficiencies and effectively providing Integrated Care. April Demers worked with us and the community to get the necessary work done to open the Engagement Center—Pathways (among other work) – in fact, it opened on September 22nd! Please consider coming to the grand opening event on October 6th. You will have a chance to tour Pathways.

In other news, we had another successful E-Race the Stigma 5K. This event continues to grow in large part due to the leadership of Greg Adams, LCMHA Board member. We are grateful for his passion!!

We continue to work with concerned consumers and community members regarding the closing of ProMedica's inpatient psychiatric unit at Herrick Hospital. We have been



Kathryn A. Szewczuk
Executive Director

working with their Care Navigator to minimize any inconvenience. The Navigator has made a noticeable difference in the ability to get patients to the care they need!

Finally, in this issue you will be introduced to many new employees and have the opportunity to hear about several staff who have retired after many years with our agency. While it can be hard to say goodbye to staff, we know they have big plans for their retirements and look forward to hearing about their adventures. In our next issue, we will introduce you to the staff of Pathways.

We have a lot of hard work ahead of us but approach that work with enthusiasm. All the work we are focused on will result in Better Care, Better Outcomes and Lower Cost – the Triple Aim of Healthcare!



Sandy Keener's daughter, Susan with her family before the race

October 2017

LCMHA website: www.lcmha.org

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EMILY MARTINEZ RETIRES FROM CMH BOARD



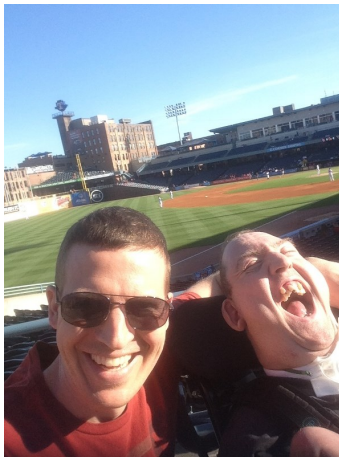
Emily Martinez has served on the CMH Board for 17 years, and has decided to retire due to some health problems. She was presented with a plaque for her services by Board Chair, Scott Clites, at the board meeting in April. Emily has always been a strong

advocate for consumers and has done extensive outreach work with the migrant farm worker population.

This retirement leaves us with two open positions on our board. If you, or someone you know is interested in becoming

a board member please submit a letter of interest to Kathryn Szewczuk, Executive Director, LCMHA. 1040 S. Winter Street, Suite 1022, Adrian, MI 49221.

TAKE ME OUT TO THE BALLGAME!



Joe West is one lucky guy. Thanks to the generosity of the Toledo Mud Hens franchise, and the dedication of Joe's nurse (Mike Garino) Joe was able to attend his first ever baseball game a couple of weeks ago.

Mike reported that he was very impressed with how easy it was

to park, and access the ballpark with a wheelchair. They hope to be able to go again if tickets are available.

Kay Ross reports that every month, during the summer, CMH is the lucky recipient of free tickets to the games. "We always offer the tickets to our consumers in group homes,

and anyone who would otherwise not be able to go!" said Kay.

Mike has been Joe's private duty nurse for many years and was excited to be able to take him. You can definitely see the joy on his face!

SHARON ROBB RETIRES



Sharon Robb—Administration Manager retired in June after almost 30 years at CMH. A farewell lunch was enjoyed by staff and Sharon's family. We had a special guest—Roger Myers stopped by to say a few

kind words too.

Pictured left—Scott Clites, Board Chair presented Sharon with a plaque and gift from Board Members.



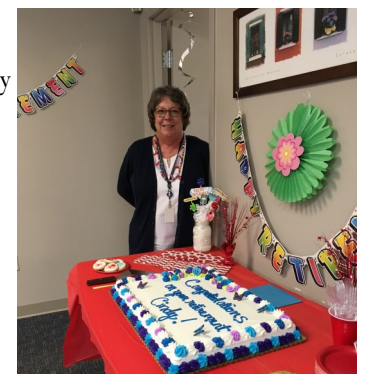
MARY ANN KINGSLEY & CINDY WITT RETIRE



Cinco de Mayo held a special place in our hearts as it was Mary Ann Kingsley's last day at CMH. Mary Ann has been an MI Case Manager for 22 years and will be missed by all of us as she looks forward to a long and happy retirement. We had a farewell party for her at the agency on May 4th which was attended by family, friends, co-workers and many fellow retirees!

Another long time employee—Cindy Witt retired from CMH on May 31st. Cindy was a DD Case Manager for 22 years.

A celebration was held in her honor at Goodwill, followed by cake at the main CMH office. Best wishes to you both!



NEW DD STAFF—SARA FOWLER

Welcome Sara—who joined CMH on May 1st. Sara obtained her Social Work degree from Defiance College with a minor in Autism Studies. Growing up, and still living in Swanton, Ohio, Sara is still finding her way around Lenawee County. Sara has done a lot of volunteer work in her community especially with the Humane Society.

Sara has a two year old pitbull (Koba) who she enjoys walking in the woods around her property. She looks forward to moving a little closer to Adrian in the not

too distant future. She would also like to go back to school to get her Master's Degree.

Sara is very close to her family, her parents and a sister who is four years older. Her sister recently got engaged, she is a marriage and family counselor in Akron.

Sara has enjoyed working at Bittersweet Farms—a camp for lower functioning adults on the autism spectrum. She also worked at a camp for the Hench Autism Program where she was a counselor and mentored higher

functioning students as they prepared for college life.

Sara loves nothing more than to see people be successful and achieve their goals. Every small step is a big accomplishment in many lives. She would like to see more opportunities in Lenawee County for the developmentally disabled.

Being an “outdoorsy” person, Sara loves nothing more than walking her dog, or running him at the park.



MEET DONALD CARPENTER—HR GENERALIST

HR Generalist is a new position at CMH, and Donald joins us from Goodwill Industries.

Born and raised in the Chicago suburbs, Donald graduated from the University of Illinois at Urbana-Champaign, with a Bachelor's degree in Economics. He began his working career at Uarco Incorporated in Barrington Illinois, and moved to Adrian in May 1985 when he was transferred to Uarco's facility here.

Donald met his wife (Leslie) in

Adrian and they later adopted two infant girls from China; Alison is now 19 and is a sophomore at Eastern Michigan University, and Janelle is 16 and is in her third year at the JC/LISD Academy. After leaving Uarco in 1998, Donald enjoyed being a full-time stay-at-home dad while the girls were small. He re-entered the work force in 2006 and had several different jobs (American Red Cross, substitute teaching, Wesco) up to when he joined Goodwill in 2010, where he gained his Human Resource

training and knowledge.

Donald has some interesting hobbies including collecting license plates! He also enjoys lap swimming, and sky-dived a few times.

Working at Goodwill, Donald was familiar with many CMH consumers and Case Managers but reports that he was amazed to learn of all of the other services that CMH provides that he had no idea about!



FELICIA SOTO— PEER RECOVERY COACH, DRUG COURT

If you think you have a busy life—think again!! What doesn't this woman do? Felicia is a community activist and active in her church. She is a volunteer at Boys & Girls Club working with teens spreading awareness and working on issues such as substance use prevention. She is also active in her Native American/Mexican American heritage activities throughout the state.

Felicia has four children,

Sashianna—22; Jsakari—15; Elysse—13 and Vida—4. They are her world and everything she does is for them. Felicia says that she is very honored to work with the probation officers and drug court participants on a daily basis, which could be about 20 people. She has definitely found her calling—relating with and helping people in their recovery process. She is a living, breathing example of how you can turn your life around, and she is very proud of

it, using her own struggles and experiences to help others. She is also proud of the fact that in 2014/15 she lost 150lb by making lifestyle changes, she now embraces a vegan diet. She loves to travel and experience new things. She loves art, the theater and music.

Felicia also has a small home office where she does hair and nails. She is a trained technician.



CELSEY ROBINETTE—MI SUPPORTS CO-ORDINATOR

Celsey is a brand new graduate of Siena Heights University, with a Bachelor's Degree in Social Work. Celsey grew up in Adrian, graduating from Columbia Central High School.

Celsey has been a cheerleader at Columbia Central and at Siena Heights and now enjoys being an Assistant Cheer Coach at Clinton High School.

In her spare time Celsey loves all

kinds of sports, and plays co-ed softball. She also loves to go camping. She has just bought her first house, so she is busy doing renovations. She loves to travel and has been to six different countries, in fact she lived in Taiwan during her Sophomore year in college. "Learning about different cultures and experiencing different foods is a lot of fun," she says.

Celsey has two brothers, a mom and

step-dad. She bartended at Buffalo Wild Wings for just over a year prior to joining CMH.

In just over a month at CMH Celsey says that she loves the personal contact and relationships that the Supports Coordinators build with their consumers, and she is excited to be able to use her social work skills soon.



KRISTI MYERS—INTEGRATED HEALTH CARE NURSE

Kristi Myers joins us following the closure of the Herrick Outpatient Unit, and we are lucky to have her at the Family Medical Center as she has a lot of experience with our population.

Kristi grew up in Gull Lake, MI, moving to Ann Arbor in High School. She graduated from the University of Michigan with a Bachelor's Degree in Nursing.

Kristi has three grown daughters, the eldest are twins. Kassandra is a dialysis clinician, lives in Manitou

Beach, and she has two boys. Jessica lives in North Carolina, she has two degrees, Philosophy and Anthropology from UNC. She has a son, is expecting a daughter, and is a stay at home mom. Jacqueline graduated from U of M with an Psychology degree. She is interested in graduate school for Environmental Law and she works at a research facility in Ann Arbor.

Kristi's husband, Scott is a retired Army mechanic, he works at a local dairy farm. They live on a small

farm in Hudson which keeps them very busy. They have chickens, ducks, cats, a horse and a mule. When she is not busy on the farm, she loves to garden, cook and read. She likes to stay active!

Kristi says that she believes that nutrition and healthy lifestyle choices should be stressed with our consumers. She has enjoyed interacting with consumers outside of the hospital setting.



ACCESS CLINICIAN—NETARSHA FICKLEN

Netarsha joined us on August 28th and is quickly becoming a valuable member of our Access/Crisis Team.

Netarsha is from Benton Harbor, growing up there and graduating from Benton Harbor High School. She received a basketball scholarship to Siena Heights University, where she graduated with a Bachelor's in Psychology. She then attended an accelerated program at Spring Arbor University where she received her Masters' in Counseling.

Netarsha is married to her high school sweetheart, and they have been married for 16 years. They have three sons (one deceased). A 16 year old, who is a Sophomore at

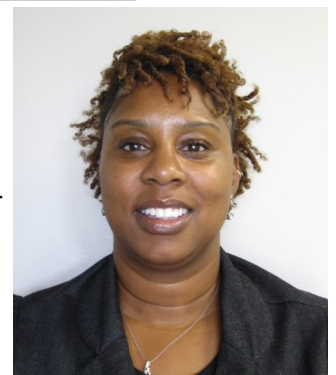
Adrian High School, and a 13 year old at Springbrook. Both play basketball and football.

Previously Netarsha has worked with juvenile delinquents in residential placement. She worked at Adrian Training School, and when it closed she moved to Protective Services in Washtenaw. She also worked in licensing in Washtenaw—licensing individuals to become foster parents, and she worked at a Methodone Clinic in Monroe. She has a Development Plan for CAADC certification for substance abuse.

Most of her spare time is spent at her sons athletic events. The family

enjoys traveling—she has a large family which is spread all over the United States. She likes to do hair, and she used to be a women's basketball coach. Nowadays she spends time volunteering for her church – Christ Temple Ministries International.

She says she really appreciates the support provided by her team, who have been very welcoming, and the morning meetings are so beneficial.



JESSICA FINNEY—MI ADULT CASE MANAGER

Jessica is the newest member of the MI Team. Born in Houghton Lake, MI and raised by her grandparents, she went to school half the year in Michigan and half the year in Florida. In 4th grade she stayed in Florida, and in 7th grade she moved back to Michigan.

Following graduation from High School, Jessica graduated from JCC with an Associates of Science, and she also received her EMT license. In 2016 she graduated from Siena Heights University with a Bachelors in Social Work, accepting a

permanent placement at the Department on Aging doing assessments for in-home services following an internship there.

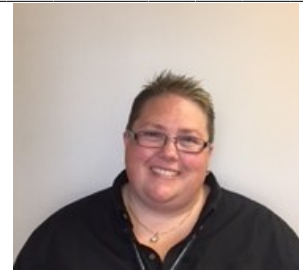
Jessica has worked in health care for 11 years—Provincial House as a CNA transferring to Bixby. She was also a writing center tutor at Siena. Jessica also worked as a social worker for a nursing home in Ann Arbor before returning to Adrian as Director of Social Services at Magnum Care.

Jessica lives in Adrian. She lives

with, and takes care of, her elderly grandparents who are 98 and 97 years old.

When she is not working, Jessica loves to go kayaking, bicycling or anything outdoors. She also has two Chihuahuas.

Previously Jessica did job shadowing at CMH with Becky Schersten and Mary Ann Kingsley. She will be Aimee Snyder's back up on OBRA nursing home case management. Jessica loves working with adults and the geriatric population.



Important information on DACA (Deferred Action for Childhood Arrivals).

DACA provides temporary protection from deportation and work authorization for certain young people who were brought to the U.S. as children. The Department of Homeland Security, or DHS, explains how it plans to phase out DACA by March 5, 2018.

1. Approved DACA requests and work permits will remain valid until they expire, unless revoked or ended by DHS.
2. Renewal DACA requests may be filed only for those whose DACA will expire between Sept 5, 17 and March 5, 18.
3. DACA renewal requests for these specific DACA recipients must be received by US Citizenship & Immigration Services, or USCIS by Oct 5, 17.

If you know anyone whose DACA will expire on or before March 5, 18 call the Dominican Sisters right away at: 517.266.3501 for help.

CELEBRATION OF SUCCESS NOMINATIONS

LCMHA is looking for individuals with mental illness, emotional disorders, developmental disabilities or substance use disorder issues who have made a positive difference in their lives, the

lives of others, and within their communities. The stories about these people will offer hope and encourage recovery and coping skills. We will celebrate the success stories with a lunch on October 18th sponsored by the

Consumer Action Committee. Deadline for submission is October 4th. For more information or a nomination form call Kay at 517.264.0128.

We are very sad to report that long time board member and consumer advocate Robert Wilson passed away in July. Bob will be sadly missed by all who knew him, and those who worked by his side to ensure consumers of LCMHA were well represented.
RIP Bob.

WHAT IS CONSUMER ACTION COMMITTEE?

The LCMHA Consumer Action Council (CAC) is made up of 14 people. It consists of two LCMHA board members, two LCMHA staff members, two at large members and two consumer representatives from each of the following service groups: mental illness, developmentally disabled, emotionally disturbed, and substance abuse. The mission of the CAC is "to fully

integrate consumers and their families into decision making processes throughout Lenawee Community Mental Health Authority."

At each meeting, the CAC discusses upcoming events concerning mental health, changes in government policies that will affect LCMHA consumers, and the CAC Work Plan. The CAC

Work Plan is a list of goals the group hopes to achieve each year.

The term limit for the CAC is three years and two terms may be served. Meetings are scheduled for the second Friday of each month at 10 am at Community Mental Health. If you are interested in being a member of the CAC, please call Kay Ross at 264-0128.



PATHWAYS
GRAND
OPENING &
RIBBON
CUTTING
AT ADRIAN'S
FIRST FRIDAY
EVENT

Lenawee Community Mental Health is pleased to announce the opening of Pathways Recovery Engagement Center in Adrian Michigan. The engagement center will serve to link more individuals in Lenawee County to substance abuse treatment and recovery resources. As an engagement center, the program will provide a welcoming environment for adults in Lenawee County who are facing addiction and who are seeking information and supports to promote

their recovery journeys. The engagement center will be staffed by trained Peer Recovery Coaches—individuals who are in long term recovery themselves.

Pathways is located at 211 West Maumee Street in Adrian, and plans to open Friday September 22, 2017. The engagement center will be open during hours when traditional services are unavailable, beginning with weekend hours from 6:00 pm on Fridays until

8:00 am on Monday mornings.

Pathways provides this service at no cost to participants, and is funded by Community Mental Health Partnership of Southeast Michigan, and local support from ProMedica Hospital and the Rotary Clubs of Adrian.

You're Invited
to the
GRAND OPENING
Celebration
for

**PATHWAYS RECOVERY
ENGAGEMENT CENTER**

OCT 6, 2017 / 4:30-5:30 PM

**211 W. Maumee St.
Adrian Mi, 49221**

The ribbon cutting ceremony will be at 5 pm. If you have any questions, feel free to contact us at oehret@lcmha.org



INTERCONNECTIONS DROP-IN CENTER

On March 5th Chris Trevino joined our staff. He is eager to use his experience with depression and substance use recovery to help others.

Chris has always been concerned with social justice and equality. He is from Adrian and is active in the community. He serves on the Board of Directors for the

Sunnyside Center for Peace and Justice. He also enjoys history and learning about different cultures.

Chris recently finished recovery coach training and is excited to make a difference in the recovery community. He will attend peer support training in the next few months. He is a caring person

who already makes an impact on our culture at the drop-in. Inter-Connections, Inc. encourages you to stop in, say hi, and meet our newest Recovery Coach!

Interconnections has moved to 209 W. Maumee. There will be some renovations, but we are still open for business.



FAMILY MEDICAL CENTER WELCOMES NEW OPTOMETRIST
SUSAN MCCUTCHEON, OD

SUITE AT FAMILY MEDICAL CENTER DEDICATED TO SANDY KEENER

August 11th was a special day for many—particularly Sandy's family and everyone who knew our previous Executive Director.

Sandy's memory was honored at a dedication at the Family Medical Center. A plaque will be placed in the lobby of the CMH Medication Clinic as a reminder that accessible integrated health care for

Lenawee County residents was Sandy's passion. Her vision became a reality when CMH co-located their office at the Family Medical Center, along with DHHS in October 2014.

Many dignitaries were present to honor Sandy's memory, including Lt. Governor Calley, State Rep. Bronna Kahle and Robert Sheehan, CEO, Michigan Association of

Community Mental Health Boards. WLEN and the Daily Telegram also covered the event. Ed Larkins (CEO—FMC) and staff gave guided tours of the Medical Center immediately following the presentation.



STATE WALK A MILE RALLY

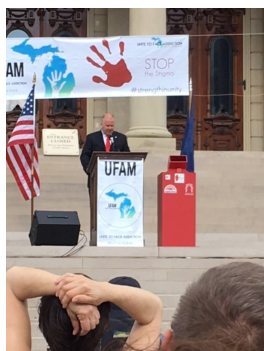
Our very own, Jim Thompson, was the MC for the 13th Annual Walk A Mile In My Shoes Rally in Lansing May 10, 2017. It was estimated that over 2500 people attended. This was Jim's 3rd time

MC'ing. Our group of close to 15 participants made Lenawee proud. They carried signs letting everyone know that we care about what legislation is coming and that we all want to be heard!



UFAM RALLY

This year's UNITE TO FACE ADDICTION RALLY on May 18th was bigger than last year! 6 staff/Drop in Center members attended. Many people in recovery came to show support for all the good things happening with recovery efforts in Michigan.

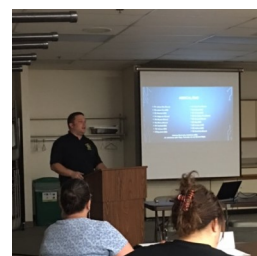


VICTIMS SERVICE UNIT TRAINING

The Michigan Sheriff's Association and Lenawee County Victim Services Unit provided our community with a 3 day training to recruit new advocates. There were people from as far away as Petoskey.

This is such an important volunteer group for our community. When

there is an incident like a sudden death, suicide, fire, vehicle crash, the VSU is called by emergency personnel to help victims.





Lenawee
Community
Mental Health
Authority

LENAWEE COMMUNITY MENTAL HEALTH AUTHORITY

1040 S. Winter St, Suite 1022
Adrian, MI 49221

Phone: 517-263-8905 or 1-800-664-5005
Fax: 517-265-8237
customerserv@lcmha.org

MISSION STATEMENT:

TO PROMOTE POSITIVE
OUTCOMES BY CREATING A
PATH TO RESILIENCE,
RECOVERY, WELLNESS AND
SELF-DETERMINATION

LENAWEE COMMUNITY MENTAL HEALTH
AUTHORITY IS A MEMBER OF THE
CMHSP OF SE MICHIGAN



Congratulations to Debi Andrews,
Chief Financial Officer on
receiving her 5 year service award
from Board Chair Scott Clites at
the April board meeting.



ProMedica ER staff presented
LCMHA with a check for \$770 in
August. The ER staff selected
CMH to be the beneficiary of their
department's donation this year.



Lenawee Community Mental Health is
accredited by The Joint Commission on
Accreditation of Healthcare
Organizations

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CURRENT RESIDENT, OR

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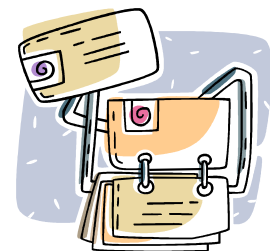
ADRIAN, MI

PAID

U.S. POSTAGE

PRSR STD

HAS YOUR ADDRESS
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CONTACT CMH TO LET
THEM KNOW.



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ADRIAN, MI 49221