Lenawee Health Network (LHN) Full Meeting Meeting Minutes – July 08, 2021

Attendees (20):

| Name | Agency | Name | Agency |
|----------------|--------------------------------|------------------|-----------------------------------|
| Dave Maxwell | One Lenawee | Brian Elliot | disAbility Connections Inc. |
| Julie Conley | ProMedica Farms & Veggie | Laura Pipis | United Way of Monroe/Lenawee |
| | Mobile | | Counties |
| Stacey Tilton | ProMedica Farms & Veggie | Vickie Pfeifer | MSU-Extension |
| | Mobile | | |
| Angie Johnson | Goodwill Industries SEMI | Jen Durell | Inter Connections Drop-In Center |
| Jackie Bradley | Lenawee Community Mental | Juliana Moore | Care Pregnancy Center and |
| | Health Authority | | ProMedica Diabetes Education |
| Sue Lewis | Catholic Charities of Jackson, | Laura Covey | Thome PACE |
| | Lenawee & Hillsdale Counties | | |
| Martha York | Region 2 Area Agency on Aging | Beth Deakins | YMCA |
| Cynthia Heady | Lenawee Community Foundation | Frank Nagle | ProMedica Charles & Virginia |
| | | | Hickman Hospital |
| Audrey Smith | Family Medical Center of | Madeline DeMarco | Lenawee Community Mental |
| | Michigan | | Health Authority |
| Kara Dominique | Lenawee Medical Care Facility | Kelly Bredeson | Head Start, Adrian Public Schools |

Frank Nagle called the meeting to order at 8:02 a.m.

Agenda Review - motioned by MY, Supported by KD -> motion carried

<u>Minutes Review</u> – motioned by KD, Supported by LP -> motion carried

Leadership Updates

Inspiration & Appreciation:

- "Times of transition are strenuous, but I love them. They are an opportunity to purge, rethink priorities, and be intentional about new habits. We can make our own new normal any way we want it." Kristin Armstrong.
- Please submit quotes of inspiration or notes of appreciation please send to frank.nagle@promedica.org by the 4th Friday of each month.

COVID-19:

- As of 07/01/2021, Lenawee County has 9,392 positive cases:
 - o 4356 males and 5036 females
 - o 0 hospitalized
 - o 6 monitoring at home
 - o 9215 discontinued from isolation and improving
 - o 171 deaths
 - o 44.7% fully vaccinated
 - o 47.4% at least 1 dose
 - o 70% is vaccination rate goal

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- For real-time data and updates for testing and vaccines in Lenawee County please visit http://www.lenawee.mi.us/931/COVID-19-Case-Testing-Information
- For real time data and updates for Michigan, please visit https://emhsd.maps.arcgis.com/apps/opsdashboard/index.html#/ea9fb6d9caaa4937995113dbd5d0a87a

5 Tips to Manage Social Anxiety During and After the Pandemic:

- Martha York shared the attached document from Oregon Counseling with tips to share with the community about managing social anxiety related to the pandemic. Please consider sharing with your organization and residents served. The 5 tips include:
 - 1. Shift your attention to the present moment.
 - 2. Be up-front about your comfort levels.
 - 3. Move away from negative thoughts.
 - 4. Reach out for support.
 - 5. Take it slow, post pandemic.

2020 Lenawee Community Health Assessment:

- LHN Leadership developed a one-page document with links to the recorded presentations of the 2020 Lenawee Community Health Assessment. Please share the document and links with your organization, staff, and residents served.
- After watching the presentations, please complete the survey to provide feedback on the results by July 23, 2021.
- LHN asked if videos have closed caption/subtitles. Frank will confirm.

Methodology: https://drive.google.com/file/d/19Jpmc5MbV-ASa1h1AxSfkNOxTDg7EECN/view?usp=sharing

Adult: https://drive.google.com/file/d/1T1-wuaWiqOkreuXz2Z1Jz5pTwbxFN05G/view?usp=sharing

Youth: https://drive.google.com/file/d/18o2IJ0e9T EdilaNImHIEKF8abVcON4d/view?usp=sharing

Child: https://drive.google.com/file/d/1KXkzd2xcYa3cWXU7aFm8Pel3IFK7EqK3/view?usp=sharing

Survey: https://www.surveymonkey.com/r/2021LenaweeCommunityPerceptions

New Strategy & Collaborations

Lenawee Community Foundation – Cynthia Heady provided the following update(s):

- Lenawee Community Foundation has moved into their new offices located at 1440 West Maumee Street. They are open to guests and have a community room that can be reserved for meetings.

Lenawee Community Mental Health Authority – Madeline DeMarco provided the following update(s):

- On August 06, at 8:30 am, the Lenawee Human Service Collaborative will be hosting Every Door is the Right Door event. This networking session will consist of presentations from organizations about services offered to the community. Please RSVP to present and as part of presenting you will receive a copy of an electronic resource guide of all compiled resources.

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- August 31, Pathways and CMH are planning a naloxone awareness day at the Farmers Market pavilion in Downtown Adrian.

<u>Catholic Charities of Jackson, Lenawee & Hillsdale Counties – Sue Lewis provided the following update(s):</u>

- Catholic Charities is expanding trauma services with a trauma assessment center on Erie street by St. Mary's Church in Adrian. They have partnered with Sprouts for physical and occupational therapy and have a pediatric doctor partner. The center anticipates opening in the next few weeks.

<u>Michigan State University Extension – Vicky Pfeifer provided the following update(s):</u>

- Vicky recognized Martha York and the Region 2 Area Agency on Aging team for their innovative programming providing older adults with tablets, access to technology/internet, and to food boxes. The result of their work is that older adults are able to connect to MSU-E education in a time when they are very isolated.
- Older adults receive a food delivery that coincides with the MSU-E education allowing them to have a more interactive and hands-on virtual education experience.

Family Medical Center of Michigan – Audrey Smith provided the following update(s):

- Family Medical Center continues to offer adult COVID-19 vaccines.
- They have also started providing Pfizer vaccine for youth ages 12 15 years old. Individuals can schedule appointments, call ahead, or walk-in to receive the vaccine.

disAbility Connections Inc. – Brian Elliot provided the following update(s):

- disAbility Connections has a program to connect individuals with disability to a tablet and internet if they do not have access.

Region 2 Area Agency on Aging – Martha York provided the following update(s):

- PATH classes for Diabetes, Cancer, Chronic Pain and others are coming soon.

NEXT STEPS

- Frank Nagle will draft meeting minutes.
- Frank Nagle will send a follow-up email with minutes and materials needed to disseminate the 2020 Lenawee Community Health Assessment.

LHN's next meeting is scheduled on August 12, 2021 from 8 – 9 am via ZOOM. LHN Leadership meeting is scheduled on July 19, 2021 via ZOOM.

Respectfully Submitted,

Frank Nagle, MBA
Director of Community Impact, Michigan
Chairperson, Lenawee Health Network
ProMedica Charles and Virginia Hickman Hospital