Attendees (20):

Name	Agency	Name	Agency
Stacey Tilton	ProMedica Charles and Virginia	Haley Buckmaster	Head Start, Adrian Public
	Hickman Hospital		Schools
Sue Lewis	Catholic Charities	Madeline DeMarco	Lenawee Community Mental
			Health Authority
Angie Johnson	Goodwill Industries	Chris Rising	Family Medical Center
Tim Kelly	Cradle to Career	Laura Pipis	United Way Monroe/Lenawee
Laura Covey	Thome PACE	Juliana Moore	Care Pregnancy Center &
			ProMedica Diabetes Education
Vickie Pfeifer	Michigan State University	Jackie Bradley	Lenawee Community Mental
	Extension		Health Authority
Jen Durell	Inter Connections Drop-In Center	Cynthia Heady	Lenawee Community Foundation
Cari Rebottaro	Lenawee Department on Aging	Martha York	Region 2 Area Agency on Aging
Beth Deakins	YMCA of Lenawee County	Brian Elliot	disAbility Connections
Frank Nagle	ProMedica Charles and Virginia	Kara Dominique	Hospice of Lenawee
	Hickman Hospital		

Frank Nagle called the meeting to order at 8:02 a.m. and conducted roll call.

Agenda Review – Motion by JM, Supported by JD -> motion carried.

Minutes Review - Motion by CR, Supported by BD -> motion carried.

Collective Impact Core Updates

Core Subgroups:

- Updates are available on the LHN Google Drive. Please review these updates as you would meeting minutes. -> <u>CIC Google Drive</u>.

Building a Trauma Informed Community:

- No updates to report.

Leadership Updates:

Inspiration & Appreciation:

- "People move at the speed of trust." Belma Gonzalez.
- LHN members & participants discussed our abilities to serve the community start with a foundation of building trust with residents, stakeholders, and between agencies. The LHN has provided a platform for our agencies to build a foundation of trust and to accomplish great work since 2011. Collectively, the group expressed excitement for what can be accomplished going forward.
- Tim Kelly shares that our community is fortunate to have strong trust and leadership from our Health Department. Their response to the outbreak of coronavirus has greatly aided the community in adapting abilities to continue serving Lenawee residents.

- To highlight and recognize inspirational efforts or appreciation for efforts in the community, agencies can submit emails to Frank.Nagle@ProMedica.org by the 4th Friday of each month. The LHN Leadership will review submissions and select which one to highlight at the next LHN meeting.

COVID-19:

- As of 01/14/2021, Lenawee County has 4,977 positive cases:
 - o 2,277 males and 2,700 females
 - o 18 hospitalized
 - o 1350 monitoring at home
 - o 3532 discontinued from isolation and improving
 - o 77 deaths
- For real-time data and updates for testing and vaccines in Lenawee County please visit http://www.lenawee.mi.us/931/COVID-19-Case-Testing-Information
- For real time data and updates for Michigan, please visit https://emhsd.maps.arcgis.com/apps/opsdashboard/index.html#/ea9fb6d9caaa4937995113dbd5d0a87a
- COVID Testing Sites:
 - o Lenawee County Health Department
 - o Walgreens Adrian
 - o Family Medical Center Adrian
 - o Tecumseh Urgent Care Tecumseh
 - o ProMedica Charles and Virginia Hickman Hospital Adrian

2020 Lenawee Community Health Assessment:

- Hospital Council of Northwest Ohio reports that 330 adult surveys and 201 youth surveys have been completed and returned.
- Power analysis number for adult survey is 266 survey's completed.
- Power analysis number for youth survey is 224 survey's completed.
- Surveys have closed and data will be available in March of 2021.

2021 LHN Membership Guide:

- To reinforce unified and consistent communication to stakeholders and the community about the LHN's
 focus and opportunities to collaborate, LHN Leadership updated the LHN Membership Guide. Please
 share this guide with your agency, coalitions, and networks.
- Please feel free to share this document with agencies or individuals who you would like to invite to a meeting. Anyone is welcome to attend and contribute their expertise & knowledge to strategic developments.

2020 LHN Participant Survey:

- The 2020 LHN Participant Survey is now open for your completion. Your constructive feedback is instrumental to ensure meetings are valuable and on the right track for achieving strategic goals.
- Please click the following link to go directly to the survey.
- Deadline to submit a survey is 01/31/2021

Round Table Discussion

Attendees engaged in a round table discussion pertaining three components identified in previous meetings as the core areas of focus for 2021-2023 Community Health Improvement Planning (CHIP). The following includes the questions asked and responses:

<u>Chronic Conditions:</u> What Chronic Conditions do you anticipate having the highest incidence in Lenawee County?

- o Diabetes (type 2, gestational, pre-diabetes)
- o Asthma
- o Cancer
- o Hypertension
- Obesity
- Care Pregnancy Center Juliana Moore shared an update that there has been an increase in gestational diabetes diagnosis during pregnancy. This is a precursor to type 2 diabetes.
- YMCA Beth Deakins reports there is increased interest in the Diabetes Prevention Program.
- Catholic Charities Sue Lewis expresses interest in understanding the tie between COVID deaths and diabetes. As dialogue ensued, interested expanded to other chronic conditions.
- Cradle to Career Tim Kelly asks the question of the group if Obesity should be included in the list of chronic conditions? Our community has experienced historically higher rates of obesity.
- ProMedica Frank Nagle responded in suggesting that the LHN breaking components of obesity out into sections to include factors such as nutrition, physical activity, and other factors or behaviors.
- Head Start, Adrian Public Schools Haley Buckmaster shared that younger populations also have asthma and lead exposure.

<u>Behavioral & Mental Health</u>: What Behavioral & Mental Health Conditions do you anticipate having the highest incidence in Lenawee County?

- Depression
- Anxiety/Stress
- Substance Use Disorder (Alcohol UD/Opioid UD)
- o Safety/Risk Issues
- Inter Connections Drop-In Center Jen Durell referenced the life expectancy of individuals diagnosed or living with mental & behavioral health needs is less than that of those who are not (25 years less). The effects of COVID-19 and isolation were reflected as factors significantly impacting the lives of many over the last year. It is anticipated there will be long term affects.
- Catholic Charities Sue Lewis expressed increased substance use disorder and safety issues pertaining to firearms/shootings as areas of opportunity for the LHN to better understand and strategize.
- Lenawee Community Mental Health Authority Madeline DeMarco referenced understanding perceptions of neighborhood safety from neighbors. Madeline pointed out that the 2020 Lenawee Community Health Assessment may have had a question that asked residents if they feel safe in their residence. Frank will confirm.

- Family Medical Center – Chris Rising shares their organization has behavioral health specialists in local schools. There has been an increased demand for services for a number of reasons that includes but is not limited to parental neglect, isolation, others.

<u>Social Determinants of Health:</u> Which Social Determinants of Health do you anticipate will have the highest incidence in Lenawee County?

- Social Isolation
- Housing
- o Employment
- o Childcare
- Food Insecurity
- Transportation
- Technology use & adoption

<u>Populations of Focus</u>: Which populations do you anticipate experience disproportionate effects on health outcomes in Lenawee County?

- Older adults
- Uninsured/underinsured
- Single parents
- Homeless
- o Families/individuals living at or below 200% of federal poverty level
 - ALICE Populations
- o Individuals diagnosed with mental & behavioral health conditions
- Hispanic/Latino population
- People of color
- Veterans

Underserved Areas: Which zip-codes do you anticipate experience disproportionate access to resources?

- o Zip-codes outside Adrian & Tecumseh
 - Hudson
 - Morenci

Emerging Issues

United Way of Monroe & Lenawee Counties – Laura Pips provided the following update(s):

- The 21-Day Challenge will start again on February 1, 2021. Please visit the United Way website for more information or see the attached flyer.
- Applications are due for food and shelter programming by next Tuesday.
- Laura will send a flyer to LHN leadership to share following the meeting.

Lenawee Community Mental Health Authority – Madeline DeMarco provided the following update(s):

- CMH is hosting a virtual town hall on January 21, 2021 starting at 6 pm. The town hall is focused on a broader discussion about mental & behavioral health needs in Lenawee County in response to the

closure of the inpatient mental health unit. For more information, please visit Community Mental Health's website, Facebook page, or contact Madeline.

The LHN's next meeting is scheduled for February 11, 2021 from 8-9 am as a Free Conference Call meeting.

Next LHN Leadership meeting is TBD

Respectfully Submitted,

Frank Nagle Manager, Population Health & Community Relations Chairperson, Lenawee Health Network ProMedica Charles and Virginia Hickman Hospital