

**Lenawee Health Network (LHN)  
Full Meeting  
Meeting Minutes – November 12, 2020**

Attendees (20):

<b>Name</b>	<b>Agency</b>	<b>Name</b>	<b>Agency</b>
Laura Pipis	<i>United Way of Monroe &amp; Lenawee Counties</i>	Angie Johnson	<i>Goodwill Industries SEMI</i>
Dave Maxwell	<i>One Lenawee</i>	Haley Buckmaster	<i>Head Start, Adrian Public Schools</i>
Laura Covey	<i>Thome PACE</i>	Jackie Bradley	<i>Lenawee Community Mental Health Authority</i>
Vickie Pfeifer	<i>Michigan State University Extension</i>	Madeline DeMarco	<i>Lenawee Community Mental Health Authority</i>
Sue Lewis	<i>Catholic Charities of SEMI</i>	Stacey Tilton	<i>ProMedica Farms &amp; Veggie Mobile</i>
Juliana Moore	<i>Care Pregnancy Center</i>	Beth Deakins	<i>YMCA of Lenawee County</i>
Kara Dominique	<i>Hospice of Lenawee</i>	Tim Kelly	<i>Cradle to Career</i>
Becky Selenko	<i>Lenawee County Health Department</i>	Martha York	<i>Region 2 Area Agency on Aging</i>
De'Angelo Boone	<i>Habitat for Humanity</i>	Brian Elliot	<i>disability Connections</i>
Cari Rebottaro	<i>Department on Aging</i>	Frank Nagle	<i>ProMedica Charles and Virginia Hickman Hospital</i>

Frank Nagle called the meeting to order at 8:01 a.m. and conducted roll call.

**Agenda Review** – Motion by TK, Supported by BE -> motion carried.

**Minutes Review** – Motion by TK, Supported by SL -> motion carried.

## **Collective Impact Core Updates**

### **Core Subgroups:**

- Updates are available on the LHN Google Drive. Please review these updates as you would meeting minutes. -> [CIC Google Drive](#).

### **2020 Census:**

- Census has completed.

### **Inspiration & Appreciation:**

- To highlight and recognize inspirational efforts or appreciation for efforts in the community, agencies can submit emails to [Frank.Nagle@ProMedica.org](mailto:Frank.Nagle@ProMedica.org) by the 4<sup>th</sup> Friday of each month. The LHN Leadership will review submissions and select which one to highlight at the next LHN meeting.
- This month's inspiration is the following quote "The greatest danger in times of turbulence is not the turbulence; it is to act with yesterday's logic". – Peter F. Drucker

## **Leadership Updates:**

### **COVID-19:**

- As of 11/12, Lenawee County has 1,429 positive cases:
  - o 677 males and 752 females
  - o 4 hospitalized

- 319 monitoring at home
- 1085 discontinued from isolation and improving
- 21 deaths
- For real-time data and updates for Lenawee County please visit <http://www.lenawee.mi.us/931/COVID-19-Case-Testing-Information>
- For real time data and updates for Michigan, please visit <https://emhsd.maps.arcgis.com/apps/opsdashboard/index.html#/ea9fb6d9caaa4937995113dbd5d0a87a>
- COVID Testing Sites:
  - Lenawee County Health Department
  - Walgreens – Adrian
  - Family Medical Center – Adrian
  - Tecumseh Urgent Care – Tecumseh
  - ProMedica Charles and Virginia Hickman Hospital – Adrian

#### *Building a Trauma Informed Community:*

- No updates this month.

#### *2020 Lenawee Community Health Assessment:*

- Hospital Council of Northwest Ohio reports that 180 adult surveys and 94 youth surveys have been completed and returned.
- Power analysis number for adult survey is 266 survey's completed.
- Power analysis number for youth survey is 224 survey's completed.

#### *Health Screenings During COVID:*

- Participants shared details regarding health screenings currently taking place, what is working well, and challenges to offering health screenings and opportunities for residents to self-monitor health conditions.
- Hospice of Lenawee has worked with the Department on Aging & Senior Centers to offer drive through blood pressure checks. Staff wear gloves and sterilize equipment between screenings. They utilize two blood pressure cuffs so that they can be rotated between uses, which allows more time to dry and properly sterilize.
- Shared that Lynnwood is conducting drive through glucose testing for the community.
- United Way shared that due to COVID concerns, Health Check events were cancelled. They welcome any feedback & recommendations supporting abilities to safely resume the events.
- Head Start has attempted to hold health fairs for students & families. Concerns persist for indoor events, so the focus shifted toward the feasibility of outdoor health events.
- YMCA in Toledo is piloting a health screening model where individuals schedule an appointment for screenings. The appointments are 1:1, allow for contact tracing, and sterilization after the session is completed before the next screening takes place.

### **Quality of Life for Older Adults**

#### *Region 2 Area Agency on Aging – Martha York provided the following update(s):*

- Has the following online workshops available:
  - Confident Dementia Caregiving 11/10, 17, 24 from 2-3 pm
  - Confident Dementia Caregiving 12/01, 08, 15 from 10-11:30 am
    - Respite care can be provided for caregivers if they would like to attend.
  - Diabetes PATH program is trialing an initiative to loan out tablets to older adults to support their participation in workshops/events.
  - Collaborating with Family Medical Center to offer Diabetes PATH via conference call format next week.

#### *United Way of Monroe & Lenawee Counties - Laura Pipis provided the following update(s):*

- Hunger Free Lenawee is supporting a collaborative effort to develop a monthly calendar of food access resources in the community. This resource can be found on the [LENC Facebook page](#).

*Lenawee Community Mental Health Authority – Madeline DeMarco provided the following update(s):*

- Hunger Free Lenawee has a flyer with resources to support and encourage pantries to conduct virtual food drives. Madeline will forward the flyer to Frank Nagle to be shared in the LHN follow-up email for member/participant access.

*Department on Aging – Cari Rebottaro provided the following update(s):*

- Curbside services continue at 6 of the local senior centers. Centers remain closed but residents can contact their local senior center to inquire what services may be available. Individuals must call to register because senior centers are not open to the public.

*Hospice of Lenawee - Kara Dominique provided the following update(s):*

- Drive through blood pressure screenings continue with senior centers.
  - o Tecumseh Senior Center – 2<sup>nd</sup> Tuesday of the month from 11-Noon pm
  - o Adrian Senior Center – 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the month from 11:30 – 12:30 pm
  - o Morenci Senior Center – 3<sup>rd</sup> Monday of the month from 11-12pm
  - o Blissfield Senior Center – 10/21/2020 from 11-12 pm

*ProMedica Charles and Virginia Hickman Hospital – Frank Nagle provided the following update(s):*

- MDHHS has announced the GetSetUp program, which contains over 150 small group classes for free. The classes are “designed to keep your mind active, allow you to engage with others, increase your ability to live independently and learn new things.”
- This platform aims to orient older adults in utilizing technology and the platform to participate in small group sessions.
- Individuals can call 1-888-559-1614 or can visit the following link -> <https://www.getsetup.io/details/new-member-orientation/4QqZxThah>

## **Reducing Substance/Opioid Use**

*ProMedica Charles and Virginia Hickman Hospital - Frank Nagle provided the following update(s):*

- HRSA RCORP Planning grant closes 11/30/2020. No other deliverables are due for this project.
- HRSA RCORP Implementation grant is in progress. Project coordinators are supporting each component’ activities and alignment of budgeted funds toward community initiatives:
  - o Prevention – Madeline DeMarco
  - o Treatment – Theresa Rupley
  - o Recovery – Kellie Niese
- The Great American Smokeout from the American Cancer Society occurs on the third Thursday of November to encourage individuals to “start your journey toward a smoke free life”. Please share this resource and encourage residents to participate in this event toward living smoke-free.
  - o <https://www.cancer.org/healthy/stay-away-from-tobacco/great-american-smokeout.html>

*Lenawee Community Mental Health Authority – Madeline DeMarco provided the following update(s):*

- The Lenawee Substance Abuse Prevention Coalition is interested in topics to share on their Facebook page. If you have recommendations on messages we can share with the community, please forward them to Madeline DeMarco - [MDeMarco@LCMHA.org](mailto:MDeMarco@LCMHA.org).

## **Reduce Overweight & Obesity Incidence**

*Michigan State University Extension – Vickie Pfeifer provided the following update(s):*

- MSU-E is starting a 5 part virtual Cooking Class starting on Monday, 11/16/2020. If participants attend all 5 sessions, they will be issued a \$50 gift card for groceries to replicate the meals. Vickie is sending a

flyer to everyone who requested a copy in the chat box. Please share the flyer with anyone interested to register and participate starting on Monday.

- It was shared that Community Action Agency has been very supportive in helping older adults to gain access to computers, WIFI, and technology to afford individuals access to virtual resources.

*ProMedica Charles and Virginia Hickman Hospital – Frank Nagle provided the following update(s):*

- November is American Diabetes Month with the American Diabetes Association. This year, the campaign is titled “We Stand Greater Than”. Please visit the following link to share materials or resources to encourage individuals to engage in healthier behaviors.
  - o <https://www.diabetes.org/countmeinada>

## **Emerging Issues**

*United Way of Monroe & Lenawee Counties – Laura Pips provided the following update(s):*

- The 21-Day Challenge had 600 participants. Due to the success and engagement, another cycle of the program will be offered in February 2021.

*Head Start, Adrian Public Schools – Haley Buckmaster provided the following update(s):*

- The Head Start Health Advisory Committee’s next meeting is scheduled for November 20, 2020 at Noon pm. Haley encourages anyone or any agency interested in participating to contact her for the meeting link and details.

*Habitat for Humanity – De’Angelo Boone provided the following update(s):*

- Holding an event called Pitch in to Pitch the Junk. This event is securing two 30-yard dumpsters to dispose of garbage or debris in the surrounding area. Agencies interested in donating or supporting the cause can contact Habitat for Humanity directly to discuss details further.

*Lenawee Community Mental Health Authority – Madeline DeMarco provided the following update(s):*

- In 2018, CMH started a community survey following the closure of the inpatient mental health unit. The results of the survey are now available and CMH will be sharing the information with the community into the New Year.

**The LHN’s next meeting is scheduled for December 10, 2020 from 8 – 9 am as a Free Conference Call meeting.**

**Next LHN Leadership meeting is scheduled for November 16, 2020 from 10-11 am. Via Free Conference Call.**

**Respectfully Submitted,**

Frank Nagle  
Manager, Population Health & Community Relations  
Chairperson, Lenawee Health Network  
ProMedica Charles and Virginia Hickman Hospital