

**Lenawee Health Network (LHN)
Full Meeting
Meeting Minutes – April 9, 2020**

Attendees (12):

Name	Agency	Name	Agency
Juliana Moore	<i>Care Pregnancy Center ProMedica Diabetes Edu.</i>	Vickie Pfeifer	<i>Michigan State University Extension</i>
Sue Lewis	<i>Catholic Charities</i>	Frank Nagle	<i>ProMedica Bixby/Herrick Hospitals</i>
Cynthia Heady	<i>Lenawee Community Foundation</i>	Martha York	<i>Region 2 Area Agency on Aging</i>
Cari Rebottaro	<i>Lenawee Department on Aging</i>	Laura Schultz Pipis	<i>United Way of Monroe/Lenawee</i>
Laura Covey	<i>Thome PACE</i>	Brian Elliot	<i>DisAbility Connections</i>
De'Angelo Boone	<i>All About Adrian and Habitat for Humanity</i>	Beth Deakins	<i>YMCA of Lenawee County</i>

Frank Nagle called the meeting to order at 8:03 a.m. and began with introductions.

Agenda Review – No additions requested to the agenda

Minutes Review – Motion by Beth Deakins, Support by Sue Lewis, with unanimous support.

LHN Leadership Updates:

PLEASE NOTE – all updates are subject to change in accordance with federal, state, local guidance/restrictions in response to COVID-19/Coronavirus. Due to the rapid changing nature of circumstances, please contact agencies directly to inquire the status of events, functions, and operations.

Collective Impact Core

- CIC held a Zoom meeting in April. Updates from CIC Groups can be found at the Google Drive Link. Please review these updates as you would meeting minutes. -> [CIC Google Drive](#).

Building a Trauma Informed Community

- Community Mental Health is hosting Coping with Stress and Anxiety groups to the public to assist with mental health symptoms. Groups are led by a Master's Degree Clinician and are free for anyone to join. Zoom links can be found at the following link -> <https://www.lcmha.org/>
 - o Available Monday through Friday from 10 AM and 2 PM until April 30, 2020.

2020 Census

- o The 2020 Census officially opened, March 12, 2020 and has been extended to August 14, 2020.
- o Residents can respond online, mail, or by phone (884-330-2020).
- o Many agencies have included a question in their intake/screening to inquire if residents have completed the Census. Please consider if it is feasible for your agency to ask residents and to direct them to the Census link.
- o To complete the 2020 Census electronically, please visit -> https://2020census.gov/?cid=20003:2020%20census:sem.ga:p:dm:en:&utm_source=sem.ga&utm_medium=p&utm_campaign=dm:en&utm_content=20003&utm_term=2020%20census

Quality of Life for Older Adults:

Department on Aging is focusing on programming that provides meals delivered to the home and curbside pickup. The demand for home delivered meals is growing and will continue to grow. Currently, six Senior Centers are offering curbside meals, which functions by the resident pulling up to the location to “see a familiar face and to receive a hot noon time meal”.

- Also offering puzzles and other activities to provide cognitive stimulation for older adults.
- Conducting well checks with older adults to inquire if they are in need of resource and to have conversation with individuals so that they feel less isolated.
- The Caregiver Conference has been cancelled but resources are reallocated to provide support to caregivers that are confined to the home. If someone is in need of this meeting, please reach out to the Department on Aging.

Region 2 Area Agency on Aging’s offices are operational. Their agency has been identified by the state to receive volunteers and meal requests.

- Region 2 AAA launched the Friendly Reassurance program. This program utilizes staff and volunteers to conduct outreach to older adults on a weekly basis. The purpose is to reduce social isolation older adults are experiencing and to evaluate the person’s emotional well-being status and resources needed.
- If people are in need of resources they can call 517-592-1974

Thome PACE is continuing to take referrals. Home care staff are going into the homes of priority locations to check in on the well-being of residents. Further, well check phone calls are being conducted to evaluate well-being and resources needed.

- Was awarded a grant to receive 28 iPads to conduct Telehealth and to provide mental health support. More details to come.

YMCA of Lenawee is conducting well calls with older adult members and to connect to needed resources.

Opioid Addiction and Abuse:

HRSA RCORP Planning – Lenawee Opioid Response Project

- Sustainability planning sessions are scheduled to resume in May at the LSAPC meeting. It is unknown the format of the meeting at this point but current circumstances lean toward a Zoom meeting facilitated by Strategic Innovations Solutions LLC.
- HRSA is communicating that a project extension is likely for all HRSA grantees due to the COVID-19 outbreak. More updates are coming in April to confirm final details.

HRSA RCORP Implementation Grant NOFO

- LHN Leadership and LSAPC Executive Committee have started meeting and developing the grant application for the HRSA RCORP Implementation Grant. If your agency is interested in supporting the completion of the grant application, please email Frank Nagle -> Frank.Nagle@ProMedica.org.

April Drug Take Back Day

- The Drug Take Back Day scheduled for April 25, 2020 is cancelled due to the COVID-19 outbreak. Please share with your agency, consumers, and coalitions.

Overweight and Obesity Incidence:

MDHHS 4x4 SPAN – Physical Activity Grant

- This grant project has a technical assistance call with MDHHS on April 14, 2020 to understand how projects are proceeding across the state. Current information indicates projects will be paused on

implementing projects due to COVID-19 but that communities can utilize funds to support education of safe and appropriate physical activity.

Physical Activity

- Connecting Lenawee Task Force is scheduled to resume meetings via Zoom format on April 16, 2020.
- Opportunity exists for LHN to connect with the community and to organize safe physical activity in accordance with COVID-19 guidelines/restrictions.

Food Access

- Habitat for Humanity has developed a housing food pantry. This resource is available for the residents in the City of Adrian and are eligible to have food delivered via a mobile device application.
- Brian Elliot shares that Michigan WIC announced expanded food guide choices during COVID-19. Please find the resource at the following link ->
https://www.michigan.gov/documents/mdhhs/Phase_I_Food_Choice_Expansion_During_Covid_684982_7.pdf?fbclid=IwAR1RleNhCQjSWWN3i_4QCiiFpFQUx6DKIVLiltFuqniY2zsxAw47Sd8ihJU
- Frank Nagle reports that the Veggie Mobile is operational in alignment with our scheduled route. People can check Facebook or WLEN for status updates, as circumstances change almost daily.
 - o ProMedica Bixby Hospital is moving forward with a Michigan Health Endowment Fund grant application and is asking for LHN member support to collaborate. The focus is expanding nutrition and physical activity education in the community and at ProMedica Farms.
 - o Components of the proposed project include: Food Access/Availability, Gardening (Intergenerational), Evidence-Based Education/Workshops, and Social Determinants of Health. If interested in collaborating on this project, please contact Frank.Nagle@ProMedica.org.

Events/Health Screenings

- United Way of Monroe and Lenawee reports that the April Health Check Event is cancelled.
- Opportunity exists for the LHN to disseminate educational resources about self-monitoring chronic conditions during the COVID-19 outbreak.

Evidence-Based Programming

- MSU-Extension has established online nutrition education series. Link to register ->
<https://events.anr.msu.edu/npavirtual/>

Emerging Issues:

- Need for the community to structure Substance Use Disorder groups with telehealth functionalities so that individuals experiencing Substance Use Disorder (SUD) or Opioid Use Disorder (OUD) are supported and do not feel alone.
- Please send any changes to your agency/organization's operations due to COVID-19 to the 2-1-1 so that our community has an updated resource listing of what is available in Lenawee County.

The LHN's next meeting is scheduled for May 14, 2020 as a Free Conference Call Meeting. Meeting details, links, and call-in information will be sent on Monday May 11, 2020.

Next LHN Leadership meeting is scheduled for April 13, 2020.

Respectfully Submitted,

Frank Nagle
Manager Population Health

LHN Chairperson
ProMedica Bixby Hospital and Herrick Hospitals