

Lenawee Health Network (LHN)
Full Meeting
Meeting Minutes – January 09, 2020

Attendees (20): Juliana Moore, Sue Lewis, Chris Rising, Angela Johnson, John Haught, Cynthia Heady, Martha Hall, Brian Jones, Vickie Pfeifer, David Maxwell, Lisa Eddy, Robert Love, De'Angelo Boone, Frank Nagle, Stacey Tilton, Martha York, Connie Carroll, Brian Elliot, Laura Covey, Kara Dominique.

Frank Nagle called the meeting to order at 8:05 a.m. and began with introductions.

Agenda Review – request to add 2020 Census as standing agenda item. Unanimous support approved addition to January and future agendas.

Minutes Review – Motion by SL, Support by DM, with unanimous support.

LHN Leadership Updates:

2019 LHN Annual Data Reporting

- LHN Leadership asks for you and your agency to review the LHN data dashboard and to consider sharing data towards the collective strategies. If you have program or agency annual reports that display your outcomes, please feel free to share them with Frank and the contributing data can be included to the LHN 2019 data collection/progress reports. LHN Google Drive -> [Network Data](#) folder.

Collective Impact Core

- The CIC meeting for January is cancelled due to schedule conflicts. Previous updates can be found on the [CIC Google Drive](#). (please click hyperlink).

Building a Trauma Informed Community

- o LHN meetings will continue to integrate information about the intersection of trauma's effects on health outcomes. LHN will continue to collaborate with the CIC to identify mutually reinforced strategies that address trauma, Adverse Childhood Experiences (ACEs) and health improvement.
 - Region 2 Area Agency on Aging is conducting a trauma/ACEs training for their staff in May to enhance understanding of becoming trauma informed.
 - Region 2 Area Agency on Aging shared the website -> <https://nonprofnetwork.org>. This website contains resources for non-profit organizations, which also include ACEs trainings, Cross-Cultural Conversations, Bridges out of Poverty, and much more.
- Frank will contact Clint Brugger and Jackie Bradley to inquire if ACEs trainings are scheduled in Lenawee for 2020.

2020 Census

- o Frank will reach out to Clint to ask when the next 2020 Census committee meeting is taking place. LHN participants are encouraged to support the Census initiatives so that the community can capture as much data as possible. To learn more about the Census and the implications associated with lower response rates, please visit the LHN Google Drive -> [2020 Census Folder](#).
- o Participants asked about the 2020 Census communication plan to Lenawee residents. Meeting feedback supported that materials need to be simple, potentially with bullet points specific to the topics and points that the target audience will value most.
 - Participants asked if post-cards or promotional/education materials are in the communication plan to disseminate to the public.

Quality of Life for Older Adults:

Intergenerational Programming

- Participants expressed interest in contributing to a collaborative model to bring gardening, cooking demonstrations, food access, community gardens, literacy, and social connectivity through intergenerational programming. A meeting will be scheduled for the end of January or early February depending on availability.
 - o Participants expressed interest in caregiver organization/agency participation in the development of this model. A list will be compiled and invitations will be extended.

Opioid Addiction and Abuse:

HRSA RCORP – Lenawee Opioid Response Project

- The grant team leading initiatives with the Lenawee Substance Abuse Prevention Coalition (LSAPC) and LHN has received a first draft of the comprehensive strategic plan. Frank Nagle is now updating the draft based on feedback from an initial review to include verbiage of the LSAPC and LHN mutually reinforced strategy to reduce opioid addiction and abuse. A final draft will be available by January 15, 2020.
 - o HRSA feedback is to include strategy of participating in and utilizing local/state/federal resources (education/networking/training/webinars) to support/guide the development and implementation of our comprehensive plan in Lenawee.
- Sustainability planning sessions begin at the LSAPC meeting in February with Strategic Innovations Group LLC. Rhonda Ramsey Molina and Sherry Gibson will lead our community through 4 sessions to identify what initiatives are current, how can we align efforts/resources, how we can secure resources, and come together to implement the strategic plan. Grant funding is a secondary option to sustainability planning that accelerates our abilities to implement but is not the primary driver.
- HRSA has developed a Technical Assistance Resource Portal website that includes training/education/webinar opportunities for anyone to participate. [RCORP-TA Resource Portal](https://www.rcorp-ta.org/).
<https://www.rcorp-ta.org/>

Overweight and Obesity Incidence:

MDHHS/MDOT – TAP Grants

- Representation from City of Adrian, Lenawee County Health Department, ProMedica Bixby Hospital, Lenawee Health Network, Kiwanis Club of Adrian, and Lenawee Department of Health and Human Services attended a meeting with MDHHS and MDOT to review a non-motorized/activity friendly vision in Lenawee. At this meeting, our local team learned that MDOT is looking to do a demonstration project that leads to or makes regional connections for scaled impact across the state. The team also learned about grant match requirements. Additional planning is needed before drafting an application for the grant.
- The Lenawee team met on January 3, 2020 to debrief from the meeting and to develop action steps for ongoing development supporting future application for TAP funds that accelerate the implementation of high-impact projects.

County Non-Motorized/Activity Friendly Plans

- Lenawee County has officially adopted the Lenawee County Non-Motorized Plan and the Adrian Area Non-Motorized Transportation Plan for the Kiwanis Trail and Surrounding Areas has officially been adopted into the county's plan.
- Local teams are pursuing both plans to become adopted as part of the Region 2 Planning Commission plans.

MDHHS 4x4 SPAN – Physical Activity Grant

- The MDHHS grant through the Lenawee County Health Department officially started 01/01/2020. A kick-off webinar is scheduled for the end of January. Following, monthly local meetings will be scheduled to identify needed projects, to develop a proposal, and to gain consensus/support from the

Kiwanis Trail Authority to move forward in accordance with the long-term vision outlined in the county's non-motorized plans.

Diabetes PATH

- Region 2 Area Agency on Aging (AAA) and Family Medical Center continue their collaboration to offer Diabetes PATH workshops. The 6-week program is scheduled on Tuesdays from 9 am to Noon. For more information, please call Region 2 AAA or Family Medical Center.
 - o Family Medical Center has added a certified Diabetes Educator during the days on Wednesday to support the program and diabetes self-monitoring education.

Health Checks

- United Way of Monroe and Lenawee Counties is hosting a Health Check on April 23, 2020 at the United Methodist Church on Maple Avenue. For more information, please contact the United Way of Monroe and Lenawee.

Emerging Issues:

All About Adrian

- De'Angelo Boone shared the next All About Adrian group meeting is scheduled for Sunday January 12, 2020 at 2 pm. The meeting location is at the City Chamber building – (159 E. Maumee Street) and anyone is welcome to attend.

2019 LHN Participant/Member Survey

- The evolution of the LHN is driven by constructive feedback from the community. As a result, LHN Leadership is asking you to provide your feedback by completing the survey. The 14-question survey takes between 5-10 minutes.
- LHN Leadership team reviews the **anonymous** results and considers strategic ways to improve/enhance our meetings. Our intent is for your agency to find meetings valuable, constructive, and impactful in our collaborative efforts to improve the health of the community.
- To take the survey, please click the following hyperlink -> [2019 LHN Participant/Member Survey](#)

The LHN's next meeting will take place on February 13, 2020 from 8 am until 9 am located at the Merillat Center of ProMedica Bixby Hospital.

Respectfully Submitted,

Frank Nagle
Manager Population Health
LHN Chairperson
ProMedica Bixby Hospital and Herrick Hospitals