
Frank Nagle called the meeting to order at 8:05 a.m. and began with introductions.

Minutes Review – February meeting minutes were revised to correct the United Way’s Health Check. The event takes place on April 11, 2019. With the suggested revision, minutes were approved.

Strategic Plans / County Goals:
- **2018 LHN Annual Survey** – Eighteen LHN members completed the annual survey. Results found:
  - 4.18/5 average rating of member experience in the LHN
  - 3.76/5 average rating of round table discussions
  - 3.88/5 average rating of progress and outcomes
  - 3.94/5 average rating of LHN Google Drive functionality
  - Majority of members reported accessing the Drive 1-3 times per month
  - 17/18 reported they will continue as a member in 2019

- **LHN Membership Packet** – The final LHN Membership Packet can be found on the LHN Google Drive’s main page. As members, please feel free to download and print a copy for your organization and to share with other organizations if they express interest in understanding collective impact/LHN. If you would like a color copy printed, please contact frank.nagle@promedica.org.

- **Collective Impact Core Updates** – Process for providing updates at CIC meetings is under review. Considerations include modifying the methodology and template to get updates regularly and so that they can be shared with the community.

Round Table Discussion:
Attendees participated in a round table discussion focused on the LHN Goal to improve the quality of life of older adults in Lenawee County. Discussions included topics of reducing the stigma of ageism, reducing social isolation, linkages to / communication of existing resources, and meaningful collaborations to accomplish any of the three.

- **Opportunities for Collaboration:**
  - **Evidence-Based Programs**
    - Region 2 Area Agency on Aging has the Aging Mastery program. Workshops to be offered Lenawee starting in April.
      - Participants must meet program eligibility criteria. Please refer individuals to R2 AAA.
  - **Volunteering**
    - Lenawee Community Foundation volunteering platform. Connecting older adults to opportunities within the community.
      - Frank will reach out to LCF to discuss the volunteer platform and opportunities for targeted dissemination to reach older adults.
    - ProMedica Farms Peer Support Groups providing opportunity for older adults to be engaged in various capacities on the new hospital campus.
  - **Health Screenings/Education**
    - Department on Aging provides opportunities for older adults reducing social isolation and focused on health improvement (physical activity, healthy eating, etc.)
    - Adrian Chamber of Commerce – Senior Lifestyle Expo.
Martha York is willing to provide the presentation on Ageism to any organizations that are interested.

Family Medical Center launching a walk-in clinic from 10:00 am – 1:30 pm on Friday’s for minor or soft injuries. Continuing each Friday.
- Offering U of M Psychiatry Transform Program. Includes 4 – 30 minute sessions.
- March Spirit program with patients identified with chronic psychiatric needs and meeting other eligibility criteria.

United Way of Monroe and Lenawee offering Health Checks. They have coupons to provide those who may face financial strain with a complementary blood panel testing. All ages are welcome and the Health Department is providing follow up with all individuals who receive a screening.

Reaching the business community to provide education and awareness for individuals that are nearing retirement.

Reaching primary care offices with materials to disseminate in waiting rooms. To identify opportunities for information to be shared with older adults facing social isolation or other social determinants of health.

Conducting targeted outreach with messaging to grocery stores/churches/libraries/AARP or other groups serving older adult populations.

- Other:
  - Community Action Agency – WIC changed the ruling for emergency formula recently. WIC is no longer able to provide emergency need for formula because of the changes made. This is going to have significant implications on the community.
  - Care Pregnancy Center – having meetings about the changes to emergency formula dissemination. Currently, CPC receives formula through donations and is able to provide based on their inventory of donations.
  - Explore collaborations with the Food Bank and Hunger Free Leanwee.

The LHN’s next meeting will take place on April 11, 2019 from 8 am until 9 am located at the Merillat Center of ProMedica Bixby Hospital.

From 9 am until 9:30 am, a brief tutorial of accessing and utilizing the LHN Google Drive will be offered to members. Please bring your laptop or preferred electronic device to walk through the functionalities of the LHN Google Drive.

Respectfully Submitted,

Frank Nagle
Manager Population Health
LHN Chairperson
ProMedica Bixby Hospital and Herrick Hospitals