Lenawee Health Network
Full Meeting
Meeting Minutes – December 14, 2017

Attendees: Sue Lewis, Tamara Gilbert, Laura Schultz Pipis, Angie Johnson, Kay Ross, Martha Hall, Cari Rebottaro, Jaclyn Bradley, Brian Jones, Vicki Pfeifer, David Maxwell, Frank Nagle, Sharon Spanbauer, Tara Dumas, Tom MacNaughton, Tammy Sheldon.

Frank Nagle called the meeting to order at 8:03 a.m. and began with introductions.

Minutes Review- December minutes reviewed and approved.

Overview:
- The LHN’s mission, purpose and expectation were reviewed with members in attendance.
- **2017 Community Health Assessment Update:** (Frank Nagle)
  - Hospital Council of Northwest Ohio is scheduling a meeting with LHN Leadership to review a draft of the 2017 CHA. The final draft of the document will be available in the spring of 2018.

- **LHN Dropbox:**
  - Due to feedback from LHN members and Leadership, a Dropbox has been developed to help the Network to better coordinate and accomplish our goals outlined in our three-year strategic plans. The Dropbox was presented to members on a projector screen to review the functionality and structure.
  - Folders/categories within the Dropbox currently include About LHN, CHA, Collaboration, LHN Action Plans, Monthly Meetings, Network Data, and Network Evaluation. This resource will continue to adapt over time to meet the needs of LHN members.
  - Cari Rebottaro – Dropbox has a restriction on the amount of memory that can be utilized in the free edition. When the Dropbox memory is full, the documents will fail to upload.
    - As a result, Google Drive will be considered in place of Dropbox if more memory is provided for LHN documentation.

- **2017 LHN Update:**
  - A Power Point presentation was shown to members for progress the Health Network has made on accomplishing goals within 2015 – 2017 strategic plans. This power point will be uploaded to the Lenawee Health Network Drive for members to review.
  - If you have data or accomplishments related to the LHN Strategic Plans, please forward it to Frank Nagle for the LHN Leadership to review. Our Network can do a better job of capturing the collaborations and successes by sharing this information with the Collective Core and the Community.

Strategic Action Plans:

- **LHN Strategic Planning:**
  - LHN Leadership will review the 2017 Community Health Assessment Data to identify gaps, priorities and action plans to meet the needs of Lenawee residents.
  - Lifestyle Choices- The action plans developed within the One Lenawee Strategic Visioning process will be part of the LHN’s strategic plans going forward. The Strategic Visioning process was led by One Lenawee and facilitated by MSU-Extension. The three overall goals include:
    - Improve the quality of life for seniors
    - Reduce the incidence of overweight and obesity
    - Reduce the opioid addiction and abuse in Lenawee County
  - The LHN reviewed the Lifestyle Choices action plans. The plans have been uploaded to the Lenawee Health Network Drive.
Network Collaboration:

- **Grants:**
  - YMCA has submitted an application for the AMA grant focused on Diabetes Prevention. The grant application includes collaborations with the Inter-Connections Drop In Center and Region 2 Area Agency on Aging. An update on the status of this grant will be provided to the LHN once AMA announces the agencies awarded the funding opportunity.

- **Region 2 Area Agency on Aging:** (Martha York) – SAMSA will be hosting a webinar titled “Substance Abuse Among Older Adults: An Emerging Public Health Crisis”. The webinar focuses on high-risk alcohol and opioid use among adults ages 55 and older. More details on this webinar opportunity are found in Attachment #2 of the agenda packet. Registration closes for the webinar on January 18, 2018. To register please follow the link: 
  - The webinar will take place on January 23, 2018 from 2:30 pm until 3:30 pm.

Data and Evaluation:

- The 2017 Lenawee Health Network’s updated data dashboard was presented to members. Data fields are missing. If your agency is an LHN member and has data to support completion of our data dashboard, please send to Frank Nagle.
- Data on Red Barrel collection sites could potentially be provided by the Sherriff’s office to contribute.

Open Floor Discussion:

- **Lenawee Department on Aging:** (Cari Rebottaro) - The Adrian Chamber of Commerce holds a Senior Lifestyle Expo each year. LHN Members could support this event due to its connectivity to the LHN goal related to the health and wellness of Lenawee Seniors and Junior Seniors. Members with resources related to health screenings, nutrition, physical activity and or emotional health and well-being could help support the event. This typically takes place in August and could be an area of collaboration for the LHN and the community.

- **WIC:** (Tamara Gilbert) - In March there will be an event called Celebrating Lenawee’s Children. Located at the Adrian Mall from 10 am until 2 pm on Saturday, March 11 2018. For more information please visit the Lenawee Great Start website: [http://lenaweegreatstart.org/news-and-events/news/2017-03-07/celebrating-lenawees-children](http://lenaweegreatstart.org/news-and-events/news/2017-03-07/celebrating-lenawees-children)

- **YMCA of Lenawee:** (Tara Dumas) - Table tents at future meeting would be beneficial for members to see each person’s name and or the agency that they are representing at the meeting. The YMCA also has worked with Family Medical Center for screening adults for prediabetes. If identified diagnosed or at risk for prediabetes, the individual can be referred to the Diabetes Prevention Program as a support option. This may be an area of collaboration for events or agencies.

- **Siena Heights University:** (Sharon Spanbauer) – Adrian Dominican Sisters have a permaculture site that grows produce. The group is looking to continue development of this site. There could be opportunity for collaboration on education and accessibility of fresh produce in Lenawee County.

- **MSU-Extension:** (Vicki Pfeifer) - Cooking Matters is a 6 week program that utilizes evidence based curriculum. Each class takes about two hours and has a volunteer chef to provide professional expertise. The curriculum also includes components of physical activity. Participants leave the session with groceries so that they can apply what they learned in class, back at home. If your agencies is interested in referring individuals to the program, please contact Vicki Pfeifer at MSU-Extension.
- **Lenawee Health Department**: (Martha Hall) – An Opioid brainstorming session took place on Tuesday with the Opioid Task Force. Leadership for the subgroups within the Opioid Task Force is currently being evaluated. Letters will be sent within the next thirty days. The first meeting will take place in the next 60 days.

- **Family Counseling & Children’s Services**: (Laura Schultz Pipis) – Everyday Hero’s nominations are due next Friday. January is Human Trafficking month. Next Wednesday at 6:30 pm a film about Human Trafficking will be played. The Task Force will meet on January 23 starting at 12:30 pm located in the Weber Center.

**Please send Frank Nagle flyers/brochures on community events or agency updates to be shared with LHN members**

Next Full LHN Meeting February 8, 2018 at 8:00 a.m. in the Merillat Center on the ground floor at ProMedica Bixby Hospital.

Meeting adjourned at 9:30 am.

Respectfully Submitted,
Frank Nagle
Project Coordinator
ProMedica Bixby Hospital