

Lenawee Health Network

Full Team Meeting

Meeting Minutes – November 9, 2017

Attendees:

Sue Lewis, Tamara Gilbert, Chuck Tozer, Kay Ross, Cynthia Heady, Martha Hall, Cari Rebottaro, Brian Jones, David Maxwell, Matha York, Sharon Spanbauer, Tom McNaughton, Carmon Yelowhon, Stacey Tilton, Rachel Werdo, and April Demers.

Call to Order:

Sue Lewis called the meeting to order at 8:00 AM and asked for introductions.

Minutes:

October 12, 2017 (EHWB) and October 12, 2017 (HNPA) – reviewed and approved.

Overview/ Grants:

Community Health Assessment (Sue Lewis)

- The Community Health Assessment is underway, with surveys sent to 3,000 randomly selected individuals last month. Frank will provide an update on the response rate at the next meeting.

Opportunities for Collaboration /Updates:

- The group reviewed a grant opportunity from the American Medical Association Foundation to support innovative programs targeting the prevention and reduction of type 2 diabetes and hypertension. The grant provides \$60,000 and is renewable for up to three years. Kay Ross and Tom McNaughton will form a workgroup to explore possible proposals involving the YMCA and Interconnections Drop In Center.
- The Data Summary for the Lenawee Health Network was reviewed. Members were encouraged to obtain current data for the report to update and missing information from 2015/16 and provide any available data for 2017.
- Member Updates:
 - Carmon (Disability Connection) reported that there was a Parkinson's Support fundraiser event in Jackson that evening. Disability Connection provides services to individuals with disabilities from birth until death. Currently they are working on their nursing facility transition program, providing support with housing, home modifications and many other needs.
 - Chuck (Family Medical Center) reported that FMC has added Dr. John Kelly was a full time family practice physician.
 - The WIC program is working to expand their outreach to serve more mothers by working with pediatricians to make referrals and working with the Great Start initiative. Statistics regarding WIC were distributed:
 - 52.9% of babies born in Michigan enroll in WIC
 - 88% of WIC families live below 150% of poverty
 - 32.4% of pregnant mothers enroll in WIC in their first trimester
 - WIC families redeem 77% of their fresh fruits and vegetable benefits
 - 9.8% of infants are born at low birth weight
 - 58.2% of WIC mothers are overweight or obese pre-conception

- 9,291 clients are served by WIC
 - 66.2% of infants are breastfed
- Brian (LISD) reported that Clinton and Hudson schools districts have completed the MiPHY survey and Sand Creek is next up.
- Cynthia (Community Foundation) reported that they are sponsoring a free training for the community on “Building a Trauma Informed Community.” This training comes highly recommended and will be December 7th from 9 AM to Noon at St Joseph Catholic Church. Interested individuals can contact the Community Foundation to register by 12/1/17.
- Martha Y. (Area Agency on Aging) shared their new Living Well Programs brochure that highlights their many community workshops and community education services that are available.
- Martha H. (Lenawee County Health Department) shared that the health department offers flu shots, can bill insurance for it, and offers an “adult clinic” on Mondays. Martha also shared that there is a Hepatitis A outbreak in Michigan and residents are encouraged to get vaccinated, especially if they are at-risk (drug users, individuals who are homeless/transient and individuals who are men that have sex with men.) The health department is currently working to get all first responders vaccinated.
- Cari (Department on Aging) reminded the group that it is currently open enrollment time.
- Tom (YMCA) reported that the Y is experiencing changes in staffing with a new director scheduled to begin December 1.
- Dave (One Lenawee) reported that the Connecting Lenawee Grant has resulted in increased signage throughout the County. They have been able to remove all of the log jams in the River Raisin and continue to work on cleaning the river trails. He also shared that a \$300K request to the DNR was submitted to extend the Kiwanis Trail. One Lenawee has completed their strategic planning process and will be presenting it at the Legislative Dinner on November 30th at 5:50 PM at the Human Services Building- dinner reservations for \$20/pp are accepted. (Dave has a flyer that he will forward.)
- Sue (Catholic Charities) shared that there is a presentation/update on DACA scheduled for Sunday November 12th at 1:30 PM at the St. Mary’s Activity Center.
- April (LCMHA) shared that ProMedica, Family Medical Center, LCMHA and Community Action Agency are working on a HRSA grant proposal to support increasing medication assisted treatment for addiction options for Lenawee County. The grant targets rural communities and provides \$200K/year for up to three years. The proposal will address providing an integrated health care approach for individuals suffering from addiction, and will also address the transportation barrier.
- Dave (One Lenawee) suggested that LHN consider developing a transportation proposal to the Community Foundation. This discussion will be added to the next agenda.

Solution Team:

April (LCMHA) shared highlights from the Lifestyle Choices Strategic Plan, Measurement Plan and first year Action Plan. The overarching goals of the plan are to:

- Improve the quality of life for seniors,
- Reduce the incidence of overweight and obesity, and
- Reduce opioid addiction and abuse in Lenawee County.

The Action plan for the first year focuses on increasing awareness and knowledge about these issues. The following years will focus on changing behaviors and then ultimately seeing the measurable population level changes.

LHN Next Steps:

- The Veggie Mobile schedule has been updated to include more locations/times.
- The 2018 LHN Meeting Schedule was distributed. Please note that the workgroups will merge to meet together beginning at 8:00 AM.

The Meeting was adjourned at 9:05 AM.

Respectfully Submitted:

April Demers

Chief Operating Officer

Lenawee Community Mental Health Authority