

**Lenawee Health Network  
Healthy Nutrition and Physical Activity  
Meeting Minutes – April 13, 2017**

Attendees: Sharon Spanbauer, Jared Claar, Ted Crockett, Cynthia Heady, Tom MacNaughton, Frank Nagle

Jared Claar called the meeting to order at 9:01 a.m. and asked for introductions.

**Minutes- February 9, 2017 reviewed**

**Strategic Initiatives & Actions:**

**- Adrian College Student Presentation**

- Chris with Adrian College presented to the LHN the Lenawee County Health Intelligence and Awareness Facebook page.
  - Chris explained the benefits of having a Facebook page and the promotion/reach that the LHN could have through Facebook.
  - There is potential for this page to transition to a Facebook page for the Lenawee Health Network. This would allow the LHN to share current updates, events and programs with the community and to utilize Facebook advertising to reach the Lenawee Community.
  - You can follow the page now by searching Lenawee County Health Intelligence & Awareness through your Facebook page.
  - If this page transitioned to the LHN, we can utilize a portion Healthy Lenawee 2020 grant dollars to do community promotion and awareness of the Facebook page.
    - Cynthia Heady from the Lenawee Community Foundation shared their experiences with word of mouth spreading throughout the community sharing information about programs and or events.
    - Sharon Spanbauer from Siena Heights University shared that utilization of the 2-1-1 is beneficial as well when promoting events and programs in the community.

**- Report from the Healthy Lenawee 2020 Grant**

- Frank provided Healthy Lenawee folders, which contained grant fact sheets containing outcomes data collected over the first two years of the grant's implementation and the 2016 Prescription for Health evaluation report. Healthy Lenawee 2020 folders and fact sheets will be distributed at the next LHN full meeting for members to view.
- The Healthy Lenawee team has continued to work with the Adrian Farmers Market on building capacity of the Prescription for Health Program at the Market. A Lenawee Community Foundation grant awarded to the Adrian Farmers Market will allow for the extension of the Prescription for Health Program this market season, which starts Saturday, May 6, 2017 from 10 am – 1 pm.
  - For referral forms or program information please contact Frank Nagle at 517-265-0277 or [frank.nagle@promedica.org](mailto:frank.nagle@promedica.org)
- The Healthy Lenawee Grant is currently submitting work plans and budgets for the fourth and final year of the grant funding. CDC has indicated that they will fully fund the fourth year.

**- Round Table**

- Cynthia Heady from the Lenawee Community Foundation was introduced. She is now the Community Wellness Coach working a portion of her time with the Healthy Lenawee Grant. She also has many responsibilities with Lenawee Community Foundation like event planning/coordination and grant writing.

**Updates & Measures:**

- MiPHY – Jackson vs. Lenawee

- o MiPHY data provided as an attachment in the LHN agendas. The data collected from High School students in areas of Weight and Nutrition as well as Physical Activity.

**Emerging Issues:**

- **Lenawee County Community Health Assessment – Summer 2017**
  - o 2015-16 MiPHY data will likely be submitted for the 2017 Community Health Assessment.

Meeting **adjourned at 9:55 am.**

Next Full LHN Meeting is **May 11, 2017** at 8 AM in the Merillat Center on the ground floor at ProMedica Bixby Hospital

Next Solution Team meeting is **June 8, 2017**. 8 AM – 9AM EHWP and 9 AM – 10 AM HNPA in the Merillat Center on the ground floor of ProMedica Bixby Hospital.

Next Leadership Meeting **TBD**

**Respectfully Submitted,**

**Frank Nagle  
1422 Project Coordinator  
ProMedica Bixby Hospital**