

**Lenawee Health Network
Full Meeting
Meeting Minutes – January 12th, 2017**

Attendees: Sue Lewis, Laura Schultz Pipis, Andrea Aguilar, Tom MacNaughton, Brian Jones, Rachel Doyle, Kay Ross, Martha York, Sharon Spanbauer, Martha Hall Olivia Ehret, Julie Artinian, Jared Claar, Frank Nagle

Jared Claar called the meeting to order at 8:03 a.m.

Minutes- November 10th, 2016 reviewed

- A correction is needed to be made. Change “physician” to “physical”. Frank will make the necessary change and submit the revised minutes to Jared.

Overview/Grants:

- 2017 LHN Meeting Schedule:

- o The LHN confirmed that Thursday mornings work well for those who attended. The group also provided support for not having a December meeting due to schedule conflicts.
- o Jared asked if other agencies would be willing to and interested in hosting a future LHN meeting. If you are interested, please contact Jared Claar.

Measurement:

- Data from the dashboard was reviewed. Data shows an increase in volume of pounds of prescription drugs disposed legally and responsibly due to the Drug Take Back event.
- It was also recognized that Veggie Mobile sales have increased. This was over a 9-10-month period, as the Veggie Mobile was out of operation for about 2 months of the year.
- There were 10 more races in 2016 than there were in 2015, however the total number of participants decreased.
- A large increase in the number of glucose screenings was seen when comparing 2015 to 2016 data.

Solution Team Minutes and Updates:

- Updates:
 - o Sue Lewis provides the following update from Associated Charities:
 - Lenawee County is slated to do a county wide strategic plan. The LHN strategic plan could then be reviewed and possibly modified to fit into the county’s plan.
 - A meeting, open to the public, is being held on January 26th, 2017 @ 7:30 AM and another at 5:30 PM in Rueckert Auditorium in the Dominican Hall at Siena Heights. The meeting will last about an hour
 - If you would like to attend the meeting you must RSVP to Diane Skeels at diane.skeels@oldnational.com or (517) 815-5031
 - o Laura Shultz Pipis provides the following update for Family Counseling and Children’s Services
 - There is still time to nominate an individual who is doing great work in the community for the Everyday Hero Award.
 - The deadline to nominate an individual is 1/20/2017
 - Nominate someone at the link on their website found here- <http://www.fccsoflenawee.org/>
 - o Andrea Aguilar provides the following update for MSU-E
 - A Dining with Diabetes cooking class will be held on March 15th, 2017 at MSU-E in the Demo Kitchen.
 - The class will be every other week for 4 weeks and will include 1 hour of Diabetes education and another hour of cooking demonstration with a Chef.

- Referrals or those interested can contact Andrea at aguila45@anr.msu.edu or (517) 264-5310 for more information
- Martha York provided the following update for Region 2 Area Agency on Aging
 - Evidence based workshops are available from AAA
 - Cancer Path is a Stanford evidence based workshop which helps people to make goals towards achieving a healthier lifestyle.
 - Interested was expressed to explore any options that could exist in offering this workshop with ProMedica.
 - For more information on Cancer Path, please contact Martha York at Martha.York@r2aaa.net
- Kay Ross provided the following update for Community Mental Health and Inter-Connections Drop in Center
 - Planning has begun for the Addiction Summit.
 - The E-Race Stigma 5k will take place May 21st, 2017. This is a walk or run 5k for a great cause.
 - For more information on the E-Race Stigma page please visit their Facebook page at <https://www.facebook.com/Eracethestigma5k/>
 - Or Register for the Race at <https://runsignup.com/Race/MI/Adrian/ERaceStigma5K>
- Martha Hall provided the following update for the Lenawee County Health Department
 - Love Your Lungs poster contest is taking place for 4th – 8th graders.
 - The top poster will be displayed on a billboard in the community. The next two runners up will have their poster displayed as the tray liners that will be on the trays at in the area McDonalds.

Emerging Issues:

- Project Connect will be on Wednesday 1/25/2017 from 10AM – 2PM at the Lenawee County Fair Grounds.
 - For more information, please contact Brittney at (517) 264-0782
- A new Veggie Mobile schedule has been attached to the LHN packets. There has also been a Facebook page created specifically for the Veggie Mobile.

New Opportunities? Major Events?

- The Michigan Harvest Gathering collected 202 pounds total in Lenawee County. Over 44,000 pounds were collected throughout the state of Michigan.
- During break out meetings in February, we will discuss causes the promotion of monthly causes to increase awareness of.
- Frank Nagle played the Healthy Lenawee Grant's Eat Better Live Better nutrition education video
 - <https://www.youtube.com/watch?v=NZLJF81BCU> – this video provides tips on how to make simple changes to your lifestyle to support healthy eating. Tips surround various topics including sodium and sugar reduction as well as reading nutrition labels.
 - The Healthy Lenawee Grant is in it's third of four years. Looking to continue to build programs such as the Diabetes Prevention Program and Prescription for Health. Also interested in increasing physical activity and improving the county's nutritional environment.
 - To discuss collaboration on grant activities or for more information about the Grant's educational videos, please contact Frank Nagle at frank.nagle@promedica.org

Meeting was **adjourned at 9:15 am.**

Next Full meeting is March 9th, 2017 in the Bixby Merillat Center

Next Solution Team Meetings is on February 9th, 2017 in the Bixby Merillat Center

- 8 AM – 9 AM (EHWB) and 9 AM – 10 AM (HNPA)

Next LHN Leadership Meeting is on January 17th, 2017 in Administrative Conference Room #2

Respectfully Submitted,

Frank Nagle
ProMedica Bixby Hospital