

**Lenawee Health Network
Healthy Nutrition and Physical Activity
Meeting Minutes – October 13th, 2016**

Attendees: Jared Claar, Kay Ross, Frank Nagle, Sharon Spanbauer, Carrie Hartley, Dave Maxwell, Tom MacNaughton, Andrea Aguilar, Christy Drugger, Olivia Ehret, Mary Markle

Jared Claar called the meeting to order at 9:05 a.m. and asked for introductions.

Minutes- August 11th, 2016 reviewed

Strategic Initiatives & Actions:

- **Veggie Mobile-** Veggie Mobile now has 2 drivers and will try to expand their route by 1 or possibly 2 locations. ProMedica will be taking on the Veggie Mobile.
 - o The Veggie Mobile operates year round unless weather conditions are too severe. During the winter months, the driver is able to set up inside the building to sell produce.

- **Healthy Lenawee 2020 Grant Update:**
 - o The second grant year has officially ended as of 9/30/2016. The grant team is in the process of completing progress reports for the Michigan Department of Health and Human Services.
 - o Our Grant team has 3 meetings with MDHHS consultants in Lansing during the month of October. We will have many more updates to share with the LHN about what the third grant year will bring and if there are new opportunities.
 - o Many great things were accomplished in year two through community collaboration. Through continued collaboration we can continue to be a leader in the nation on how to improve community health by working together.

- **Other Participant Activity:**
 - o Dave Maxwell shared that the Americore team is cleaning up huge log jams in the River Raisin and is making great progress. They are working in the river currently so that they can clear as many of the log jams before the temperatures drop heading into the winter months. Once temperatures drop the Americore team will be working on cleaning the banks of the river, 10 feet on each side.
 - A community gathering is going to be held on 10/22/2016 for 4 hours. The purpose is to show and tell the community about the clean-up project.
 - Signage is being installed currently with Tecumseh on deck to install signage as well.
 - One of the biggest successes this year was hearing that the Road Commission will support the efforts by installing signage and providing their time to do so, pro-bono.
 - The Kiwanis Trail extension has been “bottle necked” due to easements needing to be signed.
 - Currently the City of Adrian maintains the trail

Measurement:

- **National Diabetes Month** is coming up in November. We are interested in running a Health Network article through the Telegram to let the community know about programs and resources available to the community to help individuals prevent and manage their diabetes or prediabetes.

- **MOU- Contact Sheet** was passed around for the group to review. This allowed agencies to make sure the proper person of contact was listed.

Emerging Issues:

- **MI Health Endowment Fund** is a grant opportunity available and presented to LHN members. Its mission is to “improve the health of Michigan residents, with special emphasis on the health and wellness of children and seniors, while reducing the cost of health care”.
 - o RFP is available for review.
 - Grant size \$25,000 - \$100,000 (organization cannot apply for grant that is larger than 20% of its annual budget)
 - Average grant size anticipated to be \$50,000 - \$75,000
 - Health Fund expects these to be 1 year grants, which may be renewable for up to one additional year.
 - Direct Quote from RFP- “We anticipate a large number of applications this grant cycle. While all will be considered, preference will be given to those that focus on health-related technology enhancements”.
 - o LHN group ideas included possibly looking at telemedicine options in local schools to improve mental or physical health of children in the county.
- **DEADLINES FOR APPLICATION:**
 - o **10/24/2016** – Concept papers due by 5 PM (optional)
 - o **11/7/2016** – Applications due by 5 PM
 - o **March 2017** – Awards announced
 - o **April 2017** – Grants processed and grantees may begin implementation

Meeting was **adjourned at 10:00 am.**

Next meeting is a Full LHN meeting November 10th, 2016 at 8:00 AM in the Merillat Center

Next LHN Leadership Meeting October 31st, 2016 at 2:30 PM in Administrative Conference Room #1, 4th Floor of Bixby Hospital.

Respectfully Submitted,

**Frank Nagle
Project Coordinator
ProMedica Bixby Hospital**