

**Lenawee Health Network
Full Meeting
Meeting Minutes – March 10th, 2016**

22 Attendees: Jenny Cook, Carrie Hartley, Sue Lewis, Burt Fenby, Heidi Spence (for Tamara Gilbert), Laura Schultz Pipis, Julie Helinski, Patty Phillips, Christianna Spears, Cindy Daniels, Mary Markle, Martha Hall, Rachel Doyle, Brian Jones, Dave Maxwell, Anne Barton, Frank Nagle, Ted Crockett, Sue Smith, Jennifer Clark, Michelle Hutchinson, Kathryn Szewczuk,

Anne Barton called the meeting to order at 8:03 AM and asked for introductions.

Minutes- January 14, 2016 reviewed

Overview/Grants:

- **MOU Update-** List has been updated along with sign in sheet. MOU's have been sent to Siena Heights as well as Parks and Recreation
- **Healthy Lenawee 2020 Grant:**
 - o Nutritional Component is looking for community worksites and or key community locations who have concessions, snack bars, vending machines and or cafeterias. The grant assesses the food environment to increase access to foods that meet CDC criteria and Healthy Food Service Guidelines.
 - o Healthy Lenawee 2020 Grant – Steps to a Healthier Workplace video was shown to the group:
<https://www.youtube.com/watch?v=vAzKctzNoLI>
 - o If you know of an interested location, please contact Frank Nagle- 517-265-0277
- **Childhood Obesity Grant:**
 - o ProMedica, YMCA, WIC, MSU-E and Boys and Girls Club are currently looking into the Childhood Obesity grant. Planning meetings are currently happening. There will be one more planning meeting before engaging the Grants department to submit the grant application.
 - o Grant application does not have a deadline.
 - o One of the challenges is that this is a relatively new grant and we do not know how much money is typically awarded.
- **Robert Wood Johnson Grant:**
 - o This grant is looking for a cross-sector community group who will research health issues.
 - o This is an open ended research based grant.
 - o Possibly reaching out to Adrian College and also looking at how we can reach out to schools to work together.
 - o Could possibly build Trauma Risk Research

Measurement:

- Copies of the 2014 Lenawee County Community Health Status Assessment are available upon request. Please let Anne Barton or Frank Nagle know if you would like a copy of the assessment.
- **2015 Data Dashboard-** Additional data is being added pertaining to prescription drugs from the Drug Coalition. Data pertaining to health screenings has been received and will be added to the dashboard as well.
 - o Are there data pieces we want to add to the 2016 LHN Data Dashboard?
 - o Brainstorm ways to collect Trauma Data.
 - o ACE study assessment. The link to the ACE assessment will be sent to Anne Barton.

Building Adult Capabilities in Improving Child Outcomes – A theory of Change:

- This video was viewed to help the group understand the concept of trauma screening and care.
- https://www.youtube.com/watch?v=urU-a_Fs55Y

Solution Team Minutes & Updates

- **Solution Team1: Healthy Nutrition and Physician Activity**
 - Dave Maxwell- Currently working to raise \$11,000 for an engineering plan to extend the trail. There are also discussions in the works about a walking trail between Maple and Winter Street along the river. This would be a walking trail and would cost several hundreds of thousands of dollars to complete.
 - Goal is to make the river more accessible and navigable.
 - ProMedica Advocacy Fund Grant Update:
 - Grant is aimed at addressing fitness and nutrition needs to women and children.
 - Interest is there and meetings have taken place to follow through with the application for the grant. If funding isn't provided there still may be a way to move forward by working together.
- **Solution Team 2: Emotional Health & Well Being**
 - Telemedicine- one of the challenges has been Lenawee County's limited access to Psychiatrists
 - Family Medical Center has a resident who is interested in working with them to do telemedicine in Lenawee County.
 - Community Mental Health is applying for a grant to increase psychiatric assessment to jail inmates through telemedicine. Currently, inmates do not have access to mental health services.
 - This would be at the local jail which has Doctors and Nurses on staff for various health needs.

LHN May Agenda Topics:

- Lazarus Project Strategic Planning will be in the community in May. They will address opiate addiction, will provide education and will assist in strategic planning.
- Planning TBD- Possible details are - location is possibly the Human Services Building and potential times are between 8 AM and 4:30 PM
- This event will require an RSVP, Food is included.
 - Please RSVP to Kathryn Szewczuk or Kerry Rowlings to reserve your spot.

New Opportunities and Emerging Issues:

- The Centre LiveCentred Wellness Fair – March 19th from 10 – 2 PM at the Centre's Merillat Center
 - Healthy Lenawee 2020 Grant attending
 - Veggie Mobile Attending
- E-Race Stigma – May 22nd
- Addiction Summit – May 24th – RSVP required
- Lazarus Project – Strategic Planning – TBD
- Fundraiser – Everyday Heroes – 2016 Nominations
 - Looking for nominations for Medical and Mental Health Professionals who are active in the community.
 - Please complete brochure to make a nomination.

Next meeting is April 14th:

- **8-9 AM – Emotional Health and Wellbeing**
- **9-10 AM – Nutrition and Physical Activity**

Meeting was **adjourned at about 9:30 AM.**

Respectfully Submitted by,

**Frank Nagle
Project Coordinator**