

**Lenawee Health Network  
Full Meeting  
Meeting Minutes – January 14<sup>th</sup>, 2016**

Attendees: Sue Lewis, Tamara Gilbert, Laura Schultz Pipis, Julie Helinski, Martha Hall, Lisa Eack, Mary Markle, Dave Maxwell, Frank Nagle, Sue Smith, Ted Crockett, Patty Phillips, Julie Wetherby, Kathryn Szewczuk

Sue Lewis and Kathryn Szewczuk called the meeting to order at 8:02 a.m. and asked for introductions.

**Minutes- October 8<sup>th</sup> and November 12<sup>th</sup> reviewed**

**Overview/Grants:**

- A reminder to submit your completed MOU to Anne Barton.
- **MOU Listing and Updates**
  - o Attendees provided revisions to MOU listing as well as attendance sheet to Frank Nagle.
- **ProMedica Grant: Attachment D**
  - o Requests for proposals from nonprofit organizations whose programs support the social determinants of health, such as food, clothing and shelter.
  - o Deadline for proposals is January 26<sup>th</sup>, 2016.
  - o Submit proposals through the Toledo Community Foundation's online application process.
- **Healthy Lenawee 2020 Update:** Frank Nagle provided an update on the year two progress.
  - o Implementing nutrition standards at locations with concessions, cafeterias, vending
  - o Walking Club mobile app near completion. Creates walking clubs in each town which you can participate at your convenience.
  - o YMCA's Diabetes Prevention Program- 80 scholarships for Lenawee County priority population. Community can refer people to program. Does not require a physician referral.
  - o Family Medical Center is in the soft launch phase of Project Health- a mobile website with resources to prevent and or manage chronic disease.

**Measurement:**

- Discussion around tracking data related to emotional health/ trauma
  - o Tom MacNaughton provided Frank Nagle with data for the LHN Dashboard related to races in Lenawee County.
  - o What ways can the LHN measure Trauma
    - Educational sessions with agency's staff who interact with children experiencing trauma
    - Suggested- LHN could track the number of educational sessions held for staff
    - Suggested- Pre/post-test knowledge surveys collected.

**Evaluation:**

- **What's in it for me? Accomplishments?**
  - o Attendees provided positive feedback regarding the current structure of LHN meetings.
  - o List of 2016 meeting dates has been compiled in a document.
    - Frank Nagle will send a copy to Rachel Doyle.
  - o Attendees appreciate this group and the networking that happens as a result of meeting.
- **How do you fit in? Losing Participants due to fit?**
  - o Agencies attending may have to choose between this meeting and others which may be a reason for decreased participation.
  - o Healthy Lenawee Grant conversations may not be of interest to some attendees.
    - Grant approach/update going forward could discuss what the grant can offer to those who are attending and benefits in the community.
  - o Some may not see the value yet in participating in the LHN meetings.

- Perhaps taking time at the end for those attending or a select few agencies to discuss updates on services they provide, community resources and idea sharing.
- LHN website and Facebook page could be updated.
  - Last Facebook post was in May of last year.
  - This could show the community and interested agencies the value in participating in the Lenawee Health Network
- Agenda layout/structure may be something to consider from the standpoint of engagement and increased participation.
- Community Foundation has a full resource tool kit for Lenawee County which can be printed off as a PDF document.

**Emerging Issues:**

- Rachel Doyle Lenawee United Way- Hunger Free Lenawee Committee held a networking event/meeting on 1/13/2016 for Food Pantries and community agencies to discuss their work in the community.
  - There are a total of 19 food pantries in Lenawee County and their team is working to provide assistance to all of them. They complete an assessment and then work with the pantry to implement strategies to increase access to healthy and nutritious foods.
- Julie Helinski, Family Medical Center- John Lark is gathering dentists to participate in an educational session regarding drug abuse.
  - Family Medical Center is currently working on a project to provide services which will help people with drug addiction to break their habit through treatment. It includes a once a month injection which blocks the receptors which uptake drugs which are taken. Therapy and counseling are provided to the patient. Treatment may take between 6 months and a year.
- Tamara Gilbert- Community Action Agency- Received Healthy Fit Class Grant. Classes have started and there are three remaining. The classes are open to any parent with a 3 or 4 year old child. Please contact Tamara or the Community Action Agency for more information.

Meeting was **adjourned at 9:19 am.**

**The next meeting will be break-out sessions on February 11<sup>th</sup>, 2016**