

# Lenawee Health Network

## Meeting Minutes – August 13, 2015

Attendees: Sue Lewis, Tamara Gilbert, Julie Helinski, Patsy Bourgeois, Kathryn Szewczuk, Diedre Reed, Tom MacNaughton, Brian Jones, Christine MacNaughton, Rachel Doyle, Andrea Aguilar, Frank Nagle, Sue Smith, Ted Crockett, Sue Smith, Cindy Daniels, Mike Sanborn, Jennifer Clark, Patty Phillips.

Patsy Bourgeois called the meeting to order at 8:10 a.m and asked for introductions.

### Grant Overview:

- **Childhood Obesity:**
  - Preliminary meeting was held to discuss interest in this grant and to see what was available. Online info is limited. More research needs to be completed before moving forward. There is no deadline and no dollar amount. Regroup meeting scheduled for 9/10/2015.
  
- **MDHHS: Health Lenawee 2020:**
  - **Frank Nagle provided update on this grant:**
    - Frank Attended Human Services Committee meeting and presented MI 1422 grant.
    - **Nutrition Education:** Meeting with Bixby, Sodexo to add healthier options at cafeteria; Working with LISD for DVD filming; Filming start date is August 19<sup>th</sup>.
    - **Lifestyle/Environment:** Diana Market – implement a corner store intervention; Walking clubs – Heritage Trail Launch; Non-Motorized plan for Kiwanis trail being finalized, with meeting scheduled for August 20<sup>th</sup> to go through plan; DPP Program: Borchures, Flyers distributed.
    - **Health Systems Intervention:** Engaged community pharmacists to participate in LHN as well as referrals to programs.
    - **Community Clinical Linkages:** Identifying patients with pre-diabetes (CQM's) – PPG and FMC
    - **Rx for Health:** Screening tools developed; identifying physicians interested in referring to program; August 22<sup>nd</sup> group enrollment sessions at Adrian Farmer's Market.
  
- **MOU Reminder:** Just a reminder to turn in your MOU to Anne Barton.
  
- **Measurement:** 2015 measurement tool was presented. The feasibility of collecting data impacted what measures would be reported for 2015. Tom MacNaughton will be the responsible part for the number of walk\runs and participants, not United Way. Suicide Prevention data is hard to gather.
  
- **Solution Team1: Healthy Nutrition and Physician Activity**
  - Diabetes Referral program: Need to get individuals referred to a program: Individuals can take an assessment to see if they qualify. Hand out brochures. Servicing available. Fine tune 211 to make sure individuals know who they can contact and where they need to go. Information available on online website. YMCA can talk to employers about diabetes so to educate their employees.
  - Heritage Park Trail: Trail is being remarked. The un-veil the Trail event is scheduled for September 27<sup>th</sup> from 4:00 – 6:00. Adrian Kiwanis has been working on a plan for accessing bike trail from Tecumseh. This has been ongoing and does require substantial funding.
  
- **Solution Team 2: Emotional Health & Well Being**
  - Healthy Kids coalition info. Behavioral Tele medicine in Coldwater. MYFY data: Collect data on trauma. How trauma\abuse affects cradle to career. Collective impact group meeting with schools to educate teachers regarding abuse. Aces study; Correlates between physician well- being and emotional well-being.

- **Community Needs and Emerging Issues:**

- Health Department conducts focus groups for women ages 40 -64, which educates women on preventive healthcare and on where to get this care. Women are very impressed regarding these services. Spanish speaking women were very happy with these groups.
- WIC will be offered on day week in Hudson by the Department of Health and services (back of the Middle school
- Unveil Heritage Park Trail scheduled for 9/27.
- Assessing food pantries in Lenawee County to make sure content offered is healthy. Offering recipes would also help individuals create healthy meals. Churches also collect food, so we should also assess what foods are being collected at churches.

Meeting was **adjourned at about 9:30 am.**