

**Lenawee Health Network  
Healthy Nutrition and Physical Activity  
Meeting Minutes – February 9<sup>th</sup>, 2017**

Attendees: Jared Claar, Frank Nagle, Martha York, Martha Hall, Ted Crockett

Jared Claar called the meeting to order at 9:06 a.m. and asked for introductions.

**Minutes- October 13<sup>th</sup>, 2016 reviewed**

**Strategic Initiatives & Actions:**

- **Veggie Mobile-**
  - Veggie Mobile is operating with 1 driver again but is going strong.
  - Attendance at Project Connect yielded 2 new customers for the Veggie Mobile.
  - Clinton Arts Center may be a good location to engage for collaboration with VM. They are building a new Center in downtown Clinton and may have similar interests.
  
- **CMH**
  - Third annual, 2017 Addiction Summit will be held on March 28<sup>th</sup> at the Lenawee County Fair Grounds from 8 AM till 4:30 PM.
  - To attend this event please register on CMH's website at the following link:
    - [http://www.lcmha.org/get\\_conftraining.php](http://www.lcmha.org/get_conftraining.php)
  
- **R2 AAA**
  - Training is available for individuals who are interested in becoming a Certified PATH Leader. Certified PATH Leaders are then able to lead evidence based PATH programs such as Diabetes PATH and others.
  - Trainings are located at the R2 AAA offices in Brooklyn, Michigan. To become certified, one must complete all 4 training sessions.
    - If interested, please contact Martha York- [Martha.York@r2aaa.net](mailto:Martha.York@r2aaa.net)
  
- **Healthy Lenawee 2020**
  - Year 4 funding has been awarded to the community. Our team will begin developing work plans and budgets starting February 28<sup>th</sup>. If you have initiatives or similar interests in Worksite Wellness, improving the nutritional environment in Lenawee, increasing physical activity and or in participating in a Diabetes Prevention Program pilot for your worksite, please contact Frank Nagle.
    - [Frank.nagle@promedica.org](mailto:Frank.nagle@promedica.org)
  - Prescription for Health completed its second pilot as of 10/29/2016. 78 adults enrolled in the program and 41 utilized all 7 of their visits to the Adrian Farmers Market. There were a total of 363 visits to the market during the season just from this program alone.
    - Our team is assisting the Adrian Farmers Market in management oversight and sustainability. We are currently looking for anyone interested in collaborating to sustain the program. Last year we had \$4,200 for prescriptions so adults could visit the market 7 times and redeem up to \$6 at each visit for the purchase of ONLY fresh produce. If interested in collaborating, please contact Frank Nagle
      - [Frank.nagle@promedica.org](mailto:Frank.nagle@promedica.org)
  
- **Lenawee Health Department**
  - Since August of 2016, the Health Department continues to screen and test children's lead levels. So far they have identified 2 children with elevated levels from their screening and testing methods. Once identified the children were sent for additional testing.

- In addition to testing, there is some funding, through the state, for landlords and homeowners meeting specific criteria to make improvements/upgrades to the property so that lead exposure will be significantly reduced and or eliminated.

#### **Updates & Measures:**

- **MHP Salud – Rebecca Epstein**
  - MHP Salud is a new member of the LHN and has a bi-lingual Community Health Worker in the community working with pregnant women and infants. Their work encompasses a much larger picture and is aimed to help underserved Latino communities live healthy lives. They have preventative, supportive, training and technical assistance available to the Hispanic and Latino populations.
- **Collective Impact Presentation**
  - February 25<sup>th</sup> from 9 – 10:30 AM following the Adrian Chamber Breakfast there will be a Collective Core Impact Presentation. Attachment 2 contains the slides that will be presented. The group reviewed and approved the slides.

#### **Emerging Issues:**

- **2017 Community Health Needs Assessment and LHN Member Survey Discussion**
  - The group reviewed attachment 3 which lists sample questions that may be utilized for a survey to be sent to LHN members. If you have suggestions on questions to be added, please send them to Jared Claar.
  - The group discussed that perhaps some questions could be collected in the 2017 Community Health Needs Assessment.
  - Jared has had calls and meetings in preparation of the 2017 assessment
    - There is interested in possibly adding ages 0-5 back into the assessment
    - Ted Crockett expresses interest in the 2017 assessment containing BMI metrics for Lenawee County schools who are willing to participate. Some schools may already be collecting this data.
  - The group discussed possible funding sources to contribute to the expense for printing of the 2017 assessment. If you have suggestions or idea's, please contact Jared Claar.
- **MSU Dining with Diabetes**
  - March 15<sup>th</sup>, 29<sup>th</sup> or April 12<sup>th</sup>, 26<sup>th</sup> from 3-5 PM located in the Demo Kitchen, MSU-Extension – Lenawee County Human Services Building.
  - This program is free to those who enroll. For more information, please call **Andrea at (517) 264-5310**

Meeting was **adjourned at 10:00 am.**

Next Full LHN Meeting is **March 9<sup>th</sup>, 2017** at 8 AM in the Merillat Center on the ground floor at ProMedica Bixby Hospital

Next Solution Team meeting is **April 13<sup>th</sup>, 2017.** 8 AM – EHWB and 9 AM HNPA in the Merillat Center on the ground floor of ProMedica Bixby Hospital.

Next Leadership Meeting **TBD**

**Respectfully Submitted,**

**Frank Nagle**  
**1422 Project Coordinator**

