

**Lenawee Health Network
Healthy Nutrition and Physical Activity
Meeting Minutes – September 10th, 2015**

Attendees: Anne Barton, Sue Smith, Ted Crockett, Tom MacNaughton, Christine MacNaughton, Andrea Aguilar, Beth Henne, Jennifer Clark, Frank Nagle, Julie Helinski, Jan de la Torre, Annemarie Hodges, Tamah Gustafson, Nana Erzuah,

Anne Barton called the meeting to order at 9:09 am and asked for introductions.

Grant Overview:

- **Childhood Obesity:**

- The meeting that was scheduled for 9-10-2015 is being rescheduled for October 8th due to conflicts in availability and the Michigan Department of Health and Human Services Site Visit for the MI 1422 grant which followed the LHN meeting.

Strategic Initiatives & Actions:

- **MSUE:**

○ **Becky Henne provided an update on activities:**

- MSU Extension is working on food security, connecting food and AG nutrition along with Cornell University.
- Working daily with schools to provide smarter and healthier food choices at their cafeteria by improving marketing, promotion and availability.
- **Fuel up to Play 60:** Encourages students to be healthier through increased physical activity and healthy snacking/eating.
- **Food Pantries:** Working with food pantries on Behavioral Economics through increased signage, placards and guidance for customers while they are shopping to encourage healthier food options

- **Andrea Aguilar-** Food pantries are receptive to the changes. MSUE has completed several assessments in the food pantries.

- **YMCA:**

- Sue Smith expressed interest in the Play 60 activities and will coordinate with Becky Henne to get more information.

- **Tom MacNaughton:**

- Discussed upcoming events in Lenawee County. The Lenawee Race Series, Fall into Fitness 5K race at Lincoln Elementary in November, a Half Marathon at the Christian Centre and the Unveil the Trail Event.
- Unveil the Trail is on September 27th, 2015 at Heritage Park- Event to show the new trails and signage at Heritage Park. There will be scavenger hunts, hay rides, live music and more. Trail signs are being delivered.

- **Christine MacNaughton:**

- Volunteers needed for September 18th Day of Action including to auger holes for sign posts for Heritage Trail signage. September 25th installation of the posts and signs will take place.

Measurement:

- **Dashboard Measures Handout:** Suggestions were made to keep the MI 1422 grant measures separate from LHN at this time. One CDCN measures will be added related to additional membership because they are activities directly related to the LHN from the MI 1422 grant.

- **MOU Reminder**- Just a reminder to turn in your MOU to Anne Barton. The form will be re-mailed.

Emerging Issues:

- **Community Needs and Emerging Issues:**
 - Jan de la Torre (MDHHS) will provide Anne Barton with additional information regarding a 4x4 grant opportunity. This opportunity will focus on healthy eating and physical activity.
 - Nana Ama Erzuah will forward the Blue Cross Blue Shield grant opportunity to Frank Nagle and Anne Barton.
 - **Meeting Evaluations:** completed by attendees regarding LHN meeting structure and attendance. This has been emailed by Anne Barton to LHN members not in attendance to provide their feedback.

Meeting was **adjourned at about 9:56 am.**

The next meeting will be a full LHN meeting on October 8th.