

Lenawee Health Network

Emotional Health and Well-Being

Meeting Minutes – February 9th, 2017

Attendees: Jared Claar, Sue Lewis, Kay Ross, Julie Artinian, Olivia Ehret, Brian Jones, Rebecca Epstein

Jared Claar called the meeting to order at 8:03 a.m. and asked for introductions.

Minutes- October 13th, 2016 reviewed

Focus Area: Emotional Health & Well Being

Making healthy choices possible, increases the odds that people will preserve or increase their health and wellness.

Strategic Plan and Objective

Decrease by 2% Adults who rated their health as fair or poor.

Objective 1: Reduce by 3% adult residents that rate mental health as not good on 4 or more days in the last month.

Strategies:

1. Improve Access to mental health services via Telemental health with psychiatrist access for adult and pediatrics.
2. Improve the capacity of Lenawee County residents to recognize and address emotional health issues.
3. Educate public on how to access mental / emotional health services, both routine and emergency services.

Updates & Measures:

- **MHP Salud – Rebecca Epstein**
 - o MHP Salud is a new member of the LHN and has a bi-lingual Community Health Worker in the community working with pregnant women and infants. Their work encompasses a much larger picture and is aimed to help underserved Latino communities live healthy lives. They have preventative, supportive, training and technical assistance available to the Hispanic and Latino populations.
- **Collective Impact Presentation**
 - o February 25th from 9 – 10:30 AM following the Adrian Chamber Breakfast there will be a Collective Core Impact Presentation. Attachment 2 contains the slides that will be presented. The group reviewed and approved the slides.
- **Addiction Strategic Plan – Project Lazarus**
 - o Tabled until further notice awaiting results and plan still in progress.

Emerging Issues:

- **LHN Membership Survey Discussion**
 - o A questionnaire was passed around to the group with a few topics related to membership, engagement, and strategic planning ideas for the LHN group. The idea for this initiative was to be used to help keep engaging members for the benefit of the community.
- **2017 Community Health Needs Assessment and LHN Member Survey Discussion**
 - o The group reviewed attachment 3 which lists sample questions that may be utilized for a survey to be sent to LHN members. If you have suggestions on questions to be added, please send them to Jared Claar.
 - o The group discussed that perhaps some questions could be collected in the 2017 Community Health Needs Assessment.

- Jared has had calls and meetings in preparation of the 2017 assessment
 - There is interested in possibly adding ages 0-5 back into the assessment
 - Ted Crockett expresses interest in the 2017 assessment containing BMI metrics for Lenawee County schools who are willing to participate. Some schools may already be collecting this data.
 - The group discussed possible funding sources to contribute to the expense for printing of the 2017 assessment. If you have suggestions or idea's, please contact Jared Claar.
- **MSU Dining with Diabetes**
- March 15th, 29th or April 12th, 26th from 3-5 PM located in the Demo Kitchen, MSU-Extension – Lenawee County Human Services Building.
 - This program is free to those who enroll. For more information, please call **Andrea at (517) 264-5310**

Meeting was **adjourned at 8:43 a.m.**

Next Full LHN Meeting is **March 9th, 2017** at 8 AM in the Merillat Center on the ground floor at ProMedica Bixby Hospital

Next Solution Team meeting is **April 13th, 2017**. 8 AM – EHWP and 9 AM HNPA in the Merillat Center on the ground floor of ProMedica Bixby Hospital.

Next Leadership Meeting **TBD**

Respectfully Submitted,

**Frank Nagle
1422 Project Coordinator
ProMedica Bixby Hospital**