

Emotional Health & Well Being Meeting Notes

June 9, 2016 8:00 – 9:00 a.m.

Present: Anne Barton, Sue Lewis, Martha York, Laura Pipis, Brian Jones, Laura VanSickle, Lisa Eack, Michelle Hutchison

Focus Area: Emotional Health & Well Being

Making healthy choices possible, increases the odds that people will preserve or increase their health and wellness.

Strategic Plan and Objective

Decrease by 2% Adults who rated their health as fair or poor.

Objective 1: Reduce by 3% adult residents that rate mental health as not good on 4 or more days in the last month.

Strategies:

1. Improve Access to mental health services via Telemental health with psychiatrist access for adult and pediatrics.
2. Improve the capacity of Lenawee County residents to recognize and address emotional health issues.
3. Educate public on how to access mental / emotional health services, both routine and emergency services.

DISCUSSION:

- Anne announced that she is leaving ProMedica and Lenawee Health Network and this would be her last meeting. She will be meeting soon with President Yaroch and it is yet to be determined who will assume her responsibilities.
- Telemedicine – Anne reported that ProMedica recently hired someone with an extensive background and experience in this field. There are some billing problems though that ProMedica Herrick has been having that need to be worked out. Sue inquired whether or not telemedicine could be available locally to assist with pediatric physical examinations for the Child Advocacy Center working in conjunction with Dr. Bethany Mohr from the U of M Child Protection Team. Sue will check in with Kathy Greenlee on this and also with the Washtenaw CAC to see how they bill for this service.
- Martha York from Region 2 Area Agency on Aging reported that Dementia is being addressed locally with the Dept. on Aging.

- Measurement Tool – The 2015 reporting tool is still missing some data from LCMHA. We reviewed the 2016 tool and discussed an item that should be added which is the number of educational awareness presentations on trauma.
- Robert Wood Johnson Research Grant Update – Schools and providers were involved in the initial meeting. Anne will share the diagram that was developed. This is a 2.5 year research grant where we would gather data. Harbor Behavioral Health will be involved in the grant process. James Hill from Adrian College (tentatively) would like to be the researcher. It is our hope to move along in this process very soon. The goal of this grant is to get us on the map as to the work being done in Lenawee County regarding trauma. Once we're on the map hopefully ongoing funding will become available to fill gaps in our services. This is a new approach for RWJ to explore what people are currently doing and see how it fits with what they like to support.
- Video – *Unmasking Mental Health* produced by ProMedica and Harbor Behavioral Health was viewed by all present. The purpose of the video is to raise awareness on mental health in an effort to raise funds (\$1 mil.) for mental health purposes. There will be a big event September 8th that ties to this video which depicts a class of individuals considered regular working class people (your neighbor, family members, co-workers, etc.), not the homeless, who suffer from mental illness.
- Addiction Summit and Project Lazarus – next step: waiting to hear back from Fred Brason for compilation of all the information gathered at Project Lazarus.
- Laura Pipis-Schultz reported that they will implement the ProMedica grant at the Catherine Cobb Shelter with a focus on nutrition, fitness, and parenting education for children and moms. An RN from LISD will assist with medical services. This is a one year grant.
- Brian Jones shared that all Lenawee County schools participated in the MiPHY this year. This will be a tremendous help to us as we compare data year to year and with our county health assessment.

Meeting was adjourned at 9:00 a.m.

Next meeting: Our next meeting is with the full group on Thursday July 14th at 8:00 a.m. in the Merillat Center at Bixby.