MINUTES

1. Introductions / Roll Call
   In attendance: Elizabeth Salerno, Mick Albig, Laura Reaume, Junior Ramos, Samantha Tubbs, Nicole Schalow, Helen Henricks, Barb Salenbien, Jill Hicks, Audricka Jacob, Ted Crockett, Brian Elliott, Jackie Bradley, Clint Brugger, Candy Aranda, Laura Schultz-Pipis, Nancy Bishop, Tim Ruple, Becky Selenko, Lynne Punnett

2. APPROVE: Agenda & Previous Minutes
   a. Motion to approve the Agenda and previous meeting minutes as presented made by Lynne. Supported by Laura. Motion carried.

3. REMINDER: Telegram Articles

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>June</td>
<td>Self-Sufficiency Standard</td>
<td>Homeless Youth Committee / Chris &amp; Barb</td>
</tr>
<tr>
<td>July</td>
<td>disAbility Connections</td>
<td>Brian Elliott</td>
</tr>
<tr>
<td>August</td>
<td>U1st</td>
<td>Judy Mort-Duncan</td>
</tr>
<tr>
<td>September</td>
<td>Share the Warmth</td>
<td>Helen Henricks</td>
</tr>
<tr>
<td>October</td>
<td>Lead Program</td>
<td>Community Action Agency / Clint</td>
</tr>
<tr>
<td>November</td>
<td>Neighbors of Hope</td>
<td></td>
</tr>
<tr>
<td>December</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

   a. Barb reported that Chris has written the June article and it is currently under review by the Homeless Youth Committee. He will send it to Nancy/Elizabeth, as soon as possible.
   b. Elizabeth will follow up with U1st regarding the August article. If they are no longer interested, Nancy or Lynne are willing to fill in.

4. REVIEW: Lenawee County Homeless Numbers (page 4)
   a. The Homeless Veterans group hasn’t met yet this month, so the numbers were those that had been reported into HMIS.

5. Grants
   a. MSHDA Emergency Solutions Grant (ESG) Notice of Funding Award (NOFA) 2019-2020 (page 5)
      i. The attached summary sheet was prepared by Elizabeth
      ii. The Continuum of Care will vote on the submission at the 7/9 membership meeting.
      iii. Although we don’t anticipate knowing the final allocation until July, Lenawee County received $118,041 last year (without the performance bonus). It is anticipated that the 2019-2020 allocation will be similar.
      iv. If anyone has questions or would like to be considered as a sub-grantee, please let any member of the Executive Committee know.
   b. MDHHS Emergency Shelter Program (ESP) Funding
i. NOFA is expected in Spring 2020. This grant is for shelters; last cycle it was opened to shelters that had not previously been funded.
ii. Regional contact: Takisha Jones, takisha_jones@usc.salvationarmy.org

c. HUD HMIS Capacity Grant
   i. This proposal was not funded.
   ii. As a result of our application, Lenawee was invited to be a part of HUD’s Technical Assistance Community of Practice Program which will include monthly webinars from July – November regarding HMIS implementation practices.

d. Lenawee Community Foundation
   i. LCF will be opening their funding cycle soon, these are usually due in the beginning of August. For more information, please contact Paula Trentman, Paula@lenaweecf.com

e. United Way of Monroe/Lenawee Counties
   i. UWMLC will be releasing their Request for Funding Proposals soon. Proposals will be due August 5th. For more information, please contact Laura, lpipis@unitedwaymlc.org

6. Sub-Committee Reports
   a. Homeless Youth
      i. Two of the students in the Roadmap to Graduation program have graduated.
      ii. Two additional students will be in need of housing this fall; one in Tecumseh Schools, one in Britton-Deerfield Schools.
   b. Public Awareness
      i. Homeless Awareness Month 2019
         1. Case by Case fundraiser was not very productive last year, so there are plans to roll 2018 funds and 2019 funds together into a single award to Catherine Cobb.
         2. Norma Dell Courage to Care Award applications will be released soon. There are plans to present the award at the November CoC Meeting/Open House.
         3. The CoC has received the Hometown Hope grant from WLEN for November.
      ii. Project Connect 2020
         1. This event will be held at the Fairgrounds again.
         2. Funding was difficult in 2019, so the committee is looking for alternative sources.
   c. Affordable Housing/Short-Term Emergency Shelter
      i. This committee focused a lot on making plans to keep people housed through the processes of eviction or foreclosure. They will be working closely with Legal Services of South Central Michigan on this.
      ii. Community Action Agency has been communicating with a landlord out of Jackson who is also a Rent Smart Trainer. This individual is looking to make connections with Lenawee County landlords and ultimately begin offering Rent Smart to the community.
      
      Clint will connect with Lynne about connecting this trainer to the Landlord Breakfast.
   
      iii. Landlord Breakfast
         1. The June speaker will be Chief Emrick with the Adrian Police Department.
         2. The August speaker will be Judge Schaedler.
         3. There is currently an opening for the speaker in July.

7. PRESENTATION: Becoming Trauma-Informed, Lenawee Collective Impact Core
   a. The Collective Impact Core is encouraging agencies to assess their current trauma-informed practices. For more information, please contact Jackie, jbradley@lcmha.org
   b. Becoming Trauma Informed handout for Human Services Organizations (page 6-7)
   c. Becoming Trauma Informed handout for Education (page 8-9)
   d. Becoming Trauma Informed handout for Businesses (page 10-11)
8. Additions / Comments / Questions
   a. Housing Help of Lenawee
      i. H2L is out of motel funding and will be requesting additional funds from the Salvation
         Army under the Emergency Shelter Program. A similar request was made last year and
         additional funds were received.
      ii. Providing Leisure Activities for homeless Youth (PLAY) flyer (page 12)
   b. Project Ramp
      i. Kickoff Event will be the last week of June. Laura will send additional information
         once the date is confirmed.
      ii. People who need ramps should contact Mike Smith at the UWMLC.
   c. Department of Health and Human Services
      i. Nancy is looking for someone who is qualified to run a group for domestic violence
         perpetrators; she has funds available, but needs a facilitator.
      ii. The Transportation Navigator position has been filled. Janelle Thomas has been in the
         position for a couple of weeks and is working to create a map of current transportation
         resources in Lenawee County. This position is funded by DHHS through the end of
         December.
   d. MSHDA
      i. Some changes have been made to the Emergency Solutions Program, effective
         10/1/2019. Funds will be able to be used for:
         1. childcare, education, job seeking activities, etc. for up to $150/family
         2. billing staff mileage at the federal rate instead of the state rate.
         3. client transportation costs.
         4. moving costs (from qualified moving company) for up to $250/family
         5. 1.5 months security deposit
         6. up to 3 rental application fees
         7. the lease or purchase of technology for staff to enter data into HMIS
      ii. 2019 and 2020 Homeless Summit Save the Date (page 13)
   e. Neighbors of Hope
      i. NoH will be holding a fundraiser on 11/9 at the Tecumseh Center for the Arts. Tickets
         are not yet being sold; more information to come.
   f. Lenawee Department of Veterans Affairs
      i. The Department of Veterans Affairs currently has funds to pay for wartime veterans’
         rent, housing repairs, car repairs, utilities, etc.
   g. Share the Warmth
      i. StW is in the midst of their first year of 12-month operation. Their first time being open
         for a traditional “off-season” is going well and there are many lessons learned. They are
         currently sheltering about 45 people per night. The capacity is 60.
   h. Habitat for Humanity
      i. Habitat is considering using play house builds as a fundraising tool/team-building
         exercise with local businesses. A business would pay for the experience and Habitat
         would bring all the materials to the business where staff would build it on site. The play
         house would then be donated to a family that needs it. Portland Habitat is currently
         raising $800,000 per year through this initiative. Ideas for connecting with families
         include Catherine Cobb Safe House and Michigan Works! PATH program.
      ii. Veterans’ Employment Services
      i. The national veteran unemployment rate is below 3%, this means that they have really
         been getting the chance to work with those veterans with the highest barriers.

9. **NEXT MEETING:** July 9th, 2019. This will begin with a full meeting in the SPARTAN ROOM,
   followed by SUB-COMMITTEE meetings as scheduled.
Lenawee County Monthly Report Statistics

MSHDA Homeless Preference Waitlist:

<table>
<thead>
<tr>
<th>County</th>
<th># Added to HP List in May 2019</th>
<th># of Homeless on Homeless Preference List</th>
<th># Pulled by Housing Agent in May</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lenawee</td>
<td>15</td>
<td>14</td>
<td>20</td>
</tr>
</tbody>
</table>

Housing Help of Lenawee submits the applications to MSHDA to add persons to the waitlist and handles re-certifications, when needed, to remain on the waitlist.

Community Waitlists Open:

Legacy Housing Apartments – Permanent Supportive Housing Program for chronically homeless individuals. If interested, can apply at Housing Help of Lenawee. For additional information call 517-264-0782 and ask to speak with Shannon.

Carriage House Apartment – Has a voucher waitlist for some 1 bedroom and 2 bedroom units. If interested they can apply directly at the complex.

MSHDA Homeless Veteran Report:

May 2019

<table>
<thead>
<tr>
<th>Total number of Homeless Veterans identified in previous month</th>
<th># of new Homeless Veterans identified this month</th>
<th># of Homeless Veterans housed during this month</th>
<th># of Homeless Veterans that refused housing this month</th>
<th># of Homeless Veterans currently seeking housing (in process with housing resources identified)</th>
<th># of Homeless Veterans that left services without housing (disappeared, unable to locate, etc.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>2</td>
<td>0</td>
<td>0</td>
<td>2</td>
<td>0</td>
</tr>
</tbody>
</table>
MSHDA ESG NOFA 2019-2020

MSHDA released their NOFA for the 2019-2020 ESG funds on May 24, 2019. To view the full NOFA go to https://www.michigan.gov/mshda/0,4641,7-141-5515-241719--,00.html

Notes from the NOFA:

- MSHDA expects the HARA to remain the same unless the HARA is unable to continue in the same capacity. Housing Help of Lenawee has been the HARA since MSHDA began this requirement and is fully capable of continuing in this capacity.
- ONLY the HARA can receive funding to provide Rapid Rehousing & Prevention financial assistance with such things as rent.
- No NEW shelters can be funded. Per MSHDA “new” means new to MSHDA funding not just creating new shelters. If MSHDA is not already funding your shelter then you would not be eligible for shelter funding.
- Performance bonuses will be given out once again and the measures are similar to last year but does include all data from the full CoC and NOT just ESG funded data which can have a negative impact on these measures.
- Allocations will not be given out until July most likely. MSHDA has recommended we anticipate our funding remaining the same as last year pre-performance bonus funds. This means Lenawee would be looking at an allocation of $118,481.

Any questions about the NOFA can be directed to Elizabeth Salerno at Housing Help of Lenawee, 517-264-0782.

The CoC will vote at the July 9th CoC meeting on the final ESG application. The final application is due to MSHDA on July 17th. Elizabeth will try to get the final allocation amount prior to the meeting but the last couple of years it has come in after the July CoC meeting.
Adverse Childhood Experiences (ACEs) are stressful or traumatic events, including abuse, neglect, or household challenges. The number of ACEs a person has is one way to measure the amount of trauma they have experienced. ACEs are strongly related to the development and prevalence of health problems throughout a person’s lifespan.¹

<table>
<thead>
<tr>
<th>Lenawee County Adult Behaviors²</th>
<th>Experienced 4 or more ACEs</th>
<th>Did not experience any ACEs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Classified as overweight or obese by BMI</td>
<td>83%</td>
<td>73%</td>
</tr>
<tr>
<td>Current drinker</td>
<td>73%</td>
<td>48%</td>
</tr>
<tr>
<td>Binge drinker</td>
<td>35%</td>
<td>32%</td>
</tr>
<tr>
<td>Had an income less than $25000</td>
<td>33%</td>
<td>21%</td>
</tr>
<tr>
<td>Current smoker</td>
<td>15%</td>
<td>8%</td>
</tr>
<tr>
<td>Used recreational drugs in the past 6 months</td>
<td>11%</td>
<td>2%</td>
</tr>
<tr>
<td>Misused medication in the past 6 months</td>
<td>11%</td>
<td>4%</td>
</tr>
<tr>
<td>Contemplated suicide in the past 12 months</td>
<td>7%</td>
<td>2%</td>
</tr>
</tbody>
</table>

What does trauma look like in Lenawee County?

Why does trauma matter to my organization?

Sometimes, the services and systems designed to help people can be re-traumatizing, slowing or stopping their progress. Our staff can also be negatively impacted by doing the work. We can address these concerns by becoming Trauma-Informed.³

What does it mean to become Trauma-Informed?

Being Trauma-Informed is based in an understanding of and responsiveness to the impact of trauma. It emphasizes the physical, psychological, and emotional safety of both providers and survivors.⁴

It involves anticipating and avoiding institutional processes and individual practices that are likely to re-traumatize individuals, and upholds the importance of consumer participation in the development, delivery, and evaluation of services.⁵

What are the benefits of becoming Trauma-Informed?

Trauma-Informed Organizations use real-time strategies to create staff and organizational wellness and meet critical outcomes (such as increased staff retention, decreased number of critical incidents, and increased client engagement in treatment planning and adherence).³
## How does an organization become Trauma-Informed?

1. **Conduct an organizational assessment.**
   
   It is important to conduct a baseline assessment and reassess periodically, using the feedback to improve.

2. **Work towards a paradigm shift.**
   
   Becoming Trauma-Informed requires a significant shift from “How we’ve always done things.” It is not a one-and-done implementation.

3. **Emphasize safety.**
   
   The foundation of becoming Trauma-Informed is creating a safe environment for everyone who is served by or works for your organization.

4. **Create a culture of wellness and self-care.**
   
   The organizational culture must reflect the values of wellness and self-care for employees, supervisors, and consumers.

5. **Include everyone.**
   
   Becoming Trauma-Informed is an organization-wide approach that should impact every element of your organization and involve all staff.

### How do I know if my organization is ready to become Trauma-Informed?

Becoming Trauma-Informed is a process. To determine if your organization is ready, it is important to consider three questions:

- Is my leadership fully supportive of, and committed to, embracing the process of becoming Trauma-Informed?

- Is becoming Trauma-Informed consistent with my organization’s mission, values, and strategies?

- Does my organization have the capacity to develop and implement a well-managed plan towards becoming Trauma-Informed?

### My organization is ready to become Trauma-Informed. What is next?

The Lenawee Collective Impact Core is committed to building a Trauma-Informed Lenawee County. They can provide assessment support, technical assistance, and other resources to organizations interested in becoming Trauma-Informed.

For more information, contact:

Jackie Bradley
263-8905
jbradley@lcmha.org

### References

6. Organizational Considerations in Becoming Trauma Informed: First Steps. (2017). Missouri Department of Mental Health Trauma Roundtable.
What does trauma look like in Lenawee County?

Adverse Childhood Experiences (ACEs) are stressful or traumatic events, including abuse, neglect, or household challenges. The number of ACEs a person has is one way to measure the amount of trauma they have experienced. ACEs are strongly related to the development and prevalence of health problems throughout a person’s lifespan.¹

<table>
<thead>
<tr>
<th>Lenawee County Adult Behaviors²</th>
<th>Experienced 4 or more ACEs</th>
<th>Did not experience any ACEs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Classified as overweight or obese by BMI</td>
<td>83%</td>
<td>73%</td>
</tr>
<tr>
<td>Current drinker</td>
<td>73%</td>
<td>48%</td>
</tr>
<tr>
<td>Binge drinker</td>
<td>35%</td>
<td>32%</td>
</tr>
<tr>
<td>Had an income less than $25000</td>
<td>33%</td>
<td>21%</td>
</tr>
<tr>
<td>Current smoker</td>
<td>15%</td>
<td>8%</td>
</tr>
<tr>
<td>Used recreational drugs in the past 6 months</td>
<td>11%</td>
<td>2%</td>
</tr>
<tr>
<td>Misused medication in the past 6 months</td>
<td>11%</td>
<td>4%</td>
</tr>
<tr>
<td>Contemplated suicide in the past 12 months</td>
<td>7%</td>
<td>2%</td>
</tr>
</tbody>
</table>

What does trauma mean in the workplace?³

As noted above, a history of ACEs can have a significant impact on an individual as an adult. Research shows that the conditions and behaviors caused by ACEs are often the same conditions and behaviors that lead to absenteeism, job problems, and other indicators of poor worker performance.

In fact, when compared to workers who did not experience any ACEs, workers who experienced 4 or more ACEs are over twice as likely to report poor performance in the workplace.

Areas of Health and Well-Being

- **Adverse Childhood Experiences**
  - Relationship Problems
    - Marital
    - Family
    - Sexual
  - Emotional Distress
    - Depressed mood
    - Panic reactions
    - Difficulty with anger

- **Somatic Symptoms**
  - Back pain
  - Headaches
  - Joint problems
  - Alcoholism
  - Smoking
  - Illicit drug use

- **Substance Abuse**
  - Alcoholism
  - Smoking
  - Illicit drug use

- **Poor Worker Performance**

15% of Lenawee County Adults have 4 or more ACEs²
What can be done about trauma?

Considering trauma when approaching problems requires a significant change in mindset. Being Trauma-Informed is based on six key principles:

- Safety
- Trustworthiness & Transparency
- Peer Support
- Collaboration & Mutuality
- Empowerment, Voice, & Choice
- Cultural, Historical, & Gender Issues

In the workplace, this means engaging in a continuous improvement process that recognizes employees and customers as complex individuals with histories that impact them and creating an environment where everyone can operate safely and comfortably. By becoming Trauma-Informed, a business can interrupt the connection between past trauma and current performance.

How does a business become Trauma-Informed?

1. Conduct an organizational assessment.
   It is important to conduct a baseline assessment and reassess periodically, using the feedback to improve.

2. Work towards a paradigm shift
   Becoming Trauma-Informed requires a significant shift from “How we’ve always done things.” It’s not a one-and-done implementation.

3. Emphasize safety
   The foundation of becoming Trauma-Informed is creating a safe environment for everyone who is served by or works for your business.

4. Create a culture of wellness and self-care
   The organizational culture must reflect the values of wellness and self-care for employees, supervisors, and customers.

5. Include everyone
   Becoming Trauma-Informed is an organization-wide approach that should impact every element of your business and involve all staff.

How can I learn more about becoming Trauma-Informed?

The Lenawee Collective Impact Core is committed to building a Trauma-Informed Lenawee County. They can provide assessment support, technical assistance, and other resources to businesses interested in becoming Trauma-Informed.

For more information, contact:
Jackie Bradley
263-8905
jbradley@lcmha.org

References

4 A Treatment Improvement Protocol: Trauma Informed Care in Behavioral Health Services. (2014). SAMHSA.
What does trauma look like in Lenawee County?

Adverse Childhood Experiences (ACEs) are stressful or traumatic events, including abuse, neglect, or household challenges. The number of ACEs a person has is one way to measure the amount of trauma they have experienced. ACEs are strongly related to the development and prevalence of health problems throughout a person’s lifespan.¹

15% of Lenawee County Adults have 4 or more ACEs²

<table>
<thead>
<tr>
<th>Lenawee County Adult Behaviors²</th>
<th>Experienced 4 or more ACEs</th>
<th>Did not experience any ACEs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Classified as overweight or obese by BMI</td>
<td>83%</td>
<td>73%</td>
</tr>
<tr>
<td>Current drinker</td>
<td>73%</td>
<td>48%</td>
</tr>
<tr>
<td>Binge drinker</td>
<td>35%</td>
<td>32%</td>
</tr>
<tr>
<td>Had an income less than $25000</td>
<td>33%</td>
<td>21%</td>
</tr>
<tr>
<td>Current smoker</td>
<td>15%</td>
<td>8%</td>
</tr>
<tr>
<td>Used recreational drugs in the past 6 months</td>
<td>11%</td>
<td>2%</td>
</tr>
<tr>
<td>Misused medication in the past 6 months</td>
<td>11%</td>
<td>4%</td>
</tr>
<tr>
<td>Contemplated suicide in the past 12 months</td>
<td>7%</td>
<td>2%</td>
</tr>
</tbody>
</table>

What does trauma mean for educators?

Trauma changes the way a child's brain develops. These changes impair academic efforts. They affect children’s memory systems, their ability to think, to organize multiple priorities (executive function)—in other words their ability to learn, particularly literacy skills. ACEs are often the root cause of serious learning disabilities, health problems, social challenges and behavioral problems that impact a child’s ability to learn.

Students with three or more ACEs are 2.5 times more likely to fail a grade.⁴
How can educators respond to trauma?

Considering trauma when approaching problems requires a significant change in mindset. Being Trauma-Informed is based on six key principles:

- Safety
- Trustworthiness & Transparency
- Peer Support
- Collaboration & Mutuality
- Empowerment, Voice, & Choice
- Cultural, Historical, & Gender Issues

In a school setting, this means being able to recognize and respond to those who have been impacted by trauma. The goal is not only to provide students with the tools to cope with trauma, but to facilitate learning by creating an underlying culture of respect, safety, and support. By becoming Trauma-Informed, an educator can interrupt the connection between past trauma and current behavior.

How can a school become Trauma-Informed?

1. Conduct an organizational assessment.
   It is important to conduct a baseline assessment and reassess periodically, using the feedback to improve.

2. Work towards a paradigm shift
   Becoming Trauma-Informed requires a significant shift from “How we’ve always done things.” It’s not a one-and-done implementation.

3. Emphasize safety
   The foundation of becoming Trauma-Informed is creating a safe environment for everyone who is served by or works for your business.

4. Create a culture of wellness and self-care
   The organizational culture must reflect the values of wellness and self-care for employees, supervisors, and customers.

5. Include everyone
   Becoming Trauma-Informed is an organization-wide approach that should impact every element of your business and involve all staff.

How can I learn more about becoming Trauma-Informed?

The Lenawee Collective Impact Core is committed to building a Trauma-Informed Lenawee County. They can provide assessment support, technical assistance, and other resources to businesses interested in becoming Trauma-Informed.

For more information, contact:
Jackie Bradley
263-8905
jbradley@lcmha.org

References

5 A Treatment Improvement Protocol: Trauma Informed Care in Behavioral Health Services. (2014). SAMHSA.
6 What is a Trauma-Informed School? (n.d.) Treatment and Services Adaptation Center.
Housing Help of Lenawee
Presents:
PLAY

Housing Help of Lenawee received a grant from the Lenawee Youth Council in June 2018 to fund the Providing Leisure Activities for homeless Youth (PLAY) Program.

What is PLAY?
Providing Leisure Activities for homeless Youth (PLAY) provides much needed funding to support a variety of activities that are essential for the healthy development of children.

With PLAY, funding is available to provide the support and funding to get homeless youth involved with various extra curricular activities and social events.

The youth meets with the Adult and Youth Coordinators for the program to determine interests and make the connections to get involved with the activities which interest them.

What are examples of what PLAY can assist with?
- Cost of shoes to run track
- Help with the purchase of a dress or picture at a school dance
- Help with any fees connected with using public recreational facilities such as the pool

Please call Amy for more information at (517) 264-0782

Program Goals:

Goal 1: Assist each youth with determining their personal goals for extra curricular activities/social events.

Goal 2: Assist each youth with overcoming barriers to their personal goals.

Goal 3: Provide each youth the opportunity to become integrated in the community, create relationships, and develop important life skills.

Together, for our neighbors in Lenawee County, we are making a difference in housing crisis!
SAVE THE DATE

2019 HOMELESS SUMMIT
OCTOBER 2-3, 2019
BLUE WATER CONVENTION CENTER
PORT HURON, MI

2020 HOMELESS SUMMIT
SEPTEMBER 22-23, 2020
SHANTY CREEK RESORT
BELLAIRE, MI