



Hunger Free Lenawee!

MINUTES from 03/01/16

Call to Order/Introduction: Kelley Elliott (VA), Rachel Doyle (United Way), Nancy Bishop (DHHS), Michelle Hutchison (LCMHA), Joan Condon (St. Vincent De Paul), Laurie Prater (Student), Breanna Warner (Student), Olivia Nickelson (FWC), Vickie Pfeifer (MSIE), Jennie Ramos (MSUE), Tami Gilbert (CAA-WIC), Andrea Aguilar (MSUE)

- **Agency Visits:** Rachel Doyle

- A planning meeting was held for those interested in participating in the ongoing site visits as this has been helpful to the community. 4 Site Visits were scheduled; one was canceled due to an illness, one due to the weather, 03/10 an appointment is scheduled with the Clinton United Methodist Church and 03/22 the Adrian First Church of the Nazarene.
- **Safe Healthy Food Pantry Project:** Andrea connected with a possible resource for the community, this project offers information on how to assess current food pantries, offers information on best practice models, trainings and can be used as a resource guide for new pantries to start up. Possibly we could combine this with our current tool kit. The MSUE Evaluator is looking over the materials to ensure that they are scientifically sound. When she approves of the curriculum they will release it and we can use it for our site visits and offer it as a resource tool.

- **Trails and Treats: Community Walk:**

- Heritage Park or The Kiwanis Trail: Rachel is going to explore the options and come up with a map that we can go over at the next meeting.
- The tentative date is 06/12 in the afternoon
- We hope to have demonstrations, activities, healthy foods, recipes and possibly some give a ways to encourage attendance.
 - ◆ We talked about contacting the YMCA, The Center, Bohn Pool, AJ Rec Center, Lenawee Rec and Ten Pin to see if we can get passes to give to families.
 - ◆ We will reach out for assistance with Activities.

- **The Breakfast/Tea:**

- The next Breakfast or Tea event will be held in the fall; possibly in Sept or October.

- **Agency Announcements:**

- The Breast Feeding Awareness Walk is scheduled for 08/06/16
 - Tentative location is the Adrian College Track from 9AM-11AM.
 - Flyers will be coming soon.
- Veterans Affairs now has \$250 gift certificates for Aldi's. The Certificates are available if you served 1 day active duty during wartime. The do look at income/outcome to determine eligibility.
- COOKING MATTERS Classes offered thru MSUE have been scheduled!!
 - The classes are scheduled for 03/31, 04/14, 21, 28, 05/05, and 12 from 6PM-8PM in the Demonstration Kitchen.
 - They are targeting SNAP eligible clients but you do not have to be SNAP eligible.
 - Classes will consist of tips for eating out, shopping smart, planning a healthy meal, and The Chef from FireKeepers will give a cooking demonstration on a different recipe each week and all participants will get the ingredients to make that meal for their family.

- The class is open to 18 participants, you must register and it is filling up quickly!
- National Diabetes Prevention Classes will be offered through
 - MSUE (Andrea Aguilar) they received a grant to target the Hispanic population.
 - ◆ This is a yearlong program, with weekly meetings.
 - ◆ Participants must prove a diagnosis of pre diabetes. If you are pregnant you are eligible to attend.
 - United Way also offers this program, they are open to all participants.
- Olivia Nickelson informed the group that she retired from the Social Security Administration and if you ever have questions about Social Security that she is available and knowledgeable of the system.
- Question for DHHS, Does Tuition impact Food Assistance?

MISSION STATEMENT: Leveraging the power of Collective Impact in order to fight hunger by efficiently utilizing all of the resources available in Lenawee County.

■ **Adjournment:**

➤ **Next Meeting Date**

- **The First Tuesday of the Month**
- **04/05/16 @ 1:00PM**
- **The Department of Health and Human Services**