Lenawee Community Mental Health Authority To promote positive outcomes by creating a path to resilience; recovery; wellness and self-determination



## CONSUMER ACTION COMMITTEE MINUTES March 16, 2022 10:00am Zoom Meeting

Present: J. Ackley; T. Ackley; C. Brugger; J. Dunn; J. Durell; S. Mineff; S. Nowicki; K. Rawlings; D. Reed; M. Roman; C. Snyder; K. Szewczuk; H. Terrill Absent: D. Montie Jr; J. Thompson

- 1. Previous Minutes. **MOTION BY J. DURELL** to approve the previous minutes dated February 16, 2022. **SUPPORTED BY D. REED. MOTION CARRIED.**
- 2. Chair Person Report.
  - Holly received confirmation that it would be OK to have magnets or stickers available for the meals on wheels program. Holly will follow up to find out numbers, areas etc. She will also follow up with the Boys & Girls Club, a contact is: cwaters@bgclenawee.org. Cara has more contacts if necessary. Karen will look into costs for magnets. Other suggestions for distribution of materials: Senior Centers, Libraries, Schools (Holly will ask for help with this at the CMH Board meeting), All About Adrian Resident Coalition every 2<sup>nd</sup> Friday have an event with food, music, tables for vendors etc. Cara would be happy to distribute whatever materials we have. Adrian First Friday's was another suggestion. Karen/Stefanie will discuss the possibility of a flier, or check is there is an existing publication that can be circulated. Committee members to be responsible for circulating any materials to locations in their particular area.
- 3. Work Plan Updates (ongoing agenda item):
  - o Radio ads ongoing
  - o Celebration of Success planning for this event to start in May. Committee members to start thinking about ideas. It was agreed that invitations should also go out to the three winners from last year.
- 4. Budget.
  - o \$3,000 Budget for the year. Current balance \$2,925.
- 5. RCAC Report.
  - COVID Grant. Stefanie followed up with Amy at Livingston regarding COVID grant they received for virtual activities for consumers. It was a supplemental grant which had a short turnaround time in February 2021. It was agreed to table this issue, due to the relaxation of COVID restrictions in Lenawee County.
  - o Jim Thompson, Vice Chair, will be invited to all subsequent RCAC committee meetings, the next one is scheduled for April 13.
- 6. New Business:
  - o Movie The Ripple Effect. Viewing
- 7. Old business:
- 8. Membership Updates.
  - o Still needed Child Rep.

- Recipient Rights Advisory Committee has an opening for consumers/family members of past or present consumers. Anyone interested should submit a letter of interest – this should be addressed to Kathryn Szewczuk.
- 9. Calendar of events for 2022:
  - RCAC Meetings for the year:
    - 4/13
    - 7/13
    - 9/14
    - 11/9
    - o Walk a Mile (September 15)
    - o E-Race the Stigma 5K (October 1)
    - May is Mental Health Awareness Month does the committee want to plan anything? If was agreed that we should participate in Adrian First Friday's May 6<sup>th</sup>. There was a suggestion to have a table outside Interconnections/Pathways. Christy will check with Kellie to see if she would want to offer a Narcan training? Committee members please be thinking of things they would like to see at the Adrian First Friday event.
    - o UFAM there doesn't seem to be any information about this.
- 10. Things to Keep on the Agenda:
  - o Movie The Ripple Effect, for more discussion following the screening.

## 11. Next CAC Meeting - April 20, 2022 at 10:00am.

12. Meeting adjourned at 10:46 am

CAC TERMIS OF SERVICE				
Member name	Population representing	Year joined	Term expires	Leadership
Jennifer Durell	MI Adult	2015	2022	Chair 2018
Mark Roman	MI Adult	2017	2022	Chair 2019 – 2021. vice chair 2018
Jim Thompson	Member at Large	2020	2023	Vice Chair, 2022
John Dunn	Member at Large	2020	2023	
Todd Ackley	DD	2018	2024	
David Monti	DD	2021	2024	
Cara Snyder	MI child	2021	2024	
	MI Child			
Suzanne Nowicki	Sub. Abuse	2020	2023	
Holly Terrill	Sub Abuse	2018	2024	Vice Chair, 2019 - 2021, Chair 2022
Christy Brugger	staff	2016	-	
Judy Ackley	CMH Board	2015	-	
Deidre Reed	CMH Board	2020	-	

## CAC TERMS OF SERVICE