



**CONSUMER ACTION COMMITTEE
MINUTES
August 19, 2020
10:00am Zoom Meeting**

Present: J. Ackley; T. Ackley; C. Brugger; J. Dunn J. Durell; K. Rawlings; M. Roman; K. Ross,

K. Szewczuk; H. Terrill, D. Reed

Absent: J. Thompson

- Additions to the agenda: None
- Previous Minutes – **MOTION BY D. REED** to approve the previous minutes dated July 15, 2020. **SUPPORTED BY J. ACKLEY. MOTION CARRIED.**
- Membership.
 - o Welcome to new member – John Dunn.
 - o Still needed: 1 DD representative; 2 1 SUD reps and 2 Child reps.
 - o Kay is in receipt of an application for an SUD representative. **MOTION BY J. DURELL** to recommend the appointment of S. Nowicki to CAC committee. **SUPPORTED BY C. BRUGGER.** J. Ackley abstained. **MOTION CARRIED.** This will go to the CMH Board on August 27th.
- Work Plan Updates (ongoing agenda item):
 - o Celebration of Success and WAM will be updated on the work plan.
- Chair Person Report:
 - o Mark gave the CAC report at the July Board Meeting, John Dunn was approved to become a member of CAC. He will fill the At Large position.
 - o Upon review of the LCMHA By-Laws, CAC is allowed to have secondary consumers as members. The change that was to be asked of the Board is now taken off the agenda.
 - o Suggestion Box. Mark demonstrated the suggestion box on the new website. It was agreed that the drop down boxes could be removed, with just one box for “comments/suggestions”. Wellness should be one word in the mission statement.
- Budget – no change
- RCAC – It was agreed that Lenawee CAC will recommend meetings be postponed until January, rather than meet by zoom.
- UPDATES/REVIEWS:
 - o Celebration of Success – the sub-committee met and agreed that in October we could begin to distribute nomination forms, and in January we would revisit the possibility of an in person event or to have a FB live event (maybe

in May). Additionally this year, the nomination form will have a space for consumers to add “someone who was instrumental in their recovery”. It was agreed that a full page Grapevine article would help spread the word. The article/letter in the newsletter would be from CAC.

- o Town Hall - on hold.
- OTHER:
 - o Walk a Mile, Lansing - this will be a virtual event the week of 9/29/20. It was agreed that LCMHA would participate this year by creating an FB event and have people post pictures of themselves “walking a mile”, which could then be collated into a video or collage to send to the state for their promotion. **Kay will check when we have to have the video to the state. We will also check on whether a “Release of Information” is required.**
 - o UFAM Rally Lansing - 9.24/20. No news on this yet.
 - o Movie - The Ripple Effect - keep on the agenda.
 - o How can CAC help consumers? There was discussion on whether it was worthwhile surveying Case Managers to see if the milk distribution that happens is beneficial? And whether consumers would like more access, more pick up points etc. It was agreed that we would continue to promote the milk distribution on our website and social media, as well as letting staff know. Consumers are also able to call the Drop in Center to see if they have any excess.
- Calendar of events for 2020:
 - o Radio Ads - next month we will be doing two radio ads in one. The ad will be the same message but one in English and one in Spanish back to back.
 - o Walk a Mile - 9/29/20 - discussed above.
 - o UFAM - 9/24/20 - no news yet.
 - o Next CAC Meeting - September 16, 2020 10am by zoom.
 - o RCAC meeting - September 9, 2020

CAC TERMS OF SERVICE

Member name	Population representing	Year joined	Term expires	Leadership
Jennifer Durell	MI Adult	2015	2022	Chair 2018
Mark Roman	MI Adult	2017	2022	chair 2019, vice chair 2018
Jim Thompson	Member at Large	2020		
John Dunn	Member at Large	2020		
Todd Ackley	DD	2018	2021	
	DD			
	MI child			
	MI Child			
	Sub. Abuse			
Holly Terrill	Sub Abuse	2018	2021	
Christy Brugger	staff	2016	-	
Judy Ackley	CMH Board	2015	-	

Deidre Reed	CMH Board	2020	-	
Kay Ross	staff	2015	-	

Meeting adjourned at 11.04 am