CONSUMER ACTION COMMITTEE
MEETING MINUTES
May 16, 2019

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<tr>
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<th>Name</th>
<th>Role</th>
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<tr>
<td>X</td>
<td>Jen Durell</td>
<td>Mark Roman</td>
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<td></td>
<td>Judy Mort-Duncan</td>
<td>Christy Brugger</td>
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<td>Vance Powers</td>
<td>Deb Bills</td>
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<td>X</td>
<td>Holly Terrill</td>
<td>Kathryn Szewczuk</td>
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<td>Judy Ackley</td>
<td>Todd Ackley</td>
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<td>X</td>
<td>Kay Ross</td>
<td>Barb Radant</td>
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- Additions to the agenda: None

- Previous Minutes: - (April 2019) Motion by Jen to approve minutes, Second by Deb. Motion Carried.

- Membership (ongoing agenda item) – still needed
  - Mi Child
  - SUD

- Work Plan Updates (ongoing agenda item): progressing well

- Budget
  - WAM/UFAM – see Updates/Review update next month when all activities for May are completed

- RCAC
  - Jen – report – see RCAC Minutes of 4/10/19 (included)

- UPDATES/REVIEWS:
  - Walk A Mile 5/9 – 8 people attended. Weather not good, attendance lower than expected
  - Speakers Bureau (Leadership) training – schedule completed July 10, 17th tentatively

- OTHER:

Kathryn Szewczuk, Executive Director
o Tecumseh Lacrosse game 5/8 – Kay - went well, important as it’s a group of people that we don’t typically reach during our normal activities.

o Leadership advocacy – Kathryn – (handouts) Call to Action for the under funding of the public mental health system. Email link is on the Call to Action email Kay sent everyone. Everyone should be emailing state reps and telling their stories and how CMH has helped them. Other suggestions were to have members sit in waiting rooms and talking with individuals about these issues. Will do it on the 28th, 29th and 30th for 2 hour shifts in the morning and early afternoon. Kay will send out an email asking who would like to participate and Kathryn will work with members about talking points.

o The Ripple Effect – Monroe is willing to lend us the movie. Kay to talk with Bridgitte about logistics and come back to report next month

- Next meeting: June 20, 2019 10:00 am

Kr

Kathryn Szewczuk, Executive Director
Welcome – attendance – Barb, Michelle, Leslie, Rachel, Donna – Livingston; Mark, Jen, Kay, Judy – Lenawee; Cat, Desiree – Monroe; Pam, Lisa, Barb H, Kim - Washtenaw

Training in November 2019 – suggestions and comments for next training.
- Have ground rules
- Length of time for training suggestions – 9:30am – 3 pm
- Have a plan B in place prior to the event in case a presenter can’t make it
- Have the committee give input on what is presented, possibly give presenters an outline of what we would like
- Have a member story during lunch
- Have Kay and Leslie attend
- Roll play talking to legislator
- Date for 2019 – Nov 13

Yearly RCAC schedule. July 17, September 18, November 13.

Local updates
- Monroe – mid year town ha 4/29 at 3 pm open to community, new CAC with 13 members, working on workshops for the coming year
- Lenawee – starting a mini Speechcraft class – learning to tell your story training; E-Race Stigma 5K 5/19, going to Walk A Mile in Lansing.
- Livingston – Celebrate of Success on 4/24; 5/4 – 3rd annual All Minds Matter 5K, townhall 5/7; Genesis House got a donation of a camera and they made a video of their clubhouse. Check out their Facebook page Genesis P house.
- WASHTENAW – working on newsletter; gearing up for Walk A Mile about 40 people going ; taking advocates to Lansing to talk about funding cuts tomorrow to speak during Community meeting

State and Federal Update
No updates

Open Agenda
- Weekly Update formerly Friday Facts is a good way to keep up with what is going on with the state. CMHPSM.org, under resources is where you can find this.

Kathryn Szewczuk, Executive Director
• The Ripple Effect Movie—possibly having the 4 counties do it. Michelle—mkozak32286@gmail.com Will be the champion of this project. All counties will go back to their CAC’s to see about this and let Michelle their thoughts by June 1.

Open Agenda continued….

• All CAC Picnic—would like to have a picnic and invite all consumers CAC members from each county. Groups would bring a dish to share and committee would ask ROC to purchase meat (hot dogs/burgers/buns). We would like to have it at Goose Park or the one by the Washtenaw offices. A rep from each county was appointed to be on the planning committee—Cat, Mark, Michele, Barb. They will work through conference calls and emails. They will figure out the details and report back to their respective CAC’s.
  o Mark—Manicman21@comcast.net,
  o cat—redsatiin@gmail.com,
  o Barb—bjhigman2umich.edu.
  o Michelle—

Recommendations for Coach Connie to take to ROC.
• Committee would like another All CAC Training held this year on November 13. This would require each cmh to pay for their members travel time. We ask the ROC to furnish the location, snacks and lunch.
• All CAC Picnic. Committee would like ROC to endorse this picnic to be held in Washtenaw County and also furnish the meat (Hot dogs/burgers, buns) for it. Members would bring a dish to share.

Adjourn at 11:30 am Motion by Jen, Second by Mark. Motion carried
Respectfully submitted by: Kay Ross