

Consumer Advisory Committee Meeting Minutes

March 14, 2006

Members Present: Ackley, Ballingall, Barnes, Berridge, Fouch, L. Niceley, (M. Niceley), Scheich, Thompson, M. Wilson, R. Wilson
Staff present: Ross, Smith
Guest: Bennett

CALL TO ORDER

Chairperson M. Wilson called the meeting to order at 9:30 AM.

- I. **Minutes:** MOTION by R. Wilson to approve the minutes of February 17 minutes with the corrections to indicate Barnes absence as excused. SUPPORTED by Ackley. MOTION CARRIED.
- II. **Additions to the agenda:** none
- III. **Report from LCMHA Board presentation (Ballingall):**
Reported that the Committee wants to focus on reaching out to more consumers to encourage a greater voice and to form more sub-committees.
- IV. **Membership:** So far two letters of interest have been received for the upcoming openings (MI-Child, At-large, DD, MI-Adult). Bennett was present at the meeting and was questioned about her interest. Additional applicants are needed.
- V. **Forming CAC subcommittees:** At this time stipends are not paid for subcommittees attendance. With more information Myers could consider options. Anyone may serve on a subcommittee along with CAC members. CAC members should serve as chairpersons of each subcommittee. Suggested subcommittees and membership are:
 - a. **Special events: (such as Walk -A-Mile)** M. Wilson, Barnes, Ross, and Schiech. The chair may consider contacting Bennett about participating. The details for the Fair are covered by Ross.
 - b. **Legislative: (Keep track of current governmental activities that may affect consumers.)** Fouch, R. Wilson, Ackley. The chair may consider contacting Bennett about participating.

c. **Formulate a list of possible additional subcommittees:**
Thompson, M. Wilson, Ballingall.

d. **NAMI: (To get a local group started.)** Berridge, Ballingall, R. Wilson. The chair may consider contacting Nicholson and other interested parties.

Niceley is unable to drive, so will not be continuing with CAC and cannot at this time participate on sub-committees.

VI. Change of meeting date/time: MOTION by Thompson to change the meeting date to the 4th Tuesday of each month at 9:30 AM (adjustments may be necessary for holidays.) SUPPORTED by Scheich. MOTION CARRIED. This will possibly affect when the Board will receive copies of the minutes. (Follow-up: The Boardroom is not available on all 4th Tuesdays. Alternate rooms within CMH will be used and noted on the minutes.)

VII. Reports:

a. **Transportation: no meeting.** For any action or followup, complaints detailing specifics must be provided in writing. These reports may be provided to R. Wilson. A notice in the *Grapevine* may be requested.

b. **Drop-In Center:** M. Wilson is now the director.

c. **Co-Occurring:** There are upcoming regional trainings on contingency management.

d. **Support groups:**

i. **Schizophrenia anonymous:** Continues to meet on a regular basis

ii. **DBSA:** 6 persons attended the last meeting. The night group is not continuing.

iii. **DRA:** Continues operating from 12:00-1:00 PM and 1:00-2:00 PM at the HSB each Friday. The times will be reviewed again at the end of March, to see if attendance changes.

VIII. Affiliation:

a. **RCAC. Met last week.** The PI committee is asking what can be done to make you not feel like token representation. What can the Affiliation do?

Suggestions:

i. Increase the number of consumers on each committee.

ii. Do introductory leadership training on a regular basis (once or twice a year.)

iii. Increase consumer ability and willingness to speak up.

iv. The chair of each committee should actively involve all members.

v. Committee members should mentor each other to make everyone feel comfortable.

vi. Review turnover issues.

With Lankford's resignation RCAC has an opening for an MI-Adult representative from Lenawee County. MOTION by Thompson for M. Wilson to be the MI -Adult representative. SUPPORTED by Berridge. MOTION CARRIED. Barnes will continue as an alternate.

IX. Conferences/Trainings and Other:

- An ARC group may be forming. Ackley to find out details. J. Johnson may be on the Board.
- Scholarships are available for the 2006 Washington DC Convention. (Required to be submitted by March 30). Written reports are required.
- Mental Health Month Presentation will be May 31 at the First Church of the Nazene. Reservations are required. The agenda includes a Dual Recovery Panel, the Lori Sallows Award and the keynote will be Bev Cobain. (Her website is www.livingmatters.com)
- New Focus will have a food drive May 6 with a remote at Country Market.
- The Walk-A-Mile dates are May 23rd locally and the 25th for the State.
- There is a regional dual recovery speakers bureau.
- A Prevention Committee has funds available for prevention activities. Talk to Karmes about details.

X. Reporting to the Board:

March: Barnes
April: Thompson
May: R. Wilson

MOTION by Ballingall to adjourn the meeting at 10:41 AM.
SUPPORTED by R. Wilson. MOTION CARRIED.

Next meeting: April 25: 9:30 AM LCMHA Board Room.
(The meetings in June and September will be in the training room.)