

Consumer Advisory Committee Meeting Minutes

October 24, 2006

Core value: We believe in valuing other's voices, choices and contributions. Respecting other's values, abilities and limitations. Improving treatment to and for consumers through reaching out to our community and reducing stigma.

Members Present: T. Ackley, J. Ackley, Ballingall, Barnes, Beckey, Berridge, Scheich, Snyder, Thompson, R. Wilson, M. Wilson,

Absent: Venable

Staff present: Myers, Smith, Szewczuk

CALL TO ORDER

Chairperson D. Ballingall called the meeting to order at 9:33 AM.

- I. **Minutes:** MOTION by R. Wilson to approve the minutes of September 19 minutes as written. SUPPORTED by Beckey. MOTION CARRIED.
- II. **Additions to the agenda:** Voting for a RCAC alternate and a request by Szewczuk.
- III. **Public Comment:** None.

Report from the last Board meeting:

- IV. **Meyers reporting:**
 1. Congratulations on the successful "Meet the Candidates" event.
 2. The Board is discussing the Peer Support Specialist position. For the short-term a partnership may be formed with New Focus Club House to use the expertise of their case aids. The Peer Support Specialist position requires intensive certification training and testing. The next training session will be in March. The long-term plan would be to integrate the position into CMH.
 3. The discussion about realigning the Coordinating Councils with the counties within our Affiliation continues. Mid-South Substance Abuse Commission isn't very interested in giving up control over Lenawee county. Robin Reynolds will be leaving Mid-South in November. Myers will ask someone from the Affiliation to come explain the benefit of a realignment.

V. Report from September LCMHA Board Meeting: Snyder
Discussions at the meeting including the peer support specialist position, a suicide prevention workgroup and the budget.

VI. Ambassador Training:

Ross is not available today. This will be added to the agenda for November 28.

VII. RCAC membership

Barnes nominated Snyder and R. Wilson nominated Beck ey. The other new members have not attended an RCAC meetings. Transportation options were discussed. The meetings are the second Wednesday of each month. A full day retreat is tentatively planned for next week. (details unknown) Snyder was elected. (There were no seconds to the nominations, this will need to be formalized at the next meeting.)

VIII. Staff requests: Szewczuk

1. The Continuum of Care group is having a radio remote at Garfield School for homeless awareness. (November 13, 11 AM) Snyder volunteered to speak at the event.
2. Szewczuk is forming a suicide prevention workgroup to develop a plan. Interested CAC members include R. and M. Wilson, Beckley, J. Ackley, and Ballingall. Meeting details will follow.

IX. Committee reports: All minutes should be turned into Smith at the CAC meeting each month.

1. Events, publicity and Planning Committee

- a. September 8 minutes attached.
- b. Next meeting November 17 10 am.
- c. A sign-up sheet was provided to bring items for a brunch at the CAC meeting December 19. There will also be a White Elephant gift exchange.
- d. The group has started to think about holding a conference possibly next May (similar to what Monroe has done). Board approval would be needed. A chairperson should be named. A topic and details should be outlined to determine the financial expense. (Could funds possibly be obtained from the Hendershot fund?) The discussion should continue back with the subcommittee.
- e. The movie "The Ring" needs to be purchased.

2. Legislative: Parity information needs to be sent to the candidates. Everyone is encouraged to vote. Proposal 2 and 5 were discussed.

3. Meet the Candidate: The event was successful.

X. Discussion about adding the Anti -Stigma Committee to the CAC

The CMH Consumer Relations Committee has disbanded. The Anti-Stigma Committee reported to them. Anti-stigma is part of the CAC Strategic Plan for the year. MOTION by R. Wilson for the Anti -Stigma Committee to report to CAC.

SUPPORTED BY Snyder. MOTION CARRIED. Several CAC are also members of that group. MOTION BY J. Ackley for Thompson to represent Anti-Stigma at CAC. SUPPORTED BY T. Ackley. MOTION CARRIED. Bennett should be advised to provide copies of the minutes to Smith.

Questions were asked about stipends.

XI. Inter-Connections: The Center will be closing tomorrow so members may attend the Sharing Hope Conference.

XII. Conferences and Trainings: J. Johnson should get information to RCAC members about a training next week.

XIII. Misc./Announcements

Hope Center is having an open house October 31. Discount coupons were provided for Toastmaster memberships. (there are two different local groups.)

XIV. Reporting to the Board :

October: Thompson (and T. Ackley)

November 30th : M. Wilson

December: (unknown?)

January: Barnes

XV. Agenda items for the next meeting

1. Ambassador handbook

MOTION by Scheich to adjourn at 10:40 AM SUPPORTED BY T. Ackley MOTION CARRIED.

**Next meeting: November 28: 9:30 AM LCMHA Board Room
December 19 9:30 AM LCMHA training room.**