

**Consumer Advisory Committee Meeting Minutes
November 18, 2008**

Members Present: Grossman, Holden, Janego, Ostrander, Metz, Rauth, M. Wilson

Absent: T. Ackley, Jones, Miller (ex), Miley (ex)

Staff/Board present: Smith, Szewczuk, Walden

CALL TO ORDER

Chair-elect Metz called the meeting to order at 9:35 AM.

Introductions:

- Introductions were made.
- Address correction requested.
- Cell phone reminder made.

Public comment (Non-CAC members): None

NAMI: Ballingall did not attend. Ostrander and Holden will talk to her and report back. There are questions if she is still involved with NAMI and if there is a replacement.

Previous Minutes: MOTION by Wilson to accept the minutes as written. SUPPORTED by Miller. MOTION CARRIED.

Additions to the agenda: none.

Corrections and approval of previous minutes: MOTION by Grossman to accept the minutes with the following corrections. SUPPORTED by Rauth. MOTION CARRIED.

- *Motion by Grossman to accept the minutes. And Supported by Janego.*
- *VSU has responded to approximately 12 calls since March.*

Additions to this agenda: None

Lenawee:

Board meeting report:

Most of the meeting dealt with the budget. R. Wilson and Gallagher will attend Mental Health Awareness meetings. Clites has been assigned to CAC. Bills is willing to attend MHA meetings but has time conflicts for the morning meetings most of the year.

Executive Director Report:

Szewczuk reported that WCHO director, Kathy Reynolds will be retiring anytime before June 2009. Myers and one of our Board members (as a backup) will serve on the interview committee for the national search. Reynolds supports maintaining a process of "shared governance" with all the affiliation members. Focus groups will be held to determine what characteristics are important to the Affiliation for an executive director. Input is encouraged. **Provide your ideas to Sally Amos, Szewczuk or Smith.**

Monroe's goals toward correcting their past problems are being met and control/power being restored.

CAC Subcommittees:

- **Legislative:** No meeting. Next meeting Friday at 1:00 PM.
- **Mental Health Awareness**
 - There was a lengthy discussion about changing the time and place for meetings. The decision was made to continue holding the meetings at New Focus (upper level-park in the circle drive) at the same time each month. Making any changes to this arrangement would hinder most of the consumer members from attending.
 - Three awards will be made in December. (Miley, Grossman and Schram)
 - The group would like to arrange monthly movie nights to watch and review a variety of movies. Provide Ross with possible names of Christmas movies that could be viewed.

Liaison: Szewczuk

- The Community Forum held at Adrian High School was successful. Along with consumers, most Board members, staff and many community members attended. (93) Szewczuk and Hall will be compiling the responses and asking for help in addressing some of the comments. Results will be put into the *Grapevine*. The plan is to hold them annually. Grossman will facilitate and CAC will be asked to be more involved in the planning.
- **Concept Papers:** Szewczuk provided **Consultation Draft: October 3, 2008** of this document. **This will be an agenda item. Please read the document and be prepared to generate a conversation on how we can**

achieve these objectives. (We will try to email an electronic copy.) **BRING YOUR COPIES.** (Folders were provided to maintain minutes and supporting documents.)

Affiliation:

ACAC: (All “Regional” names change to “Affiliation”)

- At the ACAC meeting Matt Hoffman reviewed the PCP implementation projected revisions to ACAC.
- At the ACAC meeting Steve Sheldon discussed:
 - Needing input for desired characteristics for an executive director.
 - Wants to hear about any rumors so they can be answered before they become problems.
 - Talked about integrated care and healthy living.
 - Lenawee’s integrated care might include a staff person to work with the new medical clinic. Suggestions are welcomed.
 - CAC talked about side effects of medication and drug interactions with food. Szewczuk will ask Steve Sheldon for direction and invite him to a meeting. And will ask about the possibility of one of the doctors attend a meeting to talk about medications.

Miscellaneous updates/ information sharing

- **Interconnections/Drop In Center:**
 - The center is not open to the public during peer support round table meetings so all peer supports may attend.
 - Christmas and Thanksgiving celebrations are being planned.
 - DRA (Dual Recovery Anonymous): There has been no attendance, but might be a result of confusion about the location.
 - Ostrander and Grossman will be decorating the window.
- **Lenawee Suicide Prevention Workgroup:**
 - The Victim Services Unit is doing well.
 - Presentations were done for the Adrian Area Chamber breakfast, but there wasn’t enough interest for a follow-up training so it was not held. The group is looking at alternate ways to reach the business community (presentations at regular meetings.)
 - It was suggested to do presentations at HOPE, RICC and Civitan.
- **Continuum of Care:** No direct report.
 - The Lenawee Community Collaborative’s last meeting focused on homelessness. The need for food pantries and shelter is increasing. Share the Warmth at the Salvation Army will be starting December 1. Volunteers are needed to operate the shelter each night.

- o Walden shared information about the Poverty Summit at Cobo Hall that she attended.

DRAFT

- **RICC/Hope Center:**
 - HOPE is doing a basket fundraiser to help with the Center's expenses. Contact Whitehouse or Rauth.
 - NO RICC report.
 - Mark Schauer met with HOPE Center members the day before the recent election. He spoke to most members answering their questions.

- **Other items to note:**
 - Ostrander will conduct an Ambassador Handbook training at the January meeting.
 - Next meeting: to celebrate the holidays each member will bring a breakfast type food/snack to share.

Reporting to the Board:

Smith provides a summary of the CAC meeting for you to report to the Board. And you report back to CAC anything of importance that happened at the Board meeting.

Ostrander will maintain a list for members to rotate this responsibility.

November: This meeting is cancelled.

December 18: Ostrander

January: Holden

MOTION by Ostrander to adjourn the meeting at 10:53 am.
SUPPORTED by M. Wilson. MOTION CARRIED.

Next meeting: December 16, 2008 9:30 AM LCMHA