



Lenawee Community Mental Health Authority
To promote positive outcomes by creating a path to resilience; recovery; well ness and self-determination

CONSUMER ACTION COMMITTEE
MEETING Minutes
December 09, 2016

Present: Judy Mort Duncan, Chair; Jen Durell, Vice Chair; Christy Brugger, Sandy Toadvine; Kathy Illenden, Vance Powers, Kathryn Szewczuk, Deb Bills, Kay Ross, Mark Roman, Judy Ackley

Absent: Rod Haas

Previous Minutes: reviewed

Warm up: What is your favorite Christmas food? And why? Can you share the recipe?

Work Plan: review. Will update at January 2017 meeting

- Goal #1, obj #5 – Add Family Support Group which was started last spring
- Goal #2, obj #1 – Specific Activities – add the 4 County Training done November 18, 2016

Term limits

- Term ending December 31, 2016 - Sandy Toadvine, Joe Roman, Rod Haas
- Representation needed - Substance Abuse, MI Adult, DD, 2 - MI Child
- Jen Durell will become Chair as of January 1, 2017. Will need to elect a new Vice Chair

Subcommittees

- Art Project – attendance to the art classes have been very low. Discussed possible reasons for this, brainstormed what we can do to get better participation.
- Kay reported that some consumers were upset that the Christmas Party was cancelled. We had outgrown the 2 locations we had available. Discussed other options for holding the party as many consumers really look forward to this. Kathy Illenden will check into the Tech Center for the possibility of holding it there next year.

Other

- Discussed the possibility of holding a conference again. Will discuss this at future meetings

- Discussed Writing Group. We will work on ways to ask consumers what they would be interested in doing and go from there. It was suggested that we do a survey at Project Connect in January for feedback.
- Handouts given at today's meeting:
 - CAC Terms of Service
 - Letter from Alan Bolter, Associate Director at MACMHB regarding additional 298 information
- Kathryn gave an update on how Sandy was doing.

Next meeting: January 13, 2017 10:00 am, CMH

Respectfully submitted by Kay Ross