

**Consumer Action Committee
Meeting Minutes
February 12, 2016**

Present: Jen D, Judy D, Mark R, Vance, Rod H, Sandy T, Sandy K, Kay R, Kathy I

Absent: Joe R , Greg A, Judy A

Additions to Agenda

- **Motion** by Jen to accept the agenda with the addition of Privatization of behavioral services. **Second** by Mark.
Motion Carried

Work Plan

- Political Forum Update – Roxanne Holloway has agreed to do a presentation. The best dates for her are weeks of 4/11 and 4/18. Sandy T will ask someone from Secretary of State’s office to talk about registering to vote, as well as Mark, Vance and Jen to discuss the importance of voting and how to make informed decisions. Date scheduled – April 19, 2016 2:00 – 3:30 pm.
- Work plan updated for 2016. **Motion** by Mark to accept the 2016 Work Plan is amended. **Second** by Jen.
Motion Carried see attached Work Plan.

RCAC

- Jen, Judy, and Sandy T attended meeting on 2/12. All CMH’s were represented. Chair and Chair Elect were nominated. Spent most of the meeting going over the Operating Procedures of the committee.

Coming Events

- Addiction Summit – 3/24/15
- E-Race Stigma Race – 5/22/16
- Mental Health Awareness Month
 - Walk A Mile in Lansing is 5/18. Transportation (bus) will cost \$200. Members would like tee shirts as well as food costs. Jen will ask the CMH Board for funds at the February Board Meeting. Mark and Vance will carry the Lenawee Flag this year. Jen will work on a statement.
 - No other events planned as committee will help promote the Walk and the E-Race Stigma 5K

Sandy K’s report on Gov. Snyder’s Bill to privatize behavioral services

- Sandy reported on the bill that just came out and provided handouts – available upon request
- Encourage members to talk with consumers to try to calm any fears regarding this possible change.
- Encourage people to contact their legislators to express their feelings on this issue
- Shared report from the Michigan Association of Community Mental Health Boards “Protecting Michigan’s Most Vulnerable Citizens

Motion by Mark adjourn meeting. **Second** by Sandy T. **Motion Carried**

Next meeting: March 11, 2016 10:00 am LCMHA Board Room

CAC WORK PLAN

2016

Goal #1: Consumer Action Committee members will identify their role in CMH efforts to educate the community about Mental Illness

Objective	Specific Activities	Who	By When	Status Update
1. Increase community awareness of suicide risk	<ul style="list-style-type: none"> • Mental Health First Aid – Sandy will keep members updated on new trainings • SAFE Talk 	<ul style="list-style-type: none"> • Sandy • Kay 	<ul style="list-style-type: none"> • ongoing • 9/16 	<ul style="list-style-type: none"> • 9/16 •
2. Increase community awareness of the impact of substance use disorders (SUD)	<ul style="list-style-type: none"> • ROSC – presentative • LSAPC – representative • 2016 Addiction Summit 	<ul style="list-style-type: none"> • Jen • Judy • Kay 	<ul style="list-style-type: none"> • Monthly • Monthly 	<ul style="list-style-type: none"> • 9/16
3. Increase community awareness of the impact of mental illness and developmental disabilities on the criminal justice system	<ul style="list-style-type: none"> • Mental Health Court – information • Jail Diversion - information 	<ul style="list-style-type: none"> • Sandy • Sandy 	<ul style="list-style-type: none"> • Ongoing • ongoing 	9/16
4. Increase awareness of mental health issues through attendance at Collective Impact meetings	<ul style="list-style-type: none"> • Attend Collective Impact meetings 	<ul style="list-style-type: none"> • 	monthly	<ul style="list-style-type: none"> • 9/16
5. Increase support/education for family members of persons with mental illness	<ul style="list-style-type: none"> • Write/record Radio Ads 	<ul style="list-style-type: none"> • Jen • Joe • kay 	<ul style="list-style-type: none"> • 9/16 	

6. Increase number of persons who are trained to share stories to help reduce stigma	<ul style="list-style-type: none"> Continue with leadership trainings. 	<ul style="list-style-type: none"> Kay 	<ul style="list-style-type: none"> Ongoing 	<ul style="list-style-type: none"> 9//16
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Goal #2: Promote consumer self sufficiency through information and support

Objective	Specific Activities	Who	By When	Status Update
1. Learn from other CAC's about activities to educate consumers	<ul style="list-style-type: none"> Visit CAC's in the region Attending RCAC when starts back up in Feb 2016 			9/16
2. Use existing consumer surveys to identify role for CAC in educating consumers	<ul style="list-style-type: none"> Consumer Satisfaction Surveys 		<ul style="list-style-type: none"> 2016 	
3. Develop a Consumer Education Plan <ul style="list-style-type: none"> a. What do consumers need to know? b. How do consumers access information 	<ul style="list-style-type: none"> Leadership training for consumers 	<ul style="list-style-type: none"> CAC members 	<ul style="list-style-type: none"> ongoing 	Quarterly 4/16 7/16
4. Advocate for consumers	<ul style="list-style-type: none"> Report to the LCMHA Board 	<ul style="list-style-type: none"> Chair/vice chair 	<ul style="list-style-type: none"> ongoing 	Monthly CAC meetings
5. CAC Communication Plan	<ul style="list-style-type: none"> Grapevine-Newsletter Give input on radio ads 		<ul style="list-style-type: none"> Ongoing Ongoing 	

Goal #3: Educate CMH consumers through legislation effecting persons with mental illness, developmental disabilities and substance abuse disorders

Objective	Specific Activities	Who	By When	Status Update
1. Educating persons with MI and SUD on the voting process	<ul style="list-style-type: none"> • Bring in a speaker, ie. County/township clerk to talk about procedures of voting, how to vote, etc • Invite a legislator, ie to talk about how to research candidates, issues etc. 	<ul style="list-style-type: none"> • subcommittee 	<ul style="list-style-type: none"> • June 2016 and Oct 2016 • June 2015 	<ul style="list-style-type: none"> • June 2016
2. Inform all about the candidates that are running for office	<ul style="list-style-type: none"> • Join with a group/create a Candidates Forum to talk about MI and SUD issues 	<ul style="list-style-type: none"> • Committee 	<ul style="list-style-type: none"> • October 2016 	May 2016