## **CONSUMER ACTION COMMITTEE**

Meeting Minutes January 9, 2016 10:00-11:00 am

**Present:** Greg A.; Judy D.; Jen D.; Rod H.; Vance P.; Joe R.; Mark R.; Kay R.

Absent: Judy A.; Kathy I.; Sandy K.; Sandy T.

Meeting called to order.

Group icebreaker activity: Holidays and resolutions

Additions to Agenda/Approval of Last Month's Minutes

Minutes for November 2015 approved.

## **Committee Education**

- Discussed options for guest speakers to present to CAC.
  - o Topic suggestions included:
    - Trauma
    - Stress Management
- Still looking into options for visiting other Consumer Action Committees.

# Work Plan

- Discussed Work Plan. Updated goals to reflect progress that has been made.
  - o Discussed progress on Goal # 1 and Addiction Summit
  - Talked about importance of helping consumers learning more about voting and candidates.
    - Mentioned hosting forum/event where speaker can educate community about the voting process.
    - Importance of transportation was mentioned.
    - Event would discuss how to make an informed decision when voting, how to vote, and topics related to voting (ex. what a ballot looks like, registering to vote, etc.)
    - Jen to contact Roxanne Holloway/County Clerk's Office to request representation from Election Committee.

# **RCAC**

RCAC is tentatively scheduled for February 10<sup>th</sup> at 10:00 am. Kay will check on exact date.

### Education

• Still looking into options for visiting other Consumer Action Committees.

#### Other

- Recap
  - Christmas party had over 115 people.
    - Need to look at logistics for next year.
  - Christmas tree was a success.
- Events
  - Project Connect
    - January 27<sup>th</sup> 10:00 am 2:00 pm at Lenawee County Fairgrounds
    - Set-up scheduled for Tuesday January 26<sup>th</sup> at 2:00. Looking for volunteers.
  - o Addiction Summit scheduled for March 24<sup>th</sup> at Siena Heights University.
    - Adrian SADD chapter assisting with planning.
  - LCMHA contest with WLEN.
    - Kids writing public service announcements.
    - School or group with most participants will win a live remote.
  - Mental Health Awareness Month
    - Walk a Mile
      - Scheduled for Wednesday May 18<sup>th</sup>.
      - Need info regarding bus. Jen to look into AmVets bus again this year.
  - o E-Race Stigma 5K
    - Update from Greg
      - Donation letters sent out.
      - Looking at sponsors for Boys and Girls Club participation
    - Next meeting scheduled for February 3<sup>rd</sup> at 3:00 pm

MOTION by Mark R. to adjourn. SECOND Jen D. MOTION CARRIED.

Next Meeting Date—February 12, 2015 10:00 am at LCMHA