

CONSUMER ACTION COMMITTEE

Meeting Minutes

August 14, 2015

10:00-11:00 am

Present: Greg A.; Judy D.; Jen D.; Mark R.; Kay R.; Sandy T.; Vance P.

Absent: Sandy K.; Rod H.

Meeting called to order 10:01 am.

Additions to Agenda/Approval of Last Month's Minutes

- **Correction** to July 2015 minutes. First bullet point under "Awareness Efforts" should read "Safe Talk training scheduled for Wednesday August 26, 2015 from 9:00 am – 12:00 pm at *New Song Community Church....*"
 - **MOTION** by Kay R. to accept July 2015 minutes with correction. **SECOND** by Jen D.
MOTION CARRIED.

Calendar of Events for August

- Safe Talk
 - August 26, 2015 9:00-Noon.
 - 20 people signed up at the time of this meeting, need 30.
 - Another training to be scheduled this fall in Adrian.

CAC Membership

- Rod H. approved by LCMHA Board.
- Still in need of Substance Use Disorder representation and Children's services representation
 - Mark R. to ask his brother, Joe R. about representing Substance Use.

Work Plan

- Family group subcommittee to look into DD Parent Support Group and how we can use what they know for a group geared toward family members of people with mental illnesses. Kay to assist with contacting LCMHA staff who may have suggestions in this area.

Awareness Efforts

- The Making Strides for Suicide Awareness and Prevention Walk is on Friday September 25th at 6:00 pm. The walk is at Burr Ponds Park in Adrian.

- September Awareness
 - September is Recovery Awareness Month, which focuses on Substance Use Disorder.
 - Help promote drug take-back day that is happening on Saturday September 26, 2015 from 9:00-12:00 at Bixby Medical Center.
 - In addition to pills, this take-back allows liquids, sharps, and inhalers (Big Red Barrels at police departments take pills only, but take-backs at the hospital allow for people to have disposal options for other types of medications and supplies.
 - 60-second ads focused on Substance Use Disorder to run August and September on local radio.
 - What are the options for drug take-back for homebound individuals?
 - Are there options for transportation? Could we work with AmVets to assist in alleviating this issue?

RCAC

- The next RCAC meeting will be in October and, as of this meeting, is tentatively scheduled for 10:00 on October 14, 2015 at Zeeb Rd.
- Kay R. mentioned that there is a Customer Service Meeting on August 24, 2015. She will let us know if they discuss any fine details or confirm plans about RCAC.

Education

- Citizen's Guide
 - Judy D. picked one up and emailed about obtaining more copies.
- Legislation Awareness
 - Jen suggested making legislation (including bills, laws, and other political-focused topics) more understandable for consumers who receive services through LCMHA and for the people in their lives.
 - Sandy K. offered to look at Friday Facts to see what can be done to make legislation and related information clearer for everyone.

Other

- Grapevine
 - Judy has finished Grapevine article and will get it to Jen for edit.

MOTION by Mark R. to adjourn. **SECOND** Vance P. **MOTION CARRIED.**

Next Meeting Date—**September 11, 2015 10:00 am** at LCMHA