# **Consumer Advisory Committee Meeting Minutes November 2, 2009**

**Members Present:** T. Ackley, Janego, Jones, Miller, Ostrander, McKenzie, White

**Absent:** Clites (ex), Holden (ex), Rauth (ex), Miley (ex), M. Wilson (ex)

Staff/Board present: Grossman, Myers, Smith (minutes)

# CALL TO ORDER

Ostrander called the meeting to order at 9:38 AM.

## Introductions:

- Introductions: None
- Address correction requested. None
- Cell phone reminder made.

## Public comment (Non-CAC members): None

**Previous minutes:** MOTION by McKenzie to accept the minutes as written. SUPPORTED by Jones. MOTION CARRIED.

#### Additions to the agenda: REE Survey

#### Lenawee:

## **Report of Board meeting:**

• Holden reported but was not available today.

#### Executive Director Report: Myers.

- November and December Board meetings are combined into one meeting on December 10.
- Budget for 2010 seems to be manageable. But 2011 may be quite difficult. Reducing the number of CMHs is still being discussed.
- Generally, there is not a lot of specific legislative action to be taken right now. The main focus are budget concerns. The Board Association Legislative Committee is not even meeting at this time. Since the restructuring of our legislative committee, Myers or Szewczuk will call a meeting whenever there is a pressing issue to discuss. CAC members have the responsibility or right to say "here is an issue we might consider working on" and a meeting could be The committee cannot meet regularly scheduled. without a specific purpose. Individually, letter writing or emailing to your representatives is encouraged at any time. Members should also encourage others to write as well. Any communication with representatives

should be done from a personal viewpoint, rather than as a group or form letter.

#### Liaison: Grossman:

- The Seeds of Hope Shared Interest group has successfully met a few times.
- The Mental Health First Aid Training for next week is full.

#### CAC Subcommittees: (CAC oversees.)

**Legislative:** This committee addresses specific legislative actions. Work to communicate with representatives.

# Mental Health Awareness:

- More anti-stigma efforts should focus beyond just us to the community. An idea includes doing skits or plays about mental health issues. Whitehouse is contact SHU or the Croswell about working together on such a project.
- The Disability Workshops need additional facilitators.
- There will be a holiday party on December 16. Potluck, no gifts. Consumers and staff only (not open to the public.) Location to be determined.
- Ross presented at the MACMHB Conference about DD peer supports specialist.

# Affiliation:

Affiliation Consumer Advisory Committee: Dr. Healy was the speaker.

**Consumer input and concerns/miscellaneous updates/ INFORMATION SHARING ONLY**. (CAC does not oversee or have direct input into the operations of these organizations.)

**Interconnections/Drop In Center**: The October 13 open house was a success. The Center has also been featured in the *Daily Telegram*.

**Lenawee Suicide Prevention Workgroup**: The last meeting was cancelled, but suggestions are requested for direction to apply for a new round of grants.

**RICC:** Meeting attendance was low. Kristen Columbus talked about the "medical emergency" need for dental care.

Hope Center: No report.

**Continuum of Care**: Project Homeless Connect will be November 23. Also, November 19 is a Homeless Education Conference, along with the Norma Dell Award. Anyone may attend, but reservations are required along with a fee.

November 11: WLEN is holding a fund raiser.

After this meeting a chart that Smith maintains with Lenawee Human Services type Coalitions and their Missions (subject to change without notice) was emailed By law the CAC members. almost to everv committee/board meeting is open to the public to attend. Any visitor to a meeting should be aware and respect how each group operates. (Participation by nonmembers maybe limited, including voting rights, sitting "at the table", being able to speak etc. Stipends are not paid.)

**REE Survey:** November 30 and December 1 а Recoverv Enhancing Environment survev will be conducted here. Peer support specialist (not local) have been hired to conducted the survey for the DCH. The anonvmous survev was developed bv consumers/researchers to collect information about recovery from people in the mental health system (MI not DD). We may ask that members of this committee complete the survey during the meeting on December 1. Letters will be sent out within the next couple of weeks to obtain volunteers to complete the survey.

Board Reporting: December 10 White

The meeting was adjourned at 10:28 AM.

Next meeting: December 1, 2009 (The first Tuesday of the month.) 9:30 AM-11:00 AM LCMHA