Board Meeting Minutes  
August 29, 2019 

Present: G. Adams; M. Jackson; A. Palmer; D. Reed; N. Smith; H. Terrill, R. Tillotson; N. Wilson
Absent: J. Ackley, D. Bills
Staff: D. Andrews; J. Bradley; R. McKenzie; K. Rawlings; G. Schell; J. Steggerda; K. Szewczuk; C. Wotring
Public: J. Durell, M. Roman

1. **CALL TO ORDER**

   The meeting was called to order at 3:00pm.

2. **APPROVAL OF PREVIOUS MINUTES**

   MOTION BY M. JACKSON to approve previous minutes dated July 25, 2019. SUPPORTED BY D. REED. MOTION CARRIED.

3. **PUBLIC COMMENT**

   None

4. **PRESENTATIONS & AWARDS**

   - Carol Wotring was presented with her 5-year service award
   - Robyn McKenzie was presented with her 20-year service award
   - Greg Adams presented Interconnections Drop in Center Director Jen Durell and Mark Roman with a check for $10,000 for health and wellness initiatives - proceeds from the E-Race the Stigma 5K Run, Walk and Kids Dash in May.

5. **COMMITTEE REPORTS**

   A. **Standing Committees**

   a. **Consumer Action Committee**

   There was no meeting this month, however, Mark Roman reported that members attended the regional CAC picnic in August which was very well attended. Members viewed the movie “The Ripple Effect” and decided to show it to a more adult/older adolescent audience.

   b. **Operations & Budget Committee**
• **Public Sector Consultants - Request to expand contract, $2500**
  Jackie Bradley gave an update regarding state data that could be localized to enhance the analysis currently being conducted. This would be at an additional cost of $2500. **MOTION BY N. SMITH** to approve the expanded contract at an additional cost of $2500. **SUPPORTED BY M. JACKSON. MOTION CARRIED.**

• **Making Strides for Suicide Awareness Walk - Sponsorship Request**
  CMH has historically supported this event, this year will be the 4th year. The Walk is on Saturday September 21st at Comstock Park. **MOTION BY M. JACKSON** to approve $1,000 sponsorship of the Suicide Awareness Walk. **SUPPORTED BY J. LAPHAM. MOTION CARRIED.**

• **Data Report**
  o In July there were 122 inquiries for mental health services, 95 intakes were scheduled. 2 did not return the call, 4 refused and 21 were referred out. 70 assessments were scheduled, 11 were found ineligible, 4 refused. 55 were found to be eligible and are receiving services. 64% were Medicaid, 35% Healthy Michigan, 2 GF.
  o Substance Use disorder inquiries totaled 64. 9 were referred out utilizing their SUD benefits, 1 did not return the call and 2 refused. 52 were authorized and are receiving services. 13 were Medicaid, 27 Healthy Michigan, 12 block grant.
  o Inpatient hospitalizations - 25 were admitted to hospital, 5 of those were children. 40% Medicaid, 60% Healthy Michigan. 52% were previously unknown to us. 56% had co-occurring mental health and substance use disorders. 5 reported the Family Medical Center as their primary care provider, 11 reported not having a primary care physician. 1 was readmitted within 30 days. We were able to divert 8 from the hospital, and 10 were admitted on petition. Going forward we will be doing sentinel event reviews on any readmissions within 30 days.
  o There was discussion regarding the alarming rise in suicides in the county recently, and whether we could do more in this area.
  o Pathways Update. In June and July there were 27 admissions consisting of 10 unique individuals, 9 of those were new to Pathways. Alcohol, cocaine, heroin and meth are the most popular substances. 4 reported being homeless, 2 were precariously housed, 2 lived with others, 1 lived with their family and 1 did not complete the intake. 1 was referred from Bixby ER. Smart Recovery
Meetings are going well with increased participation. All staff are trained in Smart Recovery. It has helped moving the drug court engagement group to Pathways, as this has increased awareness and access. We have applied for additional funds from the region to enable us to expand to 7 nights a week, and enable us to have enough Peer Recovery Coaches available.

- **Personnel Committee**
  - Amy Palmer reported that this committee met on August 27th to review Kathryn’s goals and accomplishments. October 1st will start the third year of a three-year contract. **MOTION BY A. PALMER** to approve the Executive Director Contract for FY19/20. **SUPPORTED BY M. JACKSON. MOTION CARRIED. MOTION BY M. JACKSON** to refer this back to Personnel Committee to consider entering into an extended three-year contract with one year reviews and renegotiation of salary annually, and resetting the goals annually. **SUPPORTED BY N. SMITH. MOTION CARRIED.**
  - **MOTION BY M. JACKSON** to award an additional $2500 tax deferred compensation totaling $10,000 based on performance at 9.30.19. **SUPPORTED BY A. PALMER. MOTION CARRIED.**
  - Board Interviews. Five prospective board members were interviewed by the committee. **MOTION BY A. PALMER** to recommend to the County Commission to appoint Stacy Gamel to the open position on the board with a term expiration of 2022. **SUPPORTED BY N. WILSON. MOTION CARRIED.**

- **Ad Hoc Committee – Expanding Crisis Services**
  Deidre Reed reporting on this committee meeting held on August 26th. There are three priority areas: Training; Data Collection and Resource Guide. Frank Nagle from ProMedica has almost completed the Crisis Resource Guide for Behavioral Health. This will be housed on the ProMedica website, with the availability of marketing materials and a postcard size flier to hand out.

**Finance Report**

Debi Andrews reported that at the end of July revenue and expense at 83% of the year is at 75% spent. We are under budget on most line items except SUD contracts and state inpatient. We show being able to add $370,000 to the fund balance. Wealth management accounts are on track with good earned interest and a slight loss in market value.
MOTION BY M. JACKSON to accept the finance report. 
SUPPORTED BY D. REED. MOTION CARRIED.

6. EXECUTIVE DIRECTOR’S REPORT

- We have still not been notified by the state of the rates for the upcoming year. We have heard that there will be a $60m supplemental, however, this has not been allocated yet. Some of the PIHP CEOs have lobbied for the supplemental to be distributed to those PIHPs in deficit.
- Kathryn has been attending Washtenaw County Board of Commission meetings. The BOC is concerned about the Washtenaw CMH deficit and have stepped in to pass a resolution that makes cuts to administration/delegated functions. Note: The BOC cannot direct Medicaid funding.
- The PIHP CEO search is moving forward, Lenawee CMH has been handling the HR piece. Three candidates have been selected to be interviewed on September 10th and 11th. The second interview will be conducted at a special regional board meeting.
- Kathryn attended a 40-year anniversary gala for the Family Medical Center of Michigan on August 23rd.
- The circuit court hearing is scheduled for September 19th.
- We have learned that U1st is closed. Ortele, a tele-medicine company which was housed in the same building is looking for another location. Ortele provide medication assisted treatment, psychiatric and medical care, and mental health and substance use treatment and would be another great resource for our community.
- We have had many different meetings with community partners, several grants are available. Jackie Bradley updated the board members on the status:
  - We have received, with ProMedica, a $200,000 planning grant through the Lenawee Substance Abuse Prevention Coalition, to develop a comprehensive, county-wide strategic plan including prevention, treatment and recovery for opioids.
  - We have applied for a $750,000 implementation grant that would enable us to develop models established in the planning grant above.
  - We have submitted a letter of intent for a grant, in partnership with the Sheriff and the Jail to support shared positions to facilitate access to treatment and in-reach while incarcerated to support re-entry into the community or transition to treatment.
  - Through the LISD 31n funding we will be able to provide behavioral health services in 7 school buildings. Therapists will be attending 3 hours per day, one or two
days per week. This will enable us to better engage families and provide treatment within the schools.

- With the additional general fund dollars, we have talked to the Sheriff/Jail commander, about options in the jail, we would like to do more diversion. We have also talked with probate court and Maurice Spear Campus to set up meetings to discuss kids in detention, and what more we can do in the area of prevention.

7. REPORT FROM BOARD CHAIR

- The Fall Conference is October 21st & 22nd. Please let Karen know if you intend to attend.
- We have had a thank you from the Hope Center for our sponsorship of their “Night for Hope”.
- Kathryn is doing a great job in general, but a special thank you for assisting and mentoring when it comes to Greg’s responsibilities at the region.

8. REPORT FROM REGIONAL BOARD

- Interviews are set for three candidates; 25 applications were reviewed.
- Next month they will be setting the budget for next year.

9. BOARD MEMBER COMMENTS

- Congratulations to Greg, for being awarded the Hal Madden Award.

10. ADJOURNMENT

Meeting adjourned at 4:09pm.

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Nathan C. Smith                                      Date
Secretary