Community Mental Health Authority
1040 South Winter Street, Suite 1022
Adrian, MI 49221-3867
www.lcmha.org

To promote positive outcomes by creating a path to resilience, recovery, wellness and self-determination

Board Meeting Minutes
May 30, 2019

Present: J. Ackley, G. Adams; D. Bills; M. Jackson; J. Lapham; Palmer; H. Terrill,
R. Tillotson; N. Wilson
Absent: N. Smith; D. Reed
Staff: Andrews; Bradley; Feller; Rawlings; Schell; Szewczuk; Brocht, Dickson

1. CALL TO ORDER
The meeting was called to order at 3:00pm.

2. APPROVAL OF PREVIOUS MINUTES
MOTION BY A. PALMER to approve previous minutes dated April 25, 2019. SUPPORTED BY J. LAPHAM. MOTION CARRIED.

3. PUBLIC COMMENT
None

4. PRESENTATIONS & AWARDS
• Billie Brocht was presented with an award for 20 years of service with CMH.

5. COMMITTEE REPORTS
A. Standing Committees

a. Consumer Action Committee
Holly Terrill reported on the meeting held on May 16th. CAC members are participating in a letter writing advocacy campaign regarding the underfunding of the public mental health system. Members participated in the Walk a Mile and UFAM events in Lansing as well as the Cinco de Mayo parade in Adrian. The Tecumseh Stick it to Stigma Lacrosse game was on May 8th and went well.

b. Operations & Budget
• Three Regional policies have been updated. R-800 County of Fiscal Responsibility; R-821 Organizational Credentialing, Re-credentialing and Monitoring; and R-823 Service Verification. MOTION BY A. PALMER to approve the above three policies. SUPPORTED BY D. BILLS. MOTION CARRIED.

Kathryn A. Szewczuk, Executive Director
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Data Report

- In April there were 141 mental health inquiries. 38 were referred out, 103 assessments were scheduled, and 84 initial assessments were completed. 21 were found ineligible, 62 are receiving services, 2 refused. 61% Medicaid, 34% Healthy Michigan, 5% GF. We continue to work on getting those on GF moved to Healthy Michigan—these cases are reviewed at UR committee prior to being approved for services.

- Substance use disorder inquiries totaled 55 adults. 2 were referred out with SUD coverage, 5 were denied and 48 were authorized for service. 17 Medicaid, 22 Healthy Michigan, 7 block grant.

- Inpatient hospitalizations—17 were admitted to hospital in April. We continue to work on diversion if possible. 8 were Medicaid, 7 Healthy Michigan, 2 GF. 52% had co-occurring mental health and substance use disorders, 53% were previously unknown to us. 6 reported using the Family Medical Center for primary care, 4 did not have a primary care physician. 5 were diverted and 10 were admitted via petition. Nic Wilson will follow up with LCA regarding this. 2 were readmitted within 30 days. We are monitoring those who follow up with their appointment at CMH following a hospitalization—we didn’t have any no shows in April.

Finance Report

Debi Andrews reported that at the end of April we were 58% of the way through the year at 49% spent. We had a good month on earned income, and this, combined with the additional GF allocation for this year is helping being able to contribute $193,000 to the fund balance.

MOTION BY M. JACKSON to accept the finance report and additional vouchers totaling $922,825.43. SUPPORTED BY J. LAPHAM. MOTION CARRIED.

c. Expanding Crisis Services Sub-Committee
The goal—to divert Lenawee consumers in crisis from the hospital/jail and connect to community resources when appropriate.

Jackie Bradley reported on the work of this group. They have been reaching out to different groups to identify specific trainings that are needed to be prepared for crises in the community. Law enforcement; colleges; doctors in the ER and nurses are among those identified. There will be ongoing conversations about what more can be done in the ER. The larger Access to Behavioral Health committee meets next week, June 6th at 4pm at the Family Medical Center. Public Sector Consultants will be in attendance to talk about the community assessment.

d. Retirement Committee
Mark Jackson gave an overview of the three plans. Currently the DB plan, which is closed, based on the actuarial study and assumptions in place is funded this year at 91%. The FICA plan (social security alternative) with a 67/33% mix of investments continues to do well. MOTION BY M. JACKSON to continue with asset class portfolio 3, moderate plan.
SUPPORTED BY J. LAPHAM. MOTION CARRIED. The DC plan continues to grow and employees are watching their investments, there are many tools available including a user-friendly website. The committee continues to be pleased with Mass Mutual and their attention to CMH employees.

6. EXECUTIVE DIRECTOR'S REPORT
- Saginaw is withdrawing from the 298 pilot. A reminder that advocacy efforts are continuing, please contact the legislators. If you have a consumer, or know someone who would be impacted by a cut in services please urge them to write a letter or contact their legislators.
- We are partnering with ProMedica and LSAPC on a grant for opioid prevention planning. This grant for $200,000 would cover community assessments, strategic planning; coordinating community wide response efforts around treatment, prevention and recovery. This would be in collaboration with the Lenawee Substance Abuse Prevention Coalition.
- The Lenawee Intermediate School District has access to 31n funds ($295,000/2 years) directed at bringing mental health services into schools. We are working with the LISD on how to provide services.
- There have been preliminary conversations with the Sheriff and ProMedica regarding utilizing Recovery Coaches. We are also hoping to increase the number of recovery coaches at the Engagement Center.
- We have received a number of donations as a result of the suicide of a local resident. Jackson suggested transferring to the Hendrakes Account. It was agreed this would be discussed further at the end of the fiscal year.

7. REPORT FROM BOARD CHAIR
- There were over 800 participants in the E-Race the Stigma last weekend. The initial intention was to raise awareness about mental health in the community, and the race is doing that. The City presented Greg with a Proclamation at the beginning of the race. 160 kids participated in the 5K, 100 of those were from APS. Greg will bring a full report to the board next month. It was agreed that a full page advertisement in the Telegram to thank sponsors; schools and the community in general would be in order.
- There was a suggestion to prepare a Resolution for the Tecumseh Boys Lacrosse Team in support of their event—Stick it to Stigma, as they all also participated in the E-Race.

8. REPORT FROM REGIONAL BOARD
- Ralph Tillotson reported that Greg’s comments regarding the role of the board chair were supported by other committee members, and there has been a significant decline in involvement since then.
- A search committee has been appointed, which includes one board member from each region. Mr. Londo is an ex-officio member.

9. BOARD MEMBER COMMENTS
None.

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10. ADJOURNMENT

Meeting adjourned at 4:18pm.

Nathan C. Smith
Secretary

June 27, 2019
Date