Minutes
October 25, 2018

Present:  J. Ackley, G. Adams; D. Bills; M. Jackson; J. Lapham; A. Palmer; N. Smith; H. Terrill; N. Wilson
Absent:  D. Reed; R. Tillotson
Staff:  Andrews; Krefman; Rawlings; Schell; Szewczuk;
Guests:  K. Young (ProMedica Foundation)
Public:  Durell; Roman

1. **CALL TO ORDER**
The meeting was called to order at 3:00pm.

2. **PREVIOUS MINUTES**
   **MOTION BY M. JACKSON** to approve the minutes dated September 27, 2018. **SUPPORTED BY J. LAPHAM. MOTION CARRIED.**

3. **AWARDS AND RECOGNITION**
   - The board watched the video of the e-Race the Stigma 5K Run/Walk held in May produced by the LISD. The race attracted over 600 participants, and raised over $20,000.
   - Greg Adams presented a check for $10,000 to Interconnections Inc. (Jen Durell and Mark Roman) for healthy eating and physical activity initiatives at the Drop in Center.
   - Greg Adams presented a check for $5,000 to ProMedica Foundation (Katie Young) towards the Lenawee Health Assessment. The community health assessment is completed every three years; it is beneficial to CMH to have county-wide health data available.

4. **PUBLIC COMMENT**
   None

5. **RECIPIENT RIGHTS TRAINING**
   Jessica Krefman, Lenawee Recipient Rights Officer, gave an overview of Recipient Rights.
COMMITTEE REPORTS

A. Standing Committees

1. Consumer Action Committee
Jen Durell reported on the Consumer Action Committee which met on October 18th.
   - There is a regional CAC training on November 14th. Most members will be attending.
   - The annual Christmas Party will combine with the Celebration of Success on December 6th at the Tech Center from 11:30am – 1pm. Consumers will be recognized for making strides in their recovery. A nomination form is available if anyone would like to nominate a consumer.
   - Interconnections is having an Open House to celebrate 26 years, on November 8th from 3pm – 6pm. Everyone is welcome.

2. Behavioral Health Access Initiative – Ad Hoc Committee
Amy Palmer reported on this ad-hoc committee which met on October 5th. As a follow up to the petition and Town Hall, this committee will be tasked with reviewing comments from the town hall and deciding on next steps. The purpose statement was agreed upon: To secure viable and sustainable services for behavioral health in Lenawee County. The next meeting is scheduled for November 7th at 4pm at the Family Medical Center. Community members are invited; all of the committee members issued personal invitations. It is important to keep this issue on the forefront of the minds of the community, and to keep people engaged. Maybe we should submit articles/letters weekly to the newspaper, as well as continue community conversation on WLEN. Sub committees may be created to look at prevention; providers; funding; millage etc. Please let Karen or Jackie Bradley know if you are interested in attending.

3. Retirement Committee
Nate Smith reported on this committee which met on October 16th. The committee is pleased with the overall situation with the pension plans and the FICA alternative plan. We are currently 91% funded using 7% discount rate. Based on last year’s performance the contribution for 2018 is $260,399 which is a decrease from the previous year. Mass Mutual has been very helpful with regard to the education of the employees as evidenced by increased activity on the website, and they will continue to be available whenever we need them. The committee has been very satisfied that the Actuary has been
present at the last several meetings. **MOTION BY M. JACKSON** to accept the 2018 Annual Review of DB and DEC Plans and Actuarial Report and place on file. **SUPPORTED BY J. LAPHAM. MOTION CARRIED.**

4. **Operations & Budget**
Adams reported on Operations & Budget Committee which met on October 17th.

- Revised LCMHA Policy #C-435 Management of Sample Medications and Medication Disposal, and Revised Regional Policy #RR-607 Office of Recipient Rights were reviewed by the committee. **MOTION BY N. SMITH** to approve the two policies C-435 and RR-607. **SUPPORTED BY M. JACKSON. MOTION CARRIED.**

- MACMHB Dues. Kathryn reported that the additional $70 included in the invoice was for a Narcan training attended by two staff that was supposed to be paid by the region. We are following up on that. **MOTION BY N. SMITH** to approve the invoice for $10,116 Board Association Membership Dues for FY18/19. **SUPPORTED BY D. BILLS. MOTION CARRIED.** Kathryn reported that the Board Association has been very active on our behalf regarding the cut in supplemental funding as well as Healthy Michigan and Autism rates from the state. They are also assisting us with the lack of inpatient behavioral health beds available. Judy Ackley would be interested in seeing finance reports for the board association.

- Kathryn Szewczuk reviewed the data for September. There were 100 inquiries for mental health services, 20 were referred out and 4 refused. 76 intakes were scheduled, 61 initial assessments completed. 13 were found ineligible, 45 were eligible and are receiving services, 3 refused. 64% were Medicaid, 31% Healthy Michigan and 4% GF. For substance use disorder services there were 49 inquiries in September, two of those were children (young adults). 1 was referred out, 4 refused including one of the children. 43 were authorized for service including one of the children. 17 Medicaid, 22 Healthy Michigan and 4 block grant. There were 23 admissions to inpatient hospitals, one of those was a re-admittance (readmitted within 30 days). 39% Medicaid, 61% Healthy Michigan. 52% had co-occurring mental health and substance use disorders. 61% were previously unknown to us. 4 identified the Family Medical Center for primary care, 11 did not have a primary care physician. We were able to divert 9 from the hospital,
and 7 were admitted on petition. Pathways Engagement Center saw a total of 110 admissions in 2018, this includes 31 unique individuals. 7 went into residential or detox. 76% of the time that Pathways was open someone was visiting the center. We are now running two Smart Recovery meetings on the weekends. hope to add more meetings soon as well as increasing our hours of operation.

- Debi Andrews reported on the finance report. Revenue and expenses at the end of September are at 96% at 100% of the fiscal year. We do still have some claims coming in. We will be sending back substance use disorder funds to the region ($458,000) and $380,000 unspent Medicaid. The wealth management accounts ended the year with almost $80,000 earned interest, but with a loss of $9000 in market value. Debi has been discussing our investment funds with our advisor at Old National with the intent of having access to more fluid funds. Debi hopes to bring some suggestions to Operations & Budget next month. Kathryn gave an update on the reason why the region has exhausted its risk reserve, which will impact all of the partners in the future. **MOTION BY M. JACKSON** to accept the finance report and vouchers totaling $901,568.98. **SUPPORTED BY J. LAPHAM. MOTION CARRIED.**

G. Adams request to move into Executive Session to discuss pending litigation. **MOTION BY M. JACKSON** at 4:07 to go into closed Executive Session, and to allow Kathryn Szewczuk (ED), Debi Andrews (CFO) and Karen Rawlings (Minutes) to remain. **SUPPORTED BY A. PALMER. MOTION CARRIED.**

**MOTION BY M. JACKSON** to move back into open meeting at 4:33pm. **SUPPORTED BY J. LAPHAM. MOTION CARRIED.**

Open session resumed at 4:34pm.

5. **EXECUTIVE DIRECTOR’S REPORT**

- Greg Adams and Kathryn Szewczuk attended the MIPAD/CON workgroup looking at inpatient hospitalization across the state. There was a presentation on how the state has determined certificate of need, and how they determined how many beds are needed in the different areas. From the conference, one of the barriers to inpatient psychiatric admission is around determining a patient is “medically cleared”. One of the MIPAD workgroups is creating standard protocols for ER’s to follow for medical clearance.
• Amy Palmer, Greg Adams and Kathryn were invited to a meeting at Rick Gurdjian’s office with Bronna Kahle, Mary Whiteford ( Allegan); Dr. Yaroch, VP of Inpatient Services at ProMedica. Mary Whiteford highlighted the 24 hour call number to be funded ($6m). This will identify mental health professionals in the caller’s area. Crisis homes were discussed. Adams questioned why Monroe Hospital occupancy rate is only 50% with 20 beds. Staffing the unit is a challenge. Not only is there a shortage of psychiatrists, there is also a shortage of nurses willing to go into this field. Previously Harbor Behavioral Health was being used by ProMedica for psychiatric services. There was a question of how Hillsdale is able to run a psychiatric unit?

• At the Fall Conference Kathryn met with Laura Appel, who wrote the letter from the Hospital Association to Dr. Yaroch (forwarded to the board previously). Bob Sheehan believed that she was supporting us as she has been an advocate for increasing access to inpatient. Bob Sheehan will continue the conversation with her.

• We have received a notification that we will be receiving $10,000 from the Nexxus Gas Transmission Group. $10,000 is going to Monroe for their engagement center and $10,000 for Lenawee. We received confirmation that this can be used for services at Pathways. This will put us in a better position to be able to add groups and more hours in the future. There will be a check presentation on November 2\textsuperscript{nd} at Lenawee Now at 9:30am.

• CMH has two retirements next week. Susan Elardo on October 31\textsuperscript{st}. The celebration will be at the Family Medical Center at noon. Beth Deo on November 2\textsuperscript{nd}. The celebration will be at CMH at noon. Board members are invited to attend.

• Provider contracts were approved at the August board meeting. However, several hospitals have increased their rates significantly since then, and we have dropped a couple of hospitals due to the cost.

6. REPORT FROM BOARD CHAIR

• A reminder that Interconnections is having an Open House on November 8\textsuperscript{th} from 3pm – 6pm.

• We have received a “thank you” letter from Share the Warmth for our donation to their annual golf outing.

• Meeting dates for November and December.
It was agreed that the normal schedule would be followed for November. MOTION BY A. PALMER to have one meeting in December, and have Operations and Budget Committee act on
behalf of the board on December 19th. No full board meeting in December. SUPPORTED BY N. SMITH. MOTION CARRIED.

7. **REPORT FROM REGIONAL BOARD**
   Ralph has stepped down as Chair. The new Chair is Charles Londo from Monroe. Judy Ackley is the new Secretary.

8. **BOARD MEMBER COMMENTS**
   Nate Smith invited members to order Christmas Wreaths from Rotary Club.

9. **ADJOURNMENT**
   Meeting adjourned at 4:54pm.

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Nathan C. Smith                     Date
Secretary