

LENAWEE COMMUNITY MENTAL HEALTH AUTHORITY BOARD MEETING

Minutes
September 29, 2016

Present: J. Ackley, D. Bills; G. Adams; S. Clites; M. Jackson; J. Lapham; E. Martinez;
R. Tillotson; J. Van Doren; D. Yearsin
Absent: N. Smith; R. Wilson
Staff: Andrews; Deo; Keener; Robb; Ross; Strayer; Szewczuk
Public: J. Claar; J. Durell; M. Roman

CALL TO ORDER

Chairperson Clites called the meeting to order at 3:00pm.

PREVIOUS MINUTES

MOTION BY J. LAPHAM to approve the previous minutes as presented dated August 25th, 2016. **SUPPORTED BY M. JACKSON MOTION CARRIED.**

MOTION BY J. VAN DOREN to approve minutes of the Special Board Meeting held on August 29th. **SUPPORTED BY M. JACKSON. MOTION CARRIED.**

PUBLIC COMMENT

No public comment.

SPECIAL PRESENTATIONS, REPORTS AND ACKNOWLEDGEMENTS

1. The board watched the video recorded by the LISD of the E-Race Stigma 5K race.
2. Greg Adams presented a check for \$5,000 to ProMedica (Jared Claar) towards the next Health Assessment, from monies raised at the E-Race Stigma 5K race.
3. Greg Adams presented a check for \$8,500 to Interconnections Drop In Center (Jen Durell and Mark Roman) for consumer health and wellness initiatives, from monies raised at the E-Race Stigma 5K race.

4. Greg Adams reported that next year's race will include the SUD recovery community.
5. Kathryn Szewczuk gave the board members a brief history of the Victims' Service Unit, which has 20 active members who go out with the police to unexpected deaths/disasters etc. to work with families and victims in times of crisis. Lenawee has been recognized by the State this year – Kay Ross, has been recognized as Advocate of the Year. She will receive her award next month. Kay was one of ten nominees, and was chosen because of the work she has done in the community over the last ten years – congratulations Kay!

COMMITTEE REPORTS

A. Standing Committees

1. Consumer Action Committee

Jen Durell reported on the meeting held on September 9th. The group is working on informing consumers about the voting process, and encouraging attendance at community forums and coffee hours hosted by candidates. They are working with Regional CAC on getting the art show up and running. The committee participated in the "Making Strides in Suicide Awareness" walk on Saturday. The event was very well attended.

2. Performance Improvement

There was no Performance Improvement Committee meeting in September.

3. Facilities Committee

There was no Facilities Committee in September.

4. Personnel Committee

There was no Personnel Committee in September.

5. Operations and Budget

Clites reported on Operations & Budget Committee which met on September 21st. Several regional policies were presented for approval. **MOTION BY R. TILLOTSON** to approve policies: SUD-711/RR-602; SU-701; SU-702; SU-703; SU-704; SU-706; SU-708, and to rescind Methadone policy to replace with SU-705 Medication Assisted Treatment. **SUPPORTED BY J. VAN DOREN. MOTION CARRIED.**

We have been notified of an increase in dues from MACMHB of 6.51% totaling an increase of \$609. **MOTION BY M. JACKSON** to approve an increased dues payment to MACMHB of \$9,962.00. **SUPPORTED BY J. ACKLEY. MOTION CARRIED.**

Service Inquiry – there were 129 inquiries in August, 74 had initial assessments, 60 were found eligible and receiving services. Almost all were Medicaid or Healthy Michigan, 3% GF. There were 60 substance use disorder inquiries – triple the amount when we began serving the SUD population in 2013. 46 of those were authorized and

receiving services. Currently Lenawee has 4811 enrolled in Healthy Michigan. Of the 98,000 population in Lenawee, approximately 20,000 are on Healthy Michigan or Medicaid.

State Institution – three people were in the hospital, 2 of those have active discharge plans.

Inpatient Hospitalizations – 33 were admitted to local hospitals in August, this number is a significant increase from 2007 when we began tracking these numbers (which averaged 10 per month). We still face difficulties finding beds for children. 95% were either Medicaid or Healthy Michigan. 40% Healthy Michigan which is paid at a lower rate than the cost of service, which impacts our budget. 61% had co-occurring mental health and substance use disorders, 64% were previously unknown to us. 15 reported the FMC as the primary health care provider. 8 reported no PCP.

Finance Reports – Deb Strayer reported that as of August 31st at 92% of the way through the year, 83% of the budget is spent. Expenditures do not include the performance pay, which will be processed tomorrow. If this was included we would still be below budget at 89% spent. Clinical service contracts are in line at 92%, showing an over spend on SUD – but we expect the region will make us whole on this.

Revenue – We saw a drop in earned interest and dividends. Overall we are able to contribute \$40,000 to the fund balance after covering \$220,000 GF shortfall.

Cash Balance – We saw a drop in market value of \$14,000 in GF investments.

MOTION BY M. JACKSON to approve Finance Reports and additional vouchers totaling \$183,072.80 . **SUPPORTED BY R. TILLOTSON. MOTION CARRIED.**

Proposed FY17 Spending Plan – Sandy Keener gave an overview narrative for a recommendation of a 5% increase in spending, which includes 95% attributed to Medicaid and Healthy Michigan. Deb Strayer detailed some of the line items including an increase in the Psychiatrists line to cover a recent rate increase. Contracts saw an increase for the Drop In Center, and Specialized Residential in anticipation of higher cost for out of county placements. Centria saw an increase as we see more costs for Autism services and an increase for SUD providers. On the Revenue side we have added back in an incentive for Meaningful Use for our Electronic Health Record as we expect to qualify this year. **MOTION BY M. JACKSON** to approve the FY17 Spending Plan. **SUPPORTED BY D. BILLS. MOTION CARRIED.**

Making Strides for Suicide Awareness – Adams requested financial support for the second suicide walk being held at Comstock Park on Saturday. Consumer Action Committee members are also participating in the event. **MOTION BY R. TILLOTSON**

to approve \$1500 sponsorship of the Making Strides for Suicide Awareness walk.
SUPPORTED BY D. YEARSIN. MOTION CARRIED.

6. Recipient Rights Advisory Committee

There was no Recipient Rights Advisory Committee meeting in September.

7. Retirement Committee

There was no Retirement Committee meeting in September.

A. By-Laws

There was no By-Laws Committee meeting in September.

B. Ad-Hoc Committees

Mark Jackson reported on the Ad-Hoc Committee which met on September 7th. Debi Andrews reported that MMRMA is not interested in bidding on insurance. The previous \$4,000 bill for Westhaven home insurance (which was the outlier as far as costs) included a portion for property tax. The homeowner has since shopped his policy and brought it back into line with the other insurance premiums. The committee recommendation is to postpone shopping property insurance as cost issues will be emphasized to home owners as leases come due for renewal. **MOTION BY M. JACKSON** to forego the RFP process for property and casualty insurance. **SUPPORTED BY R. TILLOTSON. MOTION CARRIED.** We have not received any sample RFPs yet for benefits insurance or cash management. The Ad-Hoc Committee will convene again in the New Year.

EXECUTIVE DIRECTOR'S REPORT

1. The Director's received an update on the 298 Workgroup at a 1 ½ day Directors Forum. Three affinity groups have been identified; their responses will be used to form a final report due to the legislature on January 15th. Jen Durell has been accepted as a member of the "Eligible Populations" group represented in Lansing. A series of town hall meetings are scheduled around the state – one is in Monroe. The Board Association is working tirelessly to advocate for behavioral health system consumers and the CMH system.
2. Sandy and Sharon Robb met with Londa Pickles, from Gurdjian Insurance last week. There was a good discussion on health insurance benefits for staff. She was informed of the work of the RFP Ad-Hoc Committee, and would welcome doing a presentation to members of Personnel Committee, this will be scheduled soon.
3. It has been a very difficult week at CMH - we lost a staff member pretty suddenly – CMH is coordinating the luncheon following the funeral.

REPORT FROM BOARD CHAIR

Clites reported that several board members will be attending the Fall Conference in a couple of weeks. Greg Adams will be presenting.

REPORT FROM REGIONAL BOARD

Tillotson noted that the Regional Board is preparing for election of officers – Monroe has had the chair for the last three years, so it will be going to one of the other affiliate partners. Greg Lane did an excellent job. Next year’s budget was approved.

BOARD MEMBER COMMENTS

1. Greg Adams reported that he has an article published in the MACMHB “Connections” magazine; a copy is included in board members packets. There was a race meeting yesterday; we are able to save money towards next year’s race. We will be including the SUD population and looking for more exposure, and using money for prevention in the community. If board members are interested in becoming more involved in the race, Karen will send reminders about upcoming meetings.
2. Donna Yearsin reported that the Suicide Walk was very impactful, and she believes we could do more with awareness at Middle and High School level that suicide is preventable.

ADJOURNMENT

Meeting adjourned at 4:00pm.

Robert Wilson

Date