

# LENAWEE COMMUNITY MENTAL HEALTH AUTHORITY BOARD MEETING

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Minutes  
January 28, 2016

**Present:** G. Adams; D. Bills; S. Clites; M. Jackson; J. Lapham; N. Smith;  
R. Tillotson; D. Yearsin  
**Absent:** J. Ackley, E. Martinez; J. Van Doren; R. Wilson  
**Staff:** Keener; Rawlings (minutes); Robb; Szewczuk  
**Public:** J. Durell

## **CALL TO ORDER**

Chairperson Bills called the meeting to order at 3:00pm.

## **INTRODUCTIONS**

New Board Member, John Lapham, was introduced – welcome. Commissioner Lapham replaces Commissioner C. Smith (2017).

## **PREVIOUS MINUTES**

**MOTION BY M. JACKSON** to approve the previous minutes as presented dated December 10, 2015. **SUPPORTED BY S. CLITES. MOTION CARRIED.**

## **PUBLIC COMMENT**

No public comment.

## **SPECIAL PRESENTATIONS, REPORTS AND ACKNOWLEDGEMENTS**

No presentations or reports.

## **COMMITTEE REPORTS**

### **A. Standing Committees**

#### **1. Consumer Action Committee**

Jen Durell reported on the meeting of January 9<sup>th</sup>. An event is being planned where consumers can learn about the voting process, be educated on the issues, and making an informed decision. This group will also be assisting with Project Connect; The Addiction Summit; Mental Health Awareness Month and the E-Race Stigma 5K Race.

**2. Performance Improvement**

There was no attendance at the PI Committee scheduled for December. Kathryn Szewczuk distributed a copy of the LCMHA Performance Improvement Year End Report which summarizes the activities during the year. This is a requirement of the Joint Commission. It should be noted that all CMH staff participate on one of the PI sub-committees, as their participation and input is the best part of this program. Clites raised the question regarding Health & Safety Committee, whether AED's were installed in group homes and in CMH offices. CMH and the FMC have AED's available; however, group homes do not. This issue will be referred to Health & Safety Committee.

**3. Facilities Committee**

There was no Facilities Committee Meeting in January.

**4. Personnel Committee**

There was no Personnel Committee Meeting in January.

**5. Operations and Budget**

Deb Bills reported on Operations & Budget Committee which met on January 20<sup>th</sup>. Policy RR-601 Consumer Appeals has been revised and two new policies: R-838 Diagnosis & Clinical formulation and SU-710 Naloxone Overdose Rescue Kit Distribution & Utilization were reviewed. There was discussion regarding the use of Naloxone. Kathryn Szewczuk reported on the work currently being done with first responders in Lenawee, who will be carrying Naloxone in case of overdose in the future. Many deaths can be prevented by administration of this drug. **MOTION BY N. SMITH** to approve Policies RR-601; R-838 and SU-710. **SUPPORTED BY M. JACKSON. MOTION CARRIED.** Policy A-215 is a new local policy describing the Utilization Management and Review process. **MOTION BY S. CLITES** to approve policy A-215. **SUPPORTED BY N. SMITH. MOTION CARRIED.**

WAI-IAM, Inc. and RISE Community provide transitional housing in the Lansing area, was proposed to be added to the provider panel. **MOTION BY N. SMITH** to approve the new provider to the provider panel. **SUPPORTED BY D. YEARSIN. MOTION CARRIED.** Consumer Services Inc. provide community living support services in several surrounding areas, and are looking to expand into Lenawee. Our current provider is at full capacity. **MOTION BY S. CLITES** to approve Consumer Services Inc. as a new provider of community living support services. **SUPPORTED BY R. TILLOTSON. MOTION CARRIED.**

Three home leases are due for renewal in February: S. Main; Sunrise & Tipton – there is no changes in cost to previous year. **MOTION BY N. SMITH** to approve lease renewals for S. Main, Sunrise & Tipton. **SUPPORTED BY M. JACKSON. MOTION CARRIED.**

**Service Inquiry** – Inquiries for December – 84 compared to 108 the previous month. 66 intakes completed, with 43 eligible and receiving services. 4,740 Lenawee consumers are currently enrolled in Healthy Michigan, and this number has been pretty consistent for the last six months. 42 SUD inquiries, 35 were eligible and receiving services.

**State Institution** – two people remain in the hospital. We are working on community placements; however, we have to be careful to find a safe place, because if it doesn't work they would not be able to go back into the hospital.

**Inpatient Hospitalizations** – 22 people were admitted to the hospital in December, 50% Medicaid, and 50% Healthy Michigan. 65% had co-occurring SUD and mental health disorders, 65% were previously unknown to us. 10 noted the Family Medical Center as their primary care provider, 4 reported having no primary care physician.

**Finance Report** – Sandy Keener reported that expenditures are at 21% at 25% of the way through the year. Pharmacy line is only at 2% due to the fact that we no longer pay for expensive injectable medications, pharmacies are billing for them directly. Revenue shows SUD programs running low as claims have not yet been submitted. Clinical contracts – outpatient provider line is above budget due to a provider being omitted from the original spending plan. We are at 22% of the budget on contracts. The funding bucket summary shows more revenue than expenses on Medicaid, this overage can now be applied to MI Child (we used to have to use GF). We are overspending on GF (\$39,493) but we are able to cover with local funds, as well as add \$11,900 to the fund balance.

**Cash Balance** – Market value dropped \$10,000 on GF investments. For the first time expenses are above interest earned. Tillotson questioned make-up of the portfolio. It was suggested to have the wealth management manager come in and talk to the Operations & Budget Committee about strategies. Tillotson also questioned a contract provider who is also contracting with the court/probation.

**MOTION BY N. SMITH** to accept the Finance Report for January, and additional vouchers totaling \$259,585.57. **SUPPORTED BY R. TILLOTSON. MOTION CARRIED.**

## 6. **Recipient Rights Advisory Committee**

There was a Recipient Rights Advisory Committee on December 15<sup>th</sup>. However, there was no board member present to report to the board. Jackson would like assurance that even though investigations are being completed within 38 days, that abuse and

neglect allegations are investigated immediately. Keener reported that action is taken immediately to assure the safety of an individual. Jackson is also concerned about the drastic reduction in allegations resolved by intervention. He believes that this will have a negative impact on the number of reports. Keener will talk to Rose Savage, the Recipient Rights Officer about these concerns. Jackson was also assured that any employees who are terminated for abuse/neglect cannot move freely from one provider to another. A data base is kept updated within the state of allegations that are substantiated. Clites inquired about reports of "other" incidents, and should this be something of concern. Keener reviews all critical incidents, and those that fall under "other" are usually unusual that do not fall under any other category. **MOTION BY M. JACKSON** to accept the Recipient Rights Annual Report, and LCMHA continues to adequately fund the Office of Recipient Rights. **SUPPORTED BY S. CLITES. MOTION CARRIED.**

**7. Retirement Committee**

There was no Retirement Committee Meeting in January.

**8. By-Laws**

The By-Laws Committee met on January 13<sup>th</sup>. Donna Yearsin reported that following feedback from board members, the number of absences from board meetings was reduced to "4" per calendar year. Consumer Action Committee was added to the list of committees, along with their charge. **MOTION BY M. JACKSON** to table the revised By-Laws and take up at the next board meeting, pursuant to the amendment procedure in the By-Laws.

**B. Ad Hoc Committees:**

There were no Ad Hoc Committees in January.

**EXECUTIVE DIRECTOR'S REPORT**

1. Rhonda Stellar is now a certified Peer Support Specialist – this is a big accomplishment on her part.
2. Kathryn Szewczuk and Amy Palmer have been invited to do a presentation at Michigan College Access Network on Lenawee's efforts to establish a Community Collaborative using the Collective Impact Model.
3. The Region has hired a new Waiver Coordinator and a third SIS Assessor. The region is beginning a Strategic Planning process.
4. The Autism Benefit has been expanded to include consumers up to the age of 21, without additional funding or contract amendments. There is concern about provider capacity and costs.
5. We have had some discussions with Harbor Behavioral Health (ProMedica Behavioral Health provider). Their director is interested in developing additional behavioral health services in Lenawee and Monroe. We have identified expansion of SUD services and a child and adolescent inpatient beds as high priorities in our area. They are collecting data and we hope to be involved in the planning process.

6. The Family Medical Center continues to generate interest across the state for its success in integration of primary and behavioral health and community safety net services. The Governor was planning a visit, until his focus was averted to the water crisis in Flint.
7. We have begun meeting with each of the six Health Plans in Region 6. The goal is to make initial contact. Health Plans have an expectation/requirement that they have a signed agreement with each local CMH. PIHPs have an understanding that the agreements are to be between the PIHPs and the Health Plans for all CMH's in the Region. There is a meeting at MDHHS with Health Plans and PIHPs. More details will be available following this meeting. The first meeting was with McLaren Health Plan. The contract with the PIHP will have a lot of impact for the CMH regarding what we must accomplish.
  - a. By March 1<sup>st</sup> the PIHP must have met with each Health Plan
  - b. By April 1<sup>st</sup> the PIHP and Health Plan must submit joint policies/processes for joint identification of complex care consumers; receive electronic data on complex care consumers; participate on health exchange network to demonstrate active care arrangements and receive ADT messages
  - c. By July 1<sup>st</sup> submit description of joint care management processes and evidence of three coordination meetings
  - d. By October 1<sup>st</sup> demonstrate joint care plans submitted to MDHHS, and submit evidence of monthly care management discussions

These are demanding expectations, and we are working on it. In addition to being able to meet the requirements of the Health Plans and PIHP we have to continue showing that we are getting positive outcomes from consumers enrolled in Health Plans. We have to become a premier provider of behavioral health care services.

Enclosed in the board packets was more information that describes the increasing threat for take over from the Health Plans. It is clear that no attention is being given to the safety net (jail diversion, housing, homelessness etc.) these social determinants of health are the specialty of community mental health across the state. We are working hard as members of the Board Association to ensure that our legislators and elected officials understand our value and to let our community and partners know about the risk to our system. We are preparing our staff to continue to play an important role in helping consumers achieve better health outcomes. Everyone is encouraged to voice their support for our system. Sandy Keener will prepare some talking points, and she will have more information following the MACMHB Conference next week. Smith is concerned that our services could be put into the hands of people who do not know what we do, and we have such a vulnerable population who cannot advocate for themselves. Adams suggested that we reach out to our local representatives. It is important that we do not scare our consumers, but a story about the Drop In Center might be a good start for advocacy purposes. Durell would like more information on available Health Plans in the area. Clites reports that this is definitely an opportunity for education.

8. Lenawee/Monroe DHHS received notice that ProMedica are ending their contact with one of our Medicaid Health Plans (Meridian). More than 50% of our consumers will have difficulty getting access to medical providers.

#### **REPORT FROM BOARD CHAIR**

1. CMH PAC information is in the board packets.

#### **REPORT FROM REGIONAL BOARD**

1. Tillotson reported that they are still trying to get an exact figure from Washtenaw regarding their deficit – should find out in February.
2. The new Director, Jane Terwilliger, is doing a good job. New Washtenaw members are getting up to speed.
3. John Lapham and Ralph Tillotson are both members of the SUD Regional Operation Policy Board which met today.

#### **BOARD MEMBER COMMENTS**

1. Donna Yearsin updated the board members on the Addiction Summit planned for March 24<sup>th</sup> at Siena Heights University. Many community partners are collaborating on this event, including SADD Chapters of local schools. Student leaders are being encouraged to attend. Sponsorship letters have been sent out, and there maybe SUD funds available.

The use of the facility has been donated to the cause; however, there are many other costs associated, including cost of speakers, food etc. \$3500 is needed for lunch. **MOTION BY M. JACKSON** that CMH back this program up to \$4,000 from the Hendershot fund if needed. **SUPPORTED BY N. SMITH. MOTION CARRIED.**

Discussion following regarding possibility of accessing the money we have in the Community Foundation for events such as this. It was agreed that we should look at this one year ahead, so that Hendershot account can be paid back. We should also encourage people to make donations to the Community Foundation.

2. Greg Adams updated the board on planning for the E-Race Stigma 5K. Jim Van Doren has helped get letters and emails out to larger companies in the area to participate. Bixby (ProMedica) have agreed to co-sponsor again this year. They will give people who are preparing for the race, points towards their insurance. We are hoping to get a banner from ProMedica for the front of their building. Several companies have already pledged donations of water and snacks. The YMCA will be taking the lead with the Kids Dash and will help advertise it. They will also be providing an inflatable jumping room on the day of the race. Senior Centers will be visited. Greg went to the Boys & Girls Club last week, and is working on getting a sponsor so that they can participate. Bob Behnke is working with the High School to get them involved and Sam Skeels to get more elementary involvement. Tecumseh schools are invited to the next race meeting – we hope to get more involvement from them, and perhaps volunteers. There will be another article about the race in the Health Beat magazine in May. Smith

reported that as a result of the letter sent out by the LEDC Old National Bank employees are signing up to participate. If more than 20 commit – the Bank Foundation will give a \$500 donation. Board members are encouraged to “like” the Facebook page and continue to spread the word. Greg to send the “team” letter to Donna.

**ADJOURNMENT**

Meeting adjourned at 4:40pm.

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Robert Wilson

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Date