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LENAWEE COMMUNITY MENTAL HEALTH AUTHORITY

ANNUAL REPORT

2014



***To Promote Positive Outcomes by
Creating a Path to Resilience,
Recovery, Wellness and
Self-Determination***

FOCUS ON: ACCESS TO SERVICES & IMMEDIATE RESPONSE

All individuals in need of mental health services, regardless of urgency, can access services at LCMHA by walking into our offices or by calling 517.263.8905 or 1.800.644.5005. The LCMHA continuum of care includes immediate 24 hours, 7 days per week emergency and urgent care for all of the current consumers, potential consumers, and all residents of the state of Michigan.

It is the mission of the Access Center of LCMHA to arrange for effective, medically necessary mental health and substance use services for residents of Lenawee County. The Access Center is the single entry point in Lenawee County for individuals and families who seek services from the public mental health and substance use system. We serve individuals and families with several benefit packages: Medicaid, Healthy Michigan, MIChild and individuals with no resources are served with General Fund monies from the State of Michigan.

Local Outreach:

We participate on the Lenawee Sheriff's Dept., Victims Service Unit, which is a team of emergency responders who have been trained by state and local law enforcement to provide immediate, on-site assistance to families dealing with the aftermath of a crisis. Response teams accompany emergency personnel to the scene, to provide support and assistance to survivors, helping to connect them with the services they may need.

LCMHA has accepted the responsibility of being Lenawee County's 24 hour Community Crisis Response contact agency. The Lenawee County Community Crisis Team provides crisis management briefing, debriefing, defusing, and follow up services for traumatic events such as: accidents, abuse, bomb threats, deaths, fire, natural disasters, terrorism events etc.

Information about LCMHA can be found on our website: www.lcmha.org. We also have a Facebook page.



FOCUS ON: COMMUNITY ENGAGEMENT

LCMHA continues to reach out to the community to listen to their concerns, provide education and community enrichment in order to break down the barriers for persons with behavioral health conditions. In 2014 we participated in:

Path to Health & Wellness Conference
State and Local Walk a Mile Rallies
Gentle Teaching
Seeking Safety Group
Family Medical Center
Leaping in Lenawee
Victims Service Unit & Steering Committee
Domestic Violence Task Force
Anti-Bullying Task Force
Sobriety Court
Lenawee Substance Abuse Prevention Coalition
Basic Needs Task Force
Recovery Oriented System of Care (ROSC)
Court Ordered Orientation (ROSC)
Continuum of Care
Art-a-Licious Festival
Continuum of Care - Point in Time Count
Ross Foundation Conference for Direct Care Staff
Trauma Focused Therapy Training
Integrated Health Care Training
Lenawee Health Network
Great Start Collaborative
Head Start Policy Council
Wraparound Gatekeeping
United Way
Prisoner Reentry
Mental Health Awareness Committee
Share the Warmth
Community Collaborative Collective Impact Model
Collective Impact Core
Cradle to Career
Lenawee Essential Needs Coalition
safeTALK Training
ASIST Training
Motivational Interviewing Training
Yellow Ribbon Training
MACMHB Conferences

FOCUS ON: INTEGRATION, HEALTH & WELLNESS

Lenawee Community Mental Health is excited to report that in October 2014 The Family Medical Center opened at 1200 N. Main, Adrian, MI 49221. LCMHA Psychiatrists, nursing staff, Integrated Health Supervisor, Integrated Health Care Manager, and Peer Support Staff are co-located in a medical building that houses primary care physicians; dentists; Department of Human Services staff, lab services, and future possibility for tele-psychiatry. This is a one-stop shop for many of our consumers who previously did not have a primary care physician.

FOCUS ON: COMMUNITY COLLABORATION

Community Mental Health acts as the backbone organization of the Collective Impact Core – which includes representatives of each of the CI groups in Lenawee County. There are currently five different CI groups using the Collective Impact Model:

- *Lenawee Essential Needs Council (food, housing & utilities)*
- *One Lenawee (making and keeping Lenawee a great place to live)*
- *Lenawee Health Network (improving the quality of health in Lenawee)*
- *Lenawee Financial Stability Coalition (expanding budgeting and saving through education & skill building)*
- *Lenawee Cradle to Career (maximize educational opportunities)*

The main function of the CI Core group is to share data and information; monitor goals and metrics, identify resources and emerging issues. The Core group also sets the agenda for quarterly Community Collaborative Meetings – these are open to anyone in the community to attend. The Collaborative meets to share information, provide CI group, agency and other coalition updates, and provide an opportunity for networking.

FOCUS ON: RECOVERY ORIENTED SYSTEM OF CARE

In addition to a focus on overall health, LCMHA, together with many community partners, has been working to develop a county wide Recovery Oriented System of Care (ROSC). Networks of organizations, agencies and community members that coordinate a wide spectrum of services. The Lenawee ROSC partnership has been meeting since June 2012 to build a continuum of support for individuals with substance use disorders and their families. This group is in the process of developing a strategic plan for the community. In 2014, a total of 410 consumers were treated for substance use disorders. For more information call Customer Services at 517.263.8905.

FOCUS ON: FAMILIES AND CHILDREN

LCMHA Children's Department continues to provide an array of services including targeted case management, home based therapy, Wraparound Facilitation, family and children's therapy, and Community Living Supports for youth ages 4-17. Infant Mental Health services are provided for children ages 0 – 3. Clinical staff are certified in a number of evidence based practices including Parent Management Training-Oregon Model; Parenting Through Change, and Trauma Focused-CBT. Promising practice of Infant Mental Health continues to be part of the continuum of care at LCMHA.

Case Managers help families with linking and connecting to services; collaborating with schools, courts, and other agencies; and advocating and empowering parents/caregivers. In 2014, a total of 408 youth received enhanced services with the LCMHA Children's Department. Families were invited to participate in PMTO and PTC. PMTO includes active teaching and role playing to practice managing difficult children. Parents report that the skills work and children learn compliance and cooperation. The group format (PTC) offers connections with other parents who have similar struggles with difficult children.

The LCMHA Children's Team, with community partners, provided a 2nd trauma training for the community "Triumph Over Trauma". About 260 parents, caregivers, professionals, community members and service organizations gathered for a day of learning on how trauma impacts our children, the tools we have available to intervene, and how to address secondary trauma.

Wraparound has been re-introduced into the continuum of care of services for families. A team of community members attended the Wraparound State Conference in August. A referral application for wraparound services can be found on the LCMHA website. The Community Team continues to meet monthly, provides information as needed and is willing to talk with service groups about wraparound services.

Collaboration continues to take place with a variety of community partners including co-occurring training with juvenile justice; quality improvement and MiTeam project with DHS; providing trauma resource training for foster/adoptive parents; piloting out-patient therapist to become TF-CBT certified; and providing practicum experience to bachelor/master's level interns.



FOCUS ON: ACCOUNTABILITY

As a public entity, LCMHA realizes its responsibility to be accountable to the community for what we do and how we do it. We are always working to assure that we are providing the right services to the right people at the right time. We work to assure that those we serve are treated with respect. And, we work to manage our operations using financially sound strategies. With these goals in mind, below are some of the accountability measures we employ across our system to assure the highest standards of accountability:

LCMHA is accredited by the Joint Commission.



LCMHA is Certified by MDCHHS; and is a member of MACMHB (Michigan Association of Community Mental Health Boards).



Michigan Association of
COMMUNITY MENTAL HEALTH
Boards

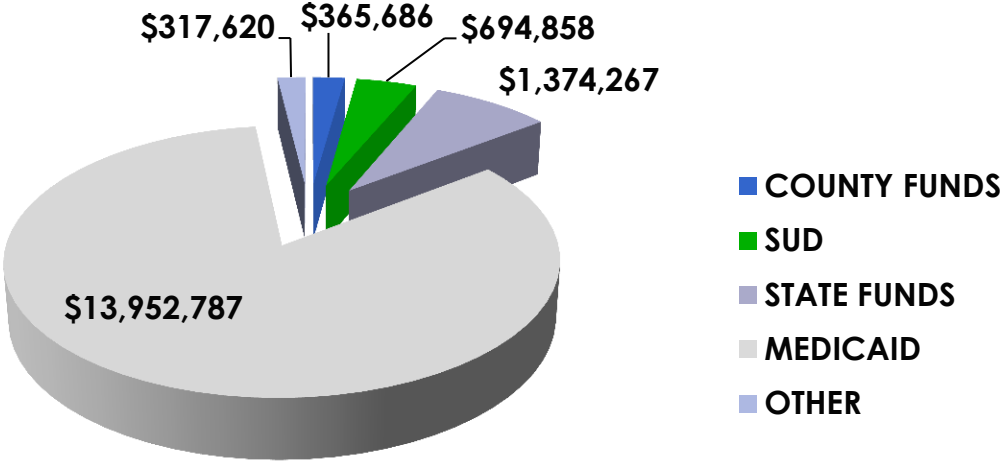
Financial & Compliance Audit: LCMHA contracts with an independent accounting firm – Roslund Prestage & Co, who audit in accordance with Government Auditing Standards.

Encouraging Access to Medicaid: LCMHA has a Benefits Specialist on staff who are available to assist completing paperwork, and monitoring applications for those who may qualify for LCMHA services, and much more.

The Office of Recipient Rights: LCMHA is a member of the PIHP made up of: Washtenaw, Livingston, Monroe, Lenawee. Rights protection is provided by the PIHP. Potential rights violations, medication errors and other potential risks to consumers are identified, investigated and remedied effectively and in a timely manner. If you have questions about your rights, call the ORR, 517-263-8905 or 734-544-3000.



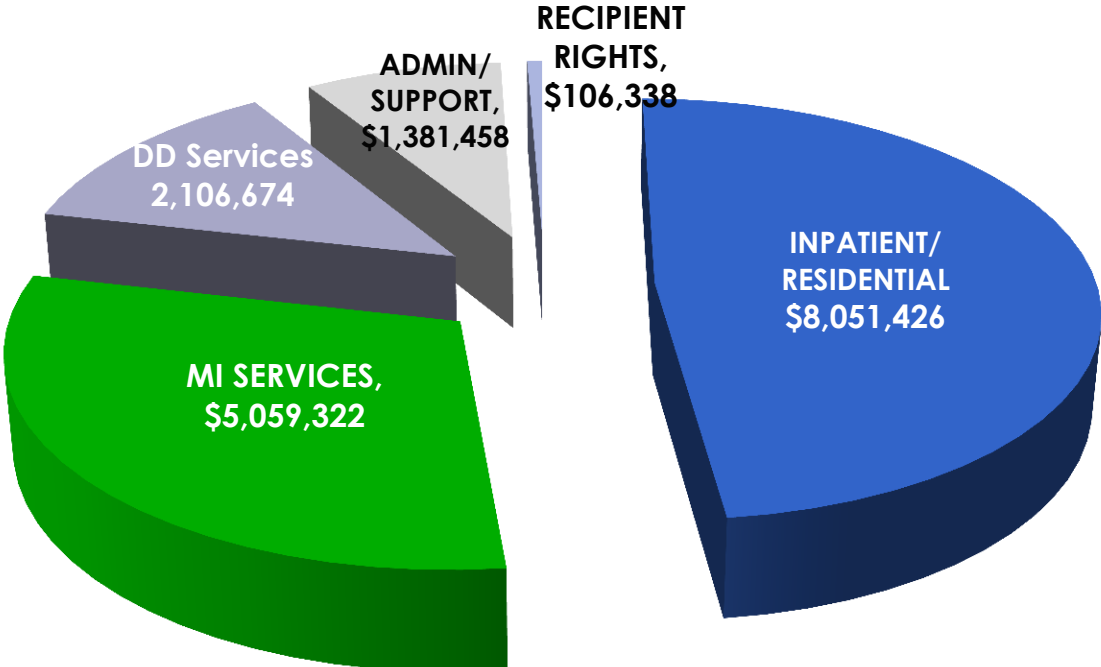
REVENUE



TOTAL REVENUE

\$16,705,218

EXPENSES

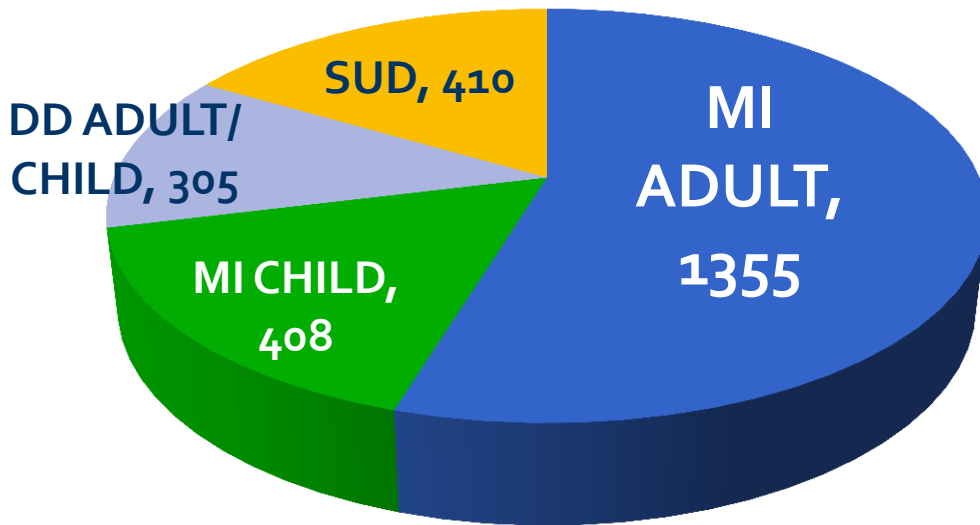


TOTAL EXPENSES

\$16,705,218

SERVICE STATISTICS

TOTAL CONSUMERS SERVED



COMMUNITY INPATIENT UTILIZATION

	FY13	FY14
Admissions	272	330
Inpatient Days	1252	1545
Average length of stay (days)	4.60	4.68